James W. Pennebaker

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Education

1973-1977 University of Texas, Austin, Texas, Ph.D. in psychology
1970-1972 Eckerd College, St. Petersburg, Florida, B.A. with honors
1968-1970 University of Arizona, Tucson, Arizona

Positions

2005-present Chair, Department of Psychology, University of Texas at Austin
2005-2010 International Professor of Psychology, University of Central Lancashire, UK
2004-2005 Associate Chair, Department of Psychology
1997-present Professor of Psychology, University of Texas, Austin
1995-1997 Chair, Department of Psychology, Southern Methodist University
1987-1997 Professor of Psychology, Southern Methodist University
1983-1987 Associate Professor, Department of Psychology, Southern Methodist University
1982-1983 Polygraph unit instructor, Federal Bureau of Investigation, Quantico, Virginia
1977-1983 Assistant Professor, Department of Psychology, University of Virginia, Charlottesville, Virginia

Honors

2010-present Academy of Distinguished Teachers, Distinguished Teaching Professor
2009-present Regents Centennial Professor of Liberal Arts
2008 James Bradac Memorial Lecturer, UC-Santa Barbara
2008 Dads' Association Centennial Teaching Fellowship
2007 Raymond Dickson Centennial Endowed Teaching Fellowship Award
2006-present ISI HighlyCited.com selection for being among the most cited researchers in Psychology/Psychiatry
2005-2009 B. P. Bush Regents Professor of Liberal Arts
2004 Hero of Midland, Texas, sponsored by the Midland Independent School District
2003 Blair Justice Inaugural Lecturer Award, University of Texas School of Public Health
2002 Outstanding Contributions to Health Psychology (APA Division 38)
2002 Brittingham Visiting Scholar, University of Wisconsin
2001 Alpha Lambda Delta/Phi Eta Sigma Outstanding Professor Award
2000 President's Associates Teaching Award, University of Texas
1998 Visiting Professor, Department of Psychology, University of Bari, Italy
1995 Pavlovian Investigator Award, The Pavlovian Society

1993 D.H.C. (Docteur Honoris Causa - - honorary doctorate degree), Catholic University of Louvain, Louvain-La-Neuve, Belgium.
1990 Visiting Professor, Division of Medical Psychology, University of Ulm, Germany
1989 Outstanding Researcher Award, Sigma Xi, Southern Methodist University
1989 Hilgard Visiting Professor, Department of Psychology, Stanford University

Research Grants

2009-2013 NSF grant, Minerva, Modeling discourse and social dynamics (co-PI)
2008-2011 Homeland Security (START), Language of political leaders
2008-2000 Sandia National Labs, Language analysis of a working group
2008-2010 U.S. Army, Writing among Army couples after deployment
2007-2011 Army Research Institute, Language and social dynamics
2007-2009 DOD and CIFA, Viewing text through English and Arabic eyes
2005-2007 NSF workshop on language and deception
2005-2006 U.S. Army, Timing of expressive writing to maximize coping
2004-2007 Binational Science Foundation, Math models of language and personality (coPI)
2000-2007 NIMH Grant, Interpersonal disclosure processes and health
1996-2000 NIMH Grant, Interpersonal disclosure processes and health
1994-1997 NSF Grant, Disclosure, language, and health
1991-1994 NSF Grant, Cognition, disclosure and health
1989-1991 NSF grant, The psychological consequences of the 1989 California earthquake
1987-1989 NSF grant, Inhibition, disclosing, and health
1984-1987 NIH grant, Perception of physical symptoms and blood pressure
1981-1984 NIH grant, Symptoms and blood glucose: Evaluation and utilization, with D.J. Cox
1980-1981 NSF grant, Psychological impact of Mt. St. Helens Volcano, with Darren Newtson
1977-1978 NIH Biomedical Support Grant, University of Virginia

Teaching Experience

Undergraduate Introductory Psychology, Health Psychology, Methodology, Social Psychology, Social Psychology of Religion, Social and Political Institutions (1854-present)
Graduate Language and Personality, Social Psychology of Language, Stress and Psychosomatics, Methodology, Social Psychology, Eating Behavior and Disorders, Social Physics, Words and Social Processes

Ongoing Research Projects

1. Most of my current research deals with the nature of language and social processes. How do the words we use reflect our underlying feelings, thoughts, personality, and behavioral tendencies? In answering this question, we have developed a text analysis program, LIWC, that has allowed us to analyze language use on a word-by-word level for any text – whether a book, poem, song, webpage, or natural conversation. We are finding that the "junk words" people use – articles, pronouns, prepositions – are powerful markers of their linguistic styles and these styles are often linked to other aspects of their lives.

2. I am continuing some of my earlier work with disclosure, inhibition, and psychosomatic disease. The goal of the project is to develop and test the idea that failure to confide a traumatic experience is associated with physiological stress. The stress of not

confiding (i.e., inhibition) is exacerbated by increased ruminations about the event. The cumulative effects of inhibition and rumination increase the probability of disease over time. Requiring individuals to confide or disclose upsetting experiences reduces specific autonomic levels and, over time, disease rates. Recent work focuses on how translating emotional experiences into language affects how people naturally interact with others.

3. A longstanding interest of mine has been to understand how individuals perceive physical symptoms, moods, and physiological change. Studies deal with the relative contributions of internal physiological activity compared with situational cues in influencing individuals' self-reports and more objective indicators of physical symptoms, emotions, and behaviors. Recent work deals with sex differences in the perceptions of internal versus external information.

Publications

Books

Colligan, M., Pennebaker, J.W. & Murphy L. (Eds.) (1982). *Mass Psychogenic Illness: A Social Psychological Perspective*. Hillsdale, NJ: Erlbaum.

Domínguez Trejo, B., Pennebaker, J.W., & Olivera López (2008). *Estrés Postraumático (EPT)*. Mexico City: Trillas.

Paez, D., Valencia, J.F., Pennebaker, J.W., Rimé, B., & Jodelet, D. (Eds.) (1998). *Memorias Colectivas de Procesos Culturales y Políticos*. San Sabastian, Spain: Universidad del Pais Vasco Servicio Editorial.

Pennebaker, J.W. (1982). *The Psychology of Physical Symptoms*. New York: Springer-Verlag.

Pennebaker, J.W. (1990). *Opening Up: The Healing Powers of Confiding in Others*. New York: William Morrow.

Pennebaker, J.W. (1997). *Opening Up: The Healing Power of Expressing Emotions* (Revised edition). New York: Guilford Press. (Translations in German, Spanish, Korean, Japanese, Indonesian, Hungarian, and Polish).

Pennebaker, J.W. (Ed.) (1995). *Emotion, Disclosure, and Health*. Washington, DC: American Psychological Association.

Pennebaker, J.W. (2004). *Writing to heal: A guided journal for recovering from trauma and emotional upheaval*. Oakland, CA: New Harbinger Press.

Pennebaker, J.W. (in press). *The secret life of pronouns: How our words reflect who we are.* New York: Bloomsbury Press.

Pennebaker, J.W., Paez, D., & Rimé, B. (Eds.) (1997). *Collective Memories of Political Events: Social Psychological Perspectives*. Hillsdale, NJ: Erlbaum.

Traue, H. & Pennebaker, J.W. (Eds.) (1993). *Emotion, Inhibition, and Health*. Seattle: Hogrefe & Huber Publishers.

Wegner, D.M. & Pennebaker, J.W. (Eds.) (1993). *Handbook of Mental Control*. Englewood Cliffs, NJ: Prentice-Hall.

Software

Pennebaker, J.W., Booth, R.J., & Francis, M.E. (2007). *Linguistic Inquiry and Word Count: LIWC 2007*. Austin, TX: LIWC (www.liwc.net).

Pennebaker, J.W., Francis, M.E., & Booth, R.J. (2001). *Linguistic Inquiry and Word Count: LIWC 2001*. Mahwah, NJ: Erlbaum Publishers (www.erlbaum.com).

Pennebaker, J.W., & Francis, M.E. (1999). *Linguistic Inquiry and Word Count: LIWC*. Erlbaum Publishers.

Websites

http://www.psy.utexas.edu/Pennebaker. University of Texas at Austin website with links to research, publications, teaching, and other websites.

http://www.utpsyc.org. A research website devoted to the longterm collection of surveys, online exercises, and writing tasks with feedback.

http://www.wordwatchers.wordpress.org. A website built for the 2008 presidential election. A consortium of researchers relying on computerized text analysis contributed to the site.

http://www.liwc.net. A site that provides information and sells copies of the computerized text analysis program Linguistic Inquiry and Word Count, LIWC. Profits from the sales are donated to the University of Texas at Austin Psychology Department.

http://www.analyzewords.com. A site that automatically analyzes tweets from Twitter accounts providing emotion and personality feedback for Twitter users and their friendship networks. The data generated from this project is used for language research.

Journal Articles and Book Chapters

Baddeley, J., & Pennebaker, J.W. (in press). An expressive writing intervention for military couples reuniting after deployment: A randomized controlled trial. *Journal of Traumatic Stress*.

Ramírez-Esparza, N., Chung, K. C., Sierra-Otero, G., & Pennebaker J. W. (in press). Cross-cultural constructions of self-schemas: Americans and Mexicans. *Journal of Cross-Cultural Psychology.*

Baddeley, J., Daniel, G., & Pennebaker, J.W. (in press). How Henry Hellyer's language use foretold his suicide. *Journal of Crisis Intervention and Suicide Prevention*.

Seih, Y., Chung, C.K., & Pennebaker, J.W. (in press). Experimental manipulations of perspective taking and perspective switching in expressive writing. *Cognition & Emotion*.

Smyth, J.M., Pennebaker, J.W., & Arigo, D. (in press). What are the health effects of disclosure? In T. Revenson, A. Baum, and P.C. Chaoprang (Eds), *Handbook of health psychology*. New York: Taylor & Francis.

Chung, C.K., & Pennebaker, J.W. (in press). Linguistic Inquiry and Word Count (LIWC). In Phil McCarthy and Chutima Boonthum (Eds.), *Applied Natural Language Processing and Content Analysis: Identification, Investigation, and Resolution*. Hershey, Pennsylvania: IGI Global.

Skelton, J.A., & Pennebaker, J.W. (in press). Visceral perception. In B. Goldstein (Ed.), *Sage Encyclopedia of Perception*. Thousand Oaks, CA: Sage.

Pennebaker, J. W., & Chung, C. K. (in press). Expressive writing, emotional upheavals, and health. In J. F. Evans (Ed.), *Wellness & writing connections*. Enumclaw, WA: Idyll Arbor, Inc.

Pennebaker, J. W., & Chung, C. K. (in press). A summary of the effects of expressive writing on physical and mental health. *Proceedings of the 2007 Turkish-German Psychiatry Conference*.

Pennebaker, J. W., & Chung, C. K. (in press). Expressive writing and its links to mental and physical health. In H. S. Friedman (Ed.), *Oxford handbook of health psychology*. New York, NY: Oxford University Press.

Pennebaker, J.W. (2011). The secret life of pronouns. *New Scientist*, 3 September 2011, 50-53.

Pennebaker, J.W., & Ireland, M.E. (2011). Using literature to understand authors: The case for computerized text analysis. *Scientific Study of Literature, 1*, 34-48.

Carmack, CL, Basen-Engquist, K, Yuan, Y, Greisinger, A, Rodriguez-Bigas, M, Wolff RA, Barker, T, Baum, G, Pennebaker JW. (2011). Feasibility of an expressive-disclosure group intervention for posttreatment colorectal cancer patients: Results of the Healthy Expressions study. *Cancer* (doi: 10.1002/cncr.26110).

Ireland, M. E., Slatcher, R. B., Eastwick, P. W., Scissors, L. E., Finkel, E. J., & Pennebaker, J. W. (2011). Language style matching predicts relationship formation and stability. *Psychological Science*.

Tausczik, Y. R., & Pennebaker, J. W. (2011). Predicting the quality of online mathematics contributions from users' reputations. *Proceedings of the 2011 Conference for the Computer Human Interaction Society (CHI 2011).*

Fernandez Sedano, I., & Pennebaker, J.W. (2011). La superacion del trauma a traves de la escritura. In D. Paez,C.M. Beristain, J.L. Gonzalez, N. Basabe, & J. Dr Rivera (eds.), *Superando la violencia colectiva y construyendo cultura de paz* (Overcoming collective violence and building a culture of peace), pps 343-351. Madrid: Editorial Fundamentos Coleccion Ciencia.

Vedhara, K. Brant, H., Adamopoulous, E., Byrne-Davis, L., Mackintosh, B., Hoppitt, L., Tovee, M. & Pennebaker, J. (2010). A preliminary investigation into whether attentional bias influences mood outcomes following emotional disclosure. *International Journal of Behavioural Medicine, 17,* 195-206.

Ireland, M.E., & Pennebaker, J.W. (2010). Language style matching in writing: Synchrony in essays, correspondence, and poetry. *Journal of Personality and Social Psychology, 99,* 549-571.

Liehr, P., Marcus, M.T., Carroll, D., Granmayeh, L.K., Cron, S.G., & Pennebaker, J.W. (2010). Linguistic analysis to assess the effect of mindfulness intervention on self-change for adults in substance use recovery. *Substance Abuse, 31,* 79-85.

Pennebaker, J.W. (2010). Expressive writing in a clinical setting. *The Independent Practitioner, 30*, 23-25.

De Giacomo, P.D., L'Abate, L., Pennebaker, J.W., & Rumbaugh, D. (2010). Amplifications and applications of Pennebaker's analogic to digital model in health psychology promotion, prevention, and psychotherapy. *Clinical Psychology and Psychotherapy, 17*, 355-362.

Hancock, J. T., Beaver, D. I., Chung, C. K., Frazee, J., Pennebaker, J. W., Graesser, A. C., & Cai, Z. (2010). Social language processing: A framework for analyzing the communication of terrorists and authoritarian regimes. *Behavioral Sciences in Terrorism and Political Aggression, Special Issue: Memory and Terrorism, 2*, 108-132.

Gonzales, A.L., Hancock, J.T., & Pennebaker, J.W. (2010). Language indicators of social dynamics in small groups. *Communications Research, 37*, 3-19.

Tausczik, Y.R., & Pennebaker, J.W. (2010). The psychological meaning of words: LIWC and computerized text analysis methods. *Journal of Language and Social Psychology, 29*, 24-54.

Scholand, A. J., Tausczik, Y. R., & Pennebaker, J. W. (2010). Linguistic analysis of workplace computer-mediated communication. *Proceedings of Computer Supported Cooperative Work 2010*.

Pennebaker, J.W., Facchin, F., & Margola, D. (2010). What our words say about us: The effects of writing and language. In V. Cigoli and M. Gennari (Eds.), *Close relationships and community psychology: An international perspective* (pp. 103-117). Milan, Italy: FrancoAngeli.

Sexton, J.D., Pennebaker, J.W., Holzmueller, C.G., Wu, A.W., Berenholtz, S.M., Swoboda, S.M., Pronovost, P.J., & Sexton, J.B. (2009). Care for the caregiver: Benefits of expressive writing for nurses. *Progress in Palliative Care, 17*, 307-312.

Niederhoffer, K. G., & Pennebaker, J. W. (2009). Sharing one's story: On the benefits of writing or talking about emotional experience. In S. J. Lopez and C. R. Snyder (Eds.), *Oxford handbook of positive psychology, 2nd ed*., (pp. 621-632). New York, NY: Oxford University Press.

Baddeley, J. L., & Pennebaker, J. W. (2009). Expressive Writing. In W. T. O'Donohue & J. E. Fisher, (Eds.), *Cognitive behavior therapy: Applying empirically supported techniques in your practice, 2nd Ed*. (pp. 197-201). New York: Wiley.

Pennebaker, J.W. (August 9, 2009). What is "I" saying? (guest post). *The Language Log*. http://languagelog.ldc.upenn.edu/nll/?p=1651

Argamon, S., Koppel, M., Pennebaker, J.W., & Schler, J. (2009). Automatically profiling the author of an anonymous text. *Communications of the Association for Computing Machinery (CACM), 52,* 119-123.

Ramirez-Esparza, N., Mehl, M.R., & Pennebaker, J.W. (2009). Are Mexicans More or Less Sociable than Americans? Insights from a Naturalistic Observational Study. *Journal of Research in Personality, 43,* 1-7.

Fernandez, I., Paez, D., & Pennebaker, J.W. (2009). Comparison of expressive writing after the terrorist attacks of September 11th and March 11th. *International Journal of Clinical and Health Psychology, 9*, 89-103.

Slatcher, R.B., Vazire, S., & Pennebaker, J.W. (2008). How Americans use instant messaging. *Personal Relationships, 15*, 407-424.

Pennebaker, J.W., & Ireland, M. (2008). Analyzing words to understand literature. In J. Auracher and W. van Peer (Eds.), *New beginnings in literary studies* (pp24-48). Newcastle, UK: Cambridge Scholars Publishing.

Chung, C. K., Jones, C., Liu, A., & Pennebaker, J. W. (2008). Predicting success and failure in weight loss blogs through natural language use. *Proceedings of the 2008 International Conference on Weblogs and Social Media*, pp.180-181.

Chung, C. K., & Pennebaker, J. W. (2008). Revealing dimensions of thinking in open-ended self-descriptions: An automated meaning extraction method for natural language. *Journal of Research in Personality, 42*, 96-132.

Pennebaker, J.W., & Chung, C.K. (2008). Computerized text analysis of Al-Qaeda transcripts. In K. Krippendorff & M.A. Bock (Eds.), *A content analysis reader* (pp 453-465). Thousand Oaks, CA: Sage.

Petrie, K.J., Pennebaker, J.W., & Sivertsen, B. (2008). Things we said today: A linguistic analysis of the Beatles. *Psychology of Aesthetics, Creativity, and the Arts, 2*, 197-202.

Ramirez-Esparza, N., Gosling, S.D., & Pennebaker, J.W. (2008). Paradox lost: Unraveling the puzzle of *simpatía*. *Journal of Cross Cultural Psychology, 39*, 703-715.

Chung, C.K., & Pennebaker, J.W. (2008). Variations in spacing of expressive writing sessions. *British Journal of Health Psychology, 13*, 15-21.

Smyth, J., Hockemeyer, J., Heron, K., Wonderlich, S., & Pennebaker, J. (2008). Prevalence, type, disclosure, and severity of trauma and adverse events in college students. *Journal of American College Health, 57,* 69-76.

Ramirez-Esparza, N., Chung, C. K., Kacewicz, E., & Pennebaker, J. W. (2008). The psychology of word use in depression forums in English and in Spanish: Testing two text analytic approaches. *Proceedings of the 2008 International Conference on Weblogs and Social Media*, pp.102-108.

Pennebaker, J.W. (2008). Forward. In Australian Centre for Grief and Bereavement (Ed)., *Rememberings: A collection of poetry and prose submitted by bereaved people*. Vol.1 (page 3). Australian Centre for Grief and Bereavement Inc: Victoria, Australia.

Pennebaker, J.W. (2008). Choice words: How we talk when we talk about politics. *Texas Observer, 100* (May 30, 2008), 27-28.

Smyth, J.M., & Pennebaker, J.W. (2008). Exploring the boundary conditions of expressive writing: Finding the right recipe. *British Journal of Health Psychology, 13*, 1-7.

Newman, M.L., Groom, C.J., Handelman, L.D., & Pennebaker, J.W. (2008). Gender differences in language use: An analysis of 14,000 text samples. *Discourse Processes, 45,* 211-246.

Pennebaker, J.W., & Gonzales, A. (2008). Making history: Social and psychological processes underlying collective memory. In J.V. Wertsch and P. Boyer (Eds.), *Collective memory* (pp. 110-129). New York: Cambridge University Press.

Wolf, M., Horn, AB.., Mehl, M.R., Haug, S., Pennebaker, J. W., & Kordy, H. (2008). Computergestützte quantitative Textanalyse: Äquivalenz und Robustheit der deutschen Version des Linguistic Inquiry and Word Count [Computer-aided quantitative text analysis: Equivalence and robustness of the German adaption of the Linguistic Inquiry and Word Count]. *Diagnostica, 54,* 85-98.

Pennebaker, J.W., Chung, C.K., Ireland, M., Gonzales, A., & Booth, R.J. (2007). *The development and psychometric properties of LIWC2007*. [Software manual]. Austin, TX: LIWC.net

Argamon, S., Koppel, M., Pennebaker, J.W., & Schler, J. (2007). Mining the blogosphere: Age, gender and the varieties of self-expression. *First Monday, 12* (Peer-reviewed journal on the internet) http://firstmonday.org/issues/issue12_9/argamon/index.html

Krantz, A.M., & Pennebaker, J.W. (2007). Expressive dance, writing, trauma, and health: When words have a body. In I.A. Serlin, J. Sonki-Henderson, R. Brandman, and J. Graham-Pole (Eds.), *Whole person healthcare, Volume 3* (pp 201-229). Westport, CT: Praeger Publishers.

Mehl, M.R., Vazire, S., Ramirez-Esparza, N., Slatcher, R.B., & Pennebaker, J.W. (2007). Are women really more talkative than men? *Science, 317*, 82.

Ramirez-Esparza, N., Pennebaker, J.W., Garcia, F.A., & Suria, R. (2007). La psychología del uso de las palabras: Un programa de comutadora que analiza textos en Español (The psychology of word use: A computer program that analyzes texts in Spanish). *Revista Mexicana de Psicología, 24*, 85-99.

Slatcher, R.B., Chung, C.K., Pennebaker, J.W., & Stone, L.D. (2007). Winning words: Individual differences in linguistic style among U.S. presidential and vice presidential candidates. *Journal of Research in Personality, 41*, 63-75.

Ames, S.C., Patten, C.A., Werch, C.E., Schroeder, D.R., Stevens, S.R., Fredrickson, P.A., Echols, J.D., Pennebaker, J.W., & Hurt, R.D. (2007). Expressive writing as a nicotine dependence treatment adjunct for young adult smokers. *Nicotine & Tobacco Research, 9*, 185-194.

Pennebaker, J.W., & Chung, C.K. (2007). Expressive writing, emotional upheavals, and health. In H. Friedman and R. Silver (Eds.), *Foundations of Health Psychology* (pp. 263-284). New York: Oxford University Press.

Chung, C.K., & Pennebaker, J.W. (2007). The psychological functions of function words. In K. Fiedler (Ed.), *Social communication* (pp. 343-359). New York: Psychology Press.

Zech, E., Rime, B., & Pennebaker, J.W. (2007). The effects of emotional disclosure during bereavement. In M. Hewstone, H.A.W. Schut, J.B.F. De Wit, K. Van Den Bos, & M. Stroebe (Eds.), *The scope of social psychology: Theory and applications* (pps 277-292). New York: Psychology Press.

Kacewicz, E., Slatcher, R.B., & Pennebaker, J.W. (2007). Expressive writing: An alternative to traditional methods. In L. L'Abate (Ed)., *Low-cost approaches to promote physical and mental health* (pps 271-284). New York: Springer.

Slatcher, R.B. & Pennebaker, J.W. (2006). How do I love thee? Let me count the words: The social effects of expressive writing. *Psychological Science, 17*, 660-664.

Ramirez-Esparza, N., & Pennebaker, J.W. (2006). Do good stories produce good health? Exploring words, language, and culture. *Narrative Inquiry, 16*, 211-219.

Gortner, E.M., Rude, S.S., & Pennebaker, J.W. (2006). Benefits of expressive writing in lowering rumination and depressive symptoms. *Behavior Therapy, 37*, 292-303.

Mehl, M.R., Gosling, S.D., & Pennebaker, J.W. (2006). Personality in its natural habitat: Manifestations and implicit folk theories of personality in daily life. *Journal of Personality and Social Psychology, 90*, 862-877.

Pennebaker, J.W., Paez, D., Deschamps, J.C., Rentfrow, J., Davis, M., Techio, E.M., Slawuta, P., Zlobina, A., & Zubieta, E. (2006). The social psychology of history: Defining the most important events of the last 10, 100, and 1000 years. *Psicologia Politica, 32*, 15-32.

Lyons, E. J., Mehl, M. R., & Pennebaker, J. W. (2006). Linguistic self-presentation in anorexia: Differences between pro-anorexia and recovering anorexia internet language use. *Journal of Psychosomatic Research, 60,* 253-256.

Ramírez-Esparza, N., Gosling, S.D., Benet-Martínez, V., Potter, J., & Pennebaker, J.W. (2006). Do bilinguals have two personalities? A special case of frame switching. *Journal of Research in Personality, 40*, 99-120.

Pennebaker, J.W. & Chung, C.K. (2005). Tracking the social dynamics of responses to terrorism: Language, behavior, and the Internet. In S. Wessely and V.N. Krasnov (Eds.), *Psychological responses to the new terrorism: A NATO-Russia dialogue*. Amsterdam: ISO Press.

Pennebaker, J.W., Slatcher, R.B., & Chung, C.K. (2005). Linguistic markers of psychological state through media interviews: John Kerry and John Edwards in 2004, Al Gore in 2000. *Analysis of Social and Public Policy, 5*, 1-9.

Chung, C.K., & Pennebaker, J.W. (2005). Assessing quality of life through natural language use: Implications of computerized text analysis. In W.R. Lenderking and D.A. Revicki (eds.), *Advancing health outcomes research methods and clinical applications* (pp 79-94). Washington, DC: Degnon Associates.

Groom, C.J., & Pennebaker, J.W. (2005). The language of love: Sex, sexual orientation, and language use in online personal advertisements. *Sex Roles, 52*, 447-461.

Ames, S.C., Patten, C.A., Offord, K.P., Pennebaker, J.W., Croghan, I.T., Tri, D.M., Stevens, S.R., & Hurt, R.D. (2005). Expressive writing intervention for young adult cigarette smokers. *Journal of Clinical Psychology, 61*, 1555-1570

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Cohn, M.A., Mehl, M.R., & Pennebaker, J.W. (2004). Linguistic Markers of Psychological Change Surrounding September 11, 2001. *Psychological Science, 15*, 687-693.

Pennebaker, J.W., Groom, C.J., Loew, D., & Dabbs, J. (2004). Testosterone as a social inhibitor: Two case studies of the effect of testosterone treatment on language. *Journal of Abnormal Psychology, 113*, 172-175.

Lee, Chang H., Nam, K., & Pennebaker, J.W. (2004). Is writing as much phonological as speaking? Homophone usage across speaking and writing. *Psychologia: An International Journal of Psychology in the Orient, 47*, 1-9.

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Liehr, P., Mehl, M.R., Summers, L.C., & Pennebaker, J.W. (2004). Connecting with others in the midst of a stressful upheaval on September 11, 2001. *Applied Nursing Research, 17*, 2-9.

Pennebaker, J.W., & Stone, L.D. (2004). Translating traumatic experiences into language: Implications for child abuse and long-term health. In L.J. Koenig, L.S. Doll, A. O'Leary, and W. Pequegnat (Eds.), *From child sexual abuse to adult sexual risk: Trauma, revictimization, and intervention* (pp 201-216). Washington, DC: American Psychological Association

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Presentations and Invited Addresses

Conference Presentations

American Association for the Advancement of Sciences
American Assocation for Marriage and Family Therapy
American Psychological Association
Association for Applied Psychophysiology and Biofeedback
Biofeedback Society of New York
Biofeedback Society of Texas
British Health Psychology Association
Capital Area Social Psychology Association
Centers for Disease Control
Eastern Psychological Association
European Association of Experimental Social Psychology
German Medical Psychology Society
International Congress of Psychology
Institute for the Study of Human Knowledge
Maryland Biofeedback Association
Metroplex Social Psychologists
Mexican Association of Social Psychology
Midwestern Psychological Association
Nags Head Conferences
National Institute for Occupational Safety and Health
National Kidney Society
Northern California Psychiatric Association
Society for Experimental Social Psychology
Society for Psychophysiological Research
Society for Text and Discourse
Southeastern Psychological Association
Southern Society for Social Psychology
Southwestern Psychological Association
Social Psychologists in Texas
Spanish Social Psychology Society
Texas Historical Association
Texas Marriage and Family Institute
Western Psychological Association
World Health Organization Conference on Pollutants
and many others

Invited Colloquia

Department of Psychology, Dartmouth College, 1977
Behavioral Sciences, University of Connecticut Health Sciences Center, 1977
Department of Medical Psychology, Uniformed Services University for the Health Sciences, 1978
Division of Psychology, Bowman-Gray Medical School, 1979
Department of Internal Medicine, University of Virginia Medical School, 1980
Department of Psychology, Johns Hopkins University, 1981
Nutrition Division, Campbell's Soup, 1981
Department of Psychology, North Carolina State University, 1981
Legal Department, Dow Chemical, 1982
Division of Psychophysiology, Gerontological Research Center, NIH, 1982
Department of Psychology, Columbia University, 1982

Department of Psychology, University of Illinois at Champaign-Urbana, 1982
Department of Psychology, Old Dominion University, 1982
Department of Psychology, Northeastern University, 1983
Department of Psychology, University of Texas at Arlington, 1983
Department of Psychology, University of Richmond, 1983
Department of Psychology, State University of New York at Stony Brook, 1983
Department of Psychology, Georgia State University, 1983
Department of Psychology, North Dakota State University, 1983
Department of Psychology, Arizona State University, 1983
Department of Psychology, Trinity University, 1984
School of Nursing, University of Kansas Medical School and Hospital, 1984
Honors Program, Trinity University, 1984
Department of Psychology, Case Western Reserve University, 1985
Department of Psychology, Pennsylvania State University, Delaware County, 1985
Department of Psychology, Swarthmore University, 1985
Department of Medical Psychology, University of Texas Health Sciences, 1985
Division of Chaplains' Services, New York Veterans Administration Hospitals, 1985
Department of Psychiatry and Behavioral Medicine, University of Virginia, 1986
Departments of Psychology and Health Behavioral Sciences, SUNY at Buffalo, 1986
Department of Psychology, University of Stockholm, Stockholm, Sweden, 1986
Department of Psychology, University of Tulsa, 1986
Department of Psychology, Health group, Yale University, 1986
Department of Psychology, Colorado State University, Colorado Springs, 1987
Department of Psychology, Memphis State University, 1987
Department of Psychology, University of Texas at Austin, 1987
Department of Psychology, Trinity University, 1987
Faculty of Psychology, University of Amsterdam, The Netherlands, 1987
MacArthur Foundation, Health Program, New Orleans, 1988
Department of Psychology, Stanford University, 1988
Department of Psychology, University of Washington, 1988
Department of Psychiatry, University of Missouri Medical School, 1988
Graduate School of Psychology, Fuller Theological Seminary, Pasadena, 1989
Grand Rounds, Brown Medical School (Rhode Island Hospital), Providence, RI, 1989
IPAR, University of California-Berkeley, 1989
Department of Psychology, University of California-Davis, 1989
California School for Professional Psychology, Alameda, CA, 1989
Research Division, Permanente Medical Group, Oakland, CA, 1989
Department of Psychology, Cornell University, 1989
Department of Psychology, University of Waterloo, 1989
Department of Psychology, University of Leuven, Belgium, 1989
Department of Psychology, University of Munich, West Germany, 1989
Behavioral Medicine Section, Katholieke Universiteit, The Netherlands, 1989
Experimental Psychology, University of Amsterdam, The Netherlands, 1989
Department of Psychology, University of Arkansas, 1990
Department of Psychology, Rice University, 1990
Department of Psychology, University of Pennsylvania, 1990
Behavioral Medicine, University of Massachusetts Medical Center, 1990
Department of Psychology, Harvard University, 1990
Behavioral Medicine Division, University of Ulm, West Germany, 1990
Department of Psychology, Phillips University, Marburg, West Germany, 1990
University Lecture, UCLA, 1990
Psychophysiology Training Group, Ohio State University, Columbus, Ohio, 1990
Department of Psychology, University of Western Ontario, 1990
Behavioral Medicine Group, Boston University Medical School, 1990
Department of Psychology, University of British Columbia, 1991

Department of Psychology, Stanford University, 1991
University Lecture, University of California at Davis, 1991
MacArthur Foundation, Health and Behavior Network, Cape Cod, 1991
Department of Psychology, Basque University, San Sabastian, Spain, 1991
Mind Science Foundation, San Antonio, 1991
Department of Psychiatry, Timberlawn Hospital, Dallas, 1991
Department of Psychology, University of Chicago, 1991
Grand Rounds, Medical College of Ohio, Toledo, 1991
National Institute for the Clinical Application of Behavioral Medicine, Orlando, 1991
Counseling and Psychological Services, State University of New York, Oswego, 1992
Department of Psychology, University of Alaska, 1992
Canyon Ranch, Tucson, Arizona, 1992
Department of Psychiatry, University of Graz Medical School, Graz, Austria, 1992
Department of Psychology, University of Mainz, Germany, 1992
Department of Psychology, Universidad Nacional Autonoma de Mexico, Mexico City, 1992
Department of Psychology, Duke University, 1993
Department of Psychology, Dalhousie University, Halifax, Nova Scotia, 1993
Department of Psychiatry, Auckland University Medical School, Auckland, New Zealand, 1993
Faculty of Psychology, University of Lovain, Louvain-La-Neuve, Belgium, 1993
Laboratory of Social Psychology, L'Ecole des Hautes Etudes en Sciences Sociales, Paris, 1993
Department of Psychology, University of Pennsylvania, Philadelphia, 1993
Department of Psychology, University of Texas at El Paso, 1993
Department of Psychology, Universidad Autonoma de Madrid, Spain, 1993
Departments of Psychology and Psychiatry, Dartmouth University, 1994
Department of Social Work, University of North Texas, 1994
Department of Psychology, University of Cincinnati, 1994
Department of Psychology, College of Charleston, 1994
Department of Behavioral Science, University of Kentucky, 1994
Department of Psychology, University of Georgia, 1994
Department of Psychology, SUNY at Stony Brook, 1994
Department of Psychology, University of Utrecht, The Netherlands, 1994
Mary Walther Cancer Center, University of Indiana Medical School, 1994
Department of Clinical Psychology, Universidad Nacional Autonoma de Mexico, Mexico City, 1994
Coping Project, UC-San Francisco Medical School, 1994
Department of Psychology, University of Kansas, 1994
Department of Psychology, Wake Forest University, 1994
Department of Psychology, Purdue University, 1994
Department of Psychology, University of Arizona, 1994
Department of Psychology, United States Air Force Academy, 1995
Department of Psychology, Carnegie Melon University, 1995
Coping Project, UC-San Francisco Medical School, 1995
Department of Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 1995
Department of Psychology, Ohio State University, 1995
Cancer Research Center and Department of Psychology, University of Hawaii, 1995
Department of Psychology, University of New South Wales, Sydney, Australia, 1995
Department of Psychology, Georgia State University, 1996
Department of Psychology, University of Utah, 1996
Hungarian National Academy of Sciences, Budapest, 1996
Tilburg University, The Netherlands, 1996
Behavioral Medicine Research Institute, SUNY at Stony Brook, 1996
Department of Psychology, University of Texas at Austin, 1997
Department of Psychology, Rutgers University, 1997
Departmentof Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 1997
Department of Psychology, University of Manchester, England, 1997
Department of Psychology, University of Bari, Italy, 1997

Department of Environmental Sciences, Karolinska Institute, Stockholm, Sweden, 1997
Department of Psychology, University of Alabama-Birmingham, 1998
Department of Psychology, Oklahoma State University, 1998
Psychology Department, University of Rome, Italy, 1998
Psychology Department, University of Bergen, Norway, 1998
Department of Psychology, University of Bari, Italy, 1998
Department of Psychology, Loyola University, Chicago, 1998
Department of Psychology, Miami University, Bowling Green, Ohio, 1998
Department of Psychology, Williams College, Williamstown, MA, 1998
Department of Psychology, Rice University, Houston, TX, 1998
The Wellness House, Chicago, IL, 1998
Department of Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 1999
Institute for Behavioral Research, University of Georgia, 1999
University of Tilburg, The Netherlands, 1999
Department of Psychiatry, University of Arkansas Medical Center, 1999
Department of Psychology, Doshisha University, Kyoto, Japan, 1999
Department of Psychology, University of Amsterdam, The Netherlands, 1999
CHESS, University of Wisconsin, 1999
Department of Psychiatry and Behavioral Sciences, SUNY at Syracuse Medical Center, 1999
Department of Psychology, The New School, New York City, 1999
Department of Psychiatry, Mount Sinai Medical Center, New York City, 1999
AIDS Research Center, UCLA, 1999
Department of Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 2000
Department of Linguistics, University of Texas, 2000
Department of Psychology, Texas A&M, 2000
UT Lecture Series, 2000
Meredith College, Raleigh, NC, 2000
Department of Health Science, Hahnemann Medical College, Philadelphia, 2000
Department of Psychology, University of Brighton Medical School, Brighton, England, 2000.
Department of Psychology, Basque University, San Sabastian, Spain, 2000.
Department of Psychology, University of Massachusetts, Amherst, 2000.
Italian Health Psychology Conference, Orvieto, Italy, 2000
German Health Psychology, Jena, Germany, 2000
Department of Psychology, University of Oregon, 2000
Department of Psychology, Texas Tech University, 2000
Department of Communications, University of Illinois, Champaign-Urbana, 2000
National Institute for the Clinical Application of Behavioral Medicine, Hilton Head, NC 2000.
Department of Psychiatry, Dukoff Visiting Lecturer, Memorial Sloan Kettering Hospital, New York City, 2001
Department of Health Psychology, University of Auckland Medical School, Auckland, New Zealand, 2001
Department of Medicine Grand Rounds, UT Health Sciences Center, San Antonio, 2001
Department of Psychology, Northwestern University, Evanston, IL, 2001
Department of Psychology, Harvard University, Cambridge, MA 2001
Department of Epidemiology, Johns Hopkins Medical School, Baltimore, MD 2001
Narrative and Illness Group, University of British Columbia, Vancouver, BC 2001
Department of Psychiatry, Guys Hospital, University of London, England, 2001
Cardiovascular Research Unit, Brighton Medical School, Brighton, England, 2001
Department of Clinical Psychology, Lisbon School for the Social Sciences, Lisbon, Portugal, 2001
Department of Psychiaty, University of Leiden, The Netherlands, 2001
Mayo Clinic, Jacksonville, FL, 2001
Department of Psychology, Saint Louis University, 2001
College Convocation Speaker, Augustana College, 2001
Positive Psychology Group, Akumal, Mexico, 2002
Mind-Brain Institute, Harvard University, 2002
Department of Psychology, Pan-American University, Edinburg, TX, 2002
Brittingham Visiting Scholar, University of Wisconsin, 2002

Department of Psychology, University of North Carolina, Chapel Hill, 2002
Bioterrorism group, NATO, Brussels, Belgium, 2002
Department of Psychiatry and Behavioral Sciences, University of South Florida Medical School, Tampa, 2002
Sciencia Lecturer, Rice University, Houston, TX 2002
The Cancer Wellness Center, Chicago, 2002
Department of Psychology, University of Louvain, Lovain-la-Neuve, Belgium, 2002
Department of Psychiatry Grand Rounds, M.D. Anderson Hospital, Houston, TX 2002
Teachers of English and Rhetoric, Rocky Mountain National Park, CO, 2002
Mexican Social Psychology Conference and Department of Psychology, Colima, Mexico 2002
Department of Psychology and Psi Chi, St Edwards University, San Antonio, 2003
Hope Fondation, Palo Alto, 2003
Department of Psychology, Arizona State University, 2003
Departments of Chemistry and Biology, UT San Antonio, 2003
Department of Psychology, Georgia State University, 2003
Department of Psychology, Vanderbilt University, 2003
Department of Psychology, University of Tuebingen, Germany, 2003
Department of Psychology, University of Ulm, Germany, 2003
Department of Psychology, Fuller Theological Institute, 2003
British Association of Behavior and Cognitive Therapy, York, UK, 2003
Wisconsin Biofeedback Association, Green Lake, WI, 2003
Australian Psychological Association, Perth, 2003
School of Public Health, University of Texas at Houston, 2003
Department of Psychology, Furman College, South Carolina 2003
Anger Management Conference, Gotenberg, Sweden, 2003
Daegu University, South Korea, 2004
Pyungtang University, South Korea, 2004
International Society of Health Psychology, South Korea, 2004
Duke Medical School, Durham, NC, 2004
School of Nursing, Vanderbilt, 2004
Department of Psychology, UC-Irvine, 2004
Department of Psychology, UC-Riverside, 2004
Department of Psychiatry, Gronigen, The Netherlands, 2004
PTSD Conference, New Orleans VA, 2004
Quality of Life Conference, Boston, 2004
Language and Social Psychology Keynote, Penn State, 2004
Collective Memory Conference, Aix-en-Provance, France 2004
American College Health Association Endowed Lecture, New Orleans, 2004
Placebo Conference and Invited Address, Univ of Michigan, 2004
Department of Psychology, University of Monterrey, Mexico, 2004
Netherlands Health Psychology Keynote, 2004
Wellness Colloquium, SMU, Dallas 2004
University of Gronigen Medical School, The Netherlands 2004
Society of Social and Personality Psychology, Austin 2004
Spearman Conference, Educational Testing Service, Philadelphia 2004
Technology and Social Behavior Institute, Northwestern University, 2004
Grand Rounds, Scott and White Clinics, Temple, TX 2004
University of Texas LAMP program, 2004
Medical Decisions Institute, Johns Hopkins University, 2004
Mexico Human Rights, Culiacan, Mexico, 2004
Positive Psychology, Washington, DC 2004
Society for Psychophysiological Research, Santa Fe, NM 2004
National Institute for the Teaching of Psychology, St. Petersburg, FL 2005
The Good Life Project, Vaxjo, Sweden 2005
Department of Psychology, University of Lund, Sweden, 2005
Society of Personality and Social Psychology, New Orleans, 2005

Grand Rounds, Johns Hopkins Medical School, 2005
Department of Psychology, Kent State University, Kent, Ohio 2005
The Gallup Organization, Omaha, Nebraska 2005
The Norway Trauma Center, Bergen, Norway 2005
European Health Psychology (keynote), Galway, Ireland, 2005
E-health Symposium (keynote), National Institutes of Health, Bethesday, 2005
Society for the Arts in Health Care (keynote), Edmonton, Alberta, 2005
McGill Medical School, Montreal, 2005
NSF Workshop (organizer), Language and Deception, Washington, 2005
Department of Psychology, University of Pennsylvania, Philadelphia, 2005
Society of Mathematical Psychology, University of Memphis, 2005
University Lecture, University of Texas-Dallas, 2005
Department of Psychology, University of Texas at El Paso, 2005
U.S. Army Medical Research Group, Heidelberg, Germany, 2006
Human Computer Interaction Institute, Carnegie Mellon University, Pittsburgh, 2006
Department of Psychology, University of Central Lancashire, Preston,UK 2006
Department of Psychology, Leeds University, UK, 2006
Department of Developmental and Political Psychology, Cambridge University, UK 2006
Collective Memory Group, Washington University, St. Louis, 2006
Comparative Literature Consortium, Texas Tech University, Lubbock, TX 2006
Empirical Study of Literature, Prien, Germany, 2006
Warsaw School of Social Psychology, Warsaw, Poland 2006
National Communications Association, San Antonio, TX 2006
Department of Psychology, University of Michigan, 2007
Human Development and Family Science, UT-Austin, 2007
Council of Graduate Departments of Psychology, Long Beach, VA, 2007
College of Nursing, UT-Austin, 2007
Annenberg School of Communication, Univ of Pennsylvania, Philadelphia, 2007
UT Forum Series on the Criminal Mind, UT-Austin, 2007
International Health Psychology, Aitutaki, Cook Islands, 2007
University Lecture, Washington & Lee University, 2007
Department of Psychology, University of Central Lancashire, UK, 2007
British Forensic Society, York, UK, 2007
Department of Psychology, University of Surrey, UK, 2007
Army Research Institute, Washington DC, 2007
Baylor Medical School Post Doc Association, Houston, 2007
Summer Institute for Social Psychology keynote, Austin, 2007
Turkish-German Psychiatry Conference, Psychology Department, Bosphorus University, Istanbul, Turkey, 2007
Department of Psychology, Tilburg University, Tilburg, The Netherlands, 2007
Counter Intelligence Field Activity, Department of Defense, Washington, DC, 2007
Writing and Wellness Conference, Atlanta, 2007
Social Psychologists in Texas, Lubbock, TX 2008
Department of Psychology, University of Minnesota, Minneapolis 2008
Portuguese Health Psychology Society, Porto, Portugal, 2008
Keynote, Southeastern Psychological Assocation, Charlotte, NC 2008
Conference on College Composition, New Orleans, 2008
School of Business, Columbia University, New York City, 2008
Canadian Conference on Narrative, Toronto, 2008
Trauma Conference, University of Bergen, Bergen, Norway, 2008
Keynote, Writing and Healing Conference, Denver, CO 2008
Vancouver Child Conference, University of British Columbia, Vancouver, 2008
Bradac Memorial Lecture, School of Communications, University of California Santa Barbara, 2008
Clinical Psychology Workshop, Universitá Cattolica del Sacro Cuore, Milan, Italy 2008
Departments of Computer Science and Psychology, University of Texas at El Paso, 2008
Department of Psychology, Our Lady of the Lake College, San Antonio 2009

Department of Psychology, Washington University, St. Louis, 2009
Department of Psychology, Duke University, 2009
Department of Medical Psychology, Uniformed Services University for the Health Sciences, Bethesda 2009
Keynote, Center for Advanced Study of Language (CASL), University of Maryland 2009
Wagner Lecture, University of Central Lancashire, UK 2009
Department of Psychology, University of Otago, New Zealand 2009
International Health Psycholgy, Fiji, 2009
Business School, University of Chicago, 2009
Rand Corporation, Santa Monica, CA 2009
Language Psychology Workshop, Universitá Cattolica del Sacro Cuore, Milan, Italy 2009
Violence in Public Places Conference, Preston, UK 2009
Expressive writing workshop, University of Central Lancashire, Preston, UK 2009
Keynote, Ambulatory Assessment, Greifswald University, Germany, 2009
National Research Council and the U.S. Secret Service, Washington DC 2009
START Terrorism Conference, Department of Homeland Security, College Park, MD 2009
Belgium Academy of Sciences, Brussels, 2009
Department of Psychology, Columbia University, New York City, 2010
Collective memory conference, New School for Social Research, New York City, 2010
Department of Psychology, University of Palermo, Buenos Aires, Argentina, 2010
Department of Psychology, Hunter College, New York City, 2010
Positive Computing, University of Pennsylvania, Philadelphia 2010
Department of Linguistics, College of Charleston, Charleston, SC, 2010
Weblog Conference, Georgetown University, Washington, DC 2010
Department of Linguistics, Lancaster University, UK 2010
Health Psychology, University of Central Lancashire, 2010
Psychology Today, New York City, 2010
Trauma Conference, University of Nottingham, UK 2010
British Association of Behavior Cognitive Psychotherapy, University of Manchester, UK 2010
Army Research Institute, Washington DC 2010
Austin Financial Planners, Austin, 2010
IEEE Conference on speech and language, Berkeley, CA 2010
National Counterterrorism Center, McLean, VA 2010
Invited address, Humboldt Society Meeting, Austin, TX, 2011
Invited address Society for Personality and Social Psychology, San Antonio, 2011
Discovery television program on deceptive language, New York City, 2011
Homeland Security Invited Address, AAAS Annual Meeting, 2011
Invited colloquium, School of Information, Syracuse University, NY 2011
Endowed Lecture, U.S. Air Force, Lackland, Air Force Base, San Antonio, 2011
Invited colloquium, Haverford College, 2011
International Health Psychology Conference, Coromandel, New Zealand, 2011
Special conference on text analysis in national security settings, FBI/NSF, Washington, DC 2011
Invited address, Association for Psychological Science, Washington, DC 2011
Resiliency Program workshop, Fort Sam Houston, San Antonio, TX 2011