

CURRICULUM VITAE

Martita A. Lopez

Department of Psychology
108 E. Dean Keeton Stop A8000
The University of Texas at Austin
Austin, TX 78712

Phone: (512) 232-4626

E-mail: lopez@psy.utexas.edu

Fax: (512) 471-6572

EDUCATION

1971	B.S., Psychology, <i>summa cum laude</i>	University of Massachusetts, Amherst
1976	Internship, Clinical Psychology	Yale University School of Medicine
1977	Ph.D., Clinical Psychology	Syracuse University

PROFESSIONAL HONORS

1971	Phi Beta Kappa
1971-1976	USPHS Graduate Fellowship, Syracuse University
1979	Liberal Arts Certificate of Teaching Excellence, Virginia Tech
2001	Fellow, Society of Behavioral Medicine
2004	Distinguished Service Award, Society of Behavioral Medicine
2009	Distinguished Clinical Mentor Award, Society of Behavioral Medicine

CERTIFICATION AND LICENSURE

1980 – 2005	Licensed Psychologist in Illinois #072-002709
2002 – Present	Licensed Psychologist in Texas #32017
1985 - Present	National Register of Health Service Providers in Psychology #41319

PROFESSIONAL APPOINTMENTS

1977-1980	Assistant Professor , Department of Psychology, Virginia Tech Core faculty member , Center of Gerontology, Virginia Tech
1980-1994	Assistant Professor , Department of Psychology, Rush Medical College, Chicago, IL
1980-2000	Director, Rehabilitation Psychology and Geropsychology Program , Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL

PUBLICATIONS

Journal Articles in Peer-Reviewed Publications

- Lopez, M. A. (1980). Social skills training with institutionalized elderly: Effects of precounseling structuring and overlearning on skill acquisition and transfer. Journal of Counseling Psychology, *27*, 286-293.
- Lopez, M.A., Hoyer, W.J., Goldstein, A. P., Gershaw, N. J. & Sprafkin, R. P. (1980). Effects of over learning and incentive on the acquisition and transfer of interpersonal skills with institutionalized elderly. Journal of Gerontology, *35*, 403-408.
- Fleming, C. C. & Lopez, M.A. (1981). The effects of perceived control on the paired-associated learning of elderly persons. Experimental Aging Research, *7*, 71-77.
- Lopez, M.A. & Silber, S.L. (1981). Counseling the elderly: A training program for professionals. Educational Gerontology, *7*, 363-374.
- Mullins, L. & Lopez, M.A. (1982). Death anxiety among nursing home residents. Death Education, *6*, 75-86.
- Hoyer, W.J., Lopez, M.A., & Goldstein, A. P. (1982). Predicting social skill acquisition and transfer by psychogeriatric inpatients. International Journal of Behavioral Geriatrics, *1*, 43-46
- Potempa, K., Lopez, M., Reid, C. & Lawson, L. (1986). Chronic fatigue: Theories and a model for research. Image: Journal of nursing scholarship, *18*, 165-169.
- Slimmer, L., Lopez, M., LeSage, J. & Ellor, J. (1987). Nurses' perceptions of learned helplessness in the institutionalized elderly. Journal of Gerontological Nursing, *13*, 33-37.
- LeSage, J., Slimmer, L., Lopez, M., & Ellor, J. (1989). Learned helplessness. Journal of Gerontological Nursing, *15*, 8-15.
- Slimmer, L., Edward-Beckett, J., LeSage, J., Ellor, J., & Lopez, M. (1990). Helping those who don't help themselves. Geriatric Nursing, *11*, 20-22.
- Potempa, K. & Lopez, M. (1990). The role of aerobic exercise in the functional recovery of stroke patients. In: S. Funk, E. Torquist, M. Champagne, and L. Copp (Eds.), Key Aspects of Recovery: Improving Nutrition, Rest and Mobility. New York: Springer. (A monograph of refereed papers presented at the NIH-sponsored conference of the same name)

- Lopez, M. & Potempa, K. (1991). Managing fatigue in hospitalized elderly. Clinical Gerontologist, 10 (2), 87-87.
- Lopez, M. & Silber, S. (1991). Stress management for the elderly: A preventive approach. Clinical Gerontologist, 10 (4), 73-76.
- Potempa, K., Lopez, M., Braun, L., Szidon, P., Fogg, L., & Tincknell, T. (1995) Physiologic outcomes of aerobic exercise training in hemiparetic stroke patients, Stroke, 26, 101-105.
- Lopez, M., & Mermelstein, R. (1995). A cognitive-behavioral program to improve geriatric rehabilitation outcome. The Gerontologist, 35 (5), 696-700.
- Cooley, S., Deitch, I., Harper, M., Hinrichsen, G., Lopez, M., & Molinari, V. (1998). What practitioners should know about working with older adults. Professional Psychology: Research and Practice, 29, 413-427.
- Potempa, K., & Lopez, M. (1998). Aerobic exercise: Total body rehabilitation. Biomechanics, 5 (12), 19-21.
- Rybarczyk, B., Lopez, M., Benson, R., Alsten, C., & Stepanski, E. (2002). The efficacy of two behavioral treatment programs for comorbid geriatric insomnia. Psychology and Aging, 17, 288-298.
- Stepanski, E., Rybarczyk, B., Lopez, M., & Stevens, S. (2003). Assessment and treatment of sleep disorders in older adults: An overview for rehabilitation psychologists. Rehabilitation Psychology, 48, 23-36.
- Rybarczyk, B., Lopez, M., Schelble, K., & Stepanski, E. (2005). Home-based video CBT for comorbid geriatric insomnia: A pilot study using secondary data analyses. Behavioral Sleep Medicine, 3(3), 158-175.
- Rybarczyk, B., Stepanski, E., Fogg, L., Lopez, M., Barry, P., & Davis, A. (2005). A placebo controlled test of CBT for comorbid insomnia in older adults: A comparison across three chronic diseases. Journal of Consulting and Clinical Psychology, 73(6), 1164-1174.

Book – Published

- Feldman, H.S. & Lopez, M.A. (1983). Developmental Psychology for Health Professionals: Adulthood and Aging. Boulder, CO: Westview Press, 156 p.

Book Chapters - Published

- Goldstein, A.P., Lopez, M.A. & Greenleaf, D. (1979). Introduction and overview. In A.P. Goldstein & F.H. Kanfer (Eds.), Maximizing Treatment Gains: Transfer Enhancement in Psychotherapy. New York: Academic Press
- Lopez, M.A. (1982). Structured Learning Training for Helpers. In: P.D. Kurtz & E. Marshall (Eds.), Interpersonal Helping Skills: Models and Training Methods. New York: Jossey Bass.
- Potempa, K. & Lopez, M. (1991). Theoretical aspects of stroke rehabilitation. In: B. Metzger, (Ed.), Altered functioning: Impairment and Disability. Indianapolis, IN: Nursing Center Press of Sigma Theta Tau International.
- Rybarczyk, B., & Lopez, M. (1999). Research methods with older adults. In P. Kendall, J. Butcher, & Holmbeck, G. (Eds.), Handbook of Research Methods in Clinical Psychology (2nd ed.). New York: Wiley.

Lopez, M. (2008). Exercise and sleep quality. In W. Spirduso, L. Poon, & W. Chodzko-Zajko. (Eds.) *Exercise and Its Mediating Effects on Cognition*. Champaign, IL: Human Kinetics.

Book Reviews and Newsletter Articles - Published

- Lopez, M.A. (1988). (Review of Handbook of Clinical Gerontology). Journal of Applied Gerontology, 1, 552-553.
- Lopez, M. (1995). (Review of Psychological Perspectives on Women's Health). Doody's, 1994 Health Sciences Book Review Annual 1994-5, Oak Park, IL: Doody Publishing, 592.
- Jones, K., Bronheim, S., Veach, P., Gray, C., Goreczny, A., Hoss, M., & Lopez, M. (2000). The coming revolution in health care: Implications of the human genome project for health psychologists. The Health Psychologist, 22 (2), 6-8.
- O'Brien, W., Lopez, M., & Collins, A. (2001). Education and training in health psychology: As it is, as it should be, as it could be. The Health Psychologist, 23 (1), 6-8.

Lopez, M. (2005). Clinic Spotlight: The University of Texas at Austin. *The ADPTC Newsletter*, 7(4), 14-15.

Peer-Reviewed Abstracts – Published

Lopez, M.A., Ax, R., Bennett, R., & Wells, J. (1981). Major reinforcers for institutionalized elderly and staff's ability to predict them. Gerontologist, *21*, 145-146.

Mermelstein, R. J. & Lopez, M. A. (1984). Brief psychological interventions with elderly medical patients in an acute care hospital. Gerontologist, *24*, 243.

Potempa, K., Lopez, M., & Reid, C. (1985). A model of fatigue in the elderly. Gerontologist, *25*, 125.

Mermelstein, R. J. & Lopez, M. A. (1985). Psychological complaints and problems as predictors of outcome on a geriatric physical rehabilitation unit. Gerontologist, *25*, 105.

Lopez, M.A. & Mermelstein, R.J. (1985). Coping styles of elderly patients hospitalized on a physical rehabilitation unit. Gerontologist, *25*, 46.

LeSage, J., Slimmer, L., Ellor, J., & Lopez, M. (1987). Learned helplessness experienced by elders in long-term care. Gerontologist, *27*, 128A.

Reid, C., Lawson, L., LeSage, J., Lopez, M., & Potempa, K. (1987). Efficacy of a group exercise program in long-term care. Gerontologist, *27*, 16A.

LeSage, J., Slimmer, L., Beckett, J., Ellor, J., & Lopez, M. (1988). Gerontologist, *28*, 118A.

Potempa, K., Lopez, M., & Szidon, P. (1989). Benefits of aerobic exercise training after stroke. Archives of Physical Medicine and Rehabilitation, *70*, 72.

Duchene, P., Maragos, V., & Lopez, M. (1989). The incidence of pain in a sample of geriatric rehabilitation inpatients. Archives of Physical Medicine and Rehabilitation, *70*, 48.

Potempa, K., Lopez, M., Braun, L., Szidon, P., Folta, A., Tinknell, T., & Yee, M. (1992). Aerobic training effects in hemiparetic stroke patients. The Physiologist, *35* (4), 181.

Potempa, K., Lopez, M., & Szidon, P. (1992). Aerobic training improves sleep, mood, and cognitive measures after stroke. Biofeedback and Self-Regulation, *17* (3), 233-234.

Lopez, M., Potempa, K., Braun, L., & Szidon, P. (1992). Effects of aerobic training post-stroke. Gerontologist, *32*, 134.

Lopez, M., Potempa, K., Braun, L., & Szidon, P. (1993). Sleep and exercise after stroke. Annals of Behavioral Medicine, *15*, (Supp.), S117.

Potempa, K., Lopez, M., Braun, L., Szidon, P., Fogg, L., Tinknell, T., & Yee, M. (1994). The effects of aerobic training on blood pressure control in hemiparetic stroke patients.

American Journal of Hypertension, 7, (4), 107A.

Lopez, M., Potempa, K., Braun, L., & Szidon, P. (1994). Psychological and functional effects of aerobic exercise after stroke. Annals of Behavioral Medicine, 16 (Supp), S098.

Lopez, M., Potempa, K., Braun, L., Fogg, L. (1995). Aerobic exercise training post-stroke affects psychological and reaction time factors. Annals of Behavioral Medicine, 17, S131.

Popovich, J., Fogg, L., Young, M., Lopez, M. & Potempa, K. (1996). Generalizability of the Beck Depression Inventory to elderly stroke patients and two comparison populations. The Gerontologist, 36, 20.

Swetow, J., Potempa, L., Lopez, M., & Fogg, L. (1996). Sleep quality, depression, and fatigue after stroke. Annals of Behavioral Medicine, 18, S241.

Peer-Reviewed Paper Presentations

Lopez, M.A. (1978, March). Establishing and maintaining a social skill among elderly psychiatric patients. Paper presented at the meeting of the Southeastern Psychological Association

Fleming, C.C. & Lopez, M.A. (1979, March). The effects of perceived control on the cognitive task performance of older persons. Paper presented at the meeting of the Southeastern Psychological Association.

Lopez, M.A., Goldstein, A.P., & Hoyer, W.J. (1979, April). Treatment variables affecting social skill training with the elderly. Paper presented at the meeting of the Eastern Psychological Association.

Lopez, M.A. (1979, March). Recognizing non-verbal cues of emotion: A training program for paraprofessionals. Paper presented at the meeting of the Southeastern Psychological Association

Hoyer, W.J., Goldstein, P., Schaas, J.M., Rebok, G.W., & Lopez, M.A. (1980, January). Prescriptive skill training with the elderly. Paper presented at the NOVA Behavioral Conference on Aging.

Silber, S.L., Lopez, M.A., Perconte, S., Hatcher, J., Lovett, S., Foder, R., & Corn C. (1980, August). Stress management for the elderly: A preventive approach. Paper presented at the meeting of the American Psychological Association.

Hoyer, W.J., Lopez, M.A., & Goldstein, A.P. (1980, April). Treatment variables affecting social skills training with elderly patients. Paper presented at the meeting of the Eastern

Psychological Association.

- Lopez, M.A. & Silber, S.L. (1980, March). Counseling the elderly: A training program for professionals. Paper presented at the meeting of the Southeastern Psychological Association
- Lopez, M. A. & Fritzen, J. (1981, March). Age differences in the recognition and recall of prose. Paper presented at the meeting of the Southeastern Psychological Association.
- Hoyer, W. J., Schaas, J. M., Lopez, M. A., Goldstein, A. P., & Rebok, G. W. (1981, January). Techniques for enhancing social skill training. Paper presented at the Behavioral Conference on Aging.
- Mullins, L. C. & Lopez, M. A. (1981, April). Death anxiety among nursing home residents. Paper presented at the meeting of the Southern Sociological Society.
- Lopez, M.A. & Mermelstein, R. J. (1985, March). Influencing and predicting treatment outcome of chronic illness and disability in a hospital for the elderly. In: R.J. Mermelstein (Chair), Innovations in behavioral medicine for the elderly: Managing acute and chronic problems. Symposium conducted at the meeting of the Society of Behavioral Medicine.
- Mermelstein, R. J. & Lopez, M. A. (1985, March). Behavioral geriatrics: A consultation-liaison approach with elderly medical patients. In: R. J. Mermelstein (Chair), Innovations in behavioral medicine for the elderly: Managing acute and chronic problems. Symposium conducted at the meeting of the Society of Behavioral Medicine.
- Mermelstein, R.J. & Lopez, M.A. (1986, March). Social support and recovery from disabling illness: Help or hindrance? Paper presented at the meeting of the Society of Behavioral Medicine.
- Reid, C., Lawson, L., LeSage, J., Lopez, M., & Potempa, K. (1987, May). Efficacy of a group exercise program in long-term care. Paper presented at the Rehabilitation and Aging Conference, Hillhaven Foundation.
- Lopez, M.A., Slimmer, L.W., Ellor, J.R., & LeSage, J.M. (1987, September). Learned helplessness among geriatric patients in rehabilitation/short stay settings. Paper presented at the meeting of the American Psychological Association.
- Mermelstein, R.J. & Lopez, M.A. (1988, April). Psychosocial predictors of physical recovery in elderly rehab patients. Paper presented at the meeting of the Society of Behavioral Medicine.
- Lopez, M.A. & Mermelstein, R.J. (1988, April). Enhancing geriatric rehab outcome through

psychological interventions. Paper presented at the meeting of the Society of Behavioral Medicine.

Potempa, K., Lopez, M., Lehr, B., & Braun, L. (1989, April). Functional benefits of aerobic exercise after stroke. Paper presented at the NIH-sponsored conference on "Key Aspects of Recovery: Improving Mobility, Rest, and Nutrition."

Potempa, K., Lopez, M., Szidon, P., Braun, L., & Folta, A. (1990, April). Measurement of maximal oxygen consumption in hemiparetic subjects. Paper presented at the meeting of the Federation of American Societies of Experimental Biology.

Lopez, M. (1990, November). The role of the geropsychologist on interdisciplinary health care teams. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy.

Lopez, M. & Potempa, K. (1992, March). Effects of aerobic training on quality of life, sleep, and mood after stroke. Paper presented at the meeting of the Society of Behavioral Medicine.

Lopez, M. & Potempa, K. (1992, April). Psychological benefits of aerobic exercise training after stroke. Paper presented at the NIH-sponsored conference on "Key Aspects of Caring for the Chronically Ill: Hospital and Home."

Garron, D., Nyenhuis, D., Haut, A., Lopez, M., Elpern, E., Kesten, S., & Fiducia, D. (1998). Psychological and pulmonary variables in lung transplant candidates. Paper presented at the meeting of the American Lung Association/American Thoracic Society.

Szymanski, L., Haut, A., Lopez, M., & Kesten, S. (1998). Affective disorders in lung transplant candidates. Paper presented at the meeting of the American Lung Association/American Thoracic Society.

Rybarczyk, B., Lopez, M., Stepanski, E., Benson, R., & Rubin, R. (2000). Evaluating a behavioral treatment for insomnia in older adults with comorbid chronic illness. Paper presented at the meeting of the Society of Behavioral Medicine.

Knight, R., Smith, A., Duffy, M., Zeiss, A., Lopez, M., & Scogin, F. (2001). Training psychologists to work with older adults in the 21st century. Paper presented at the meeting of the American Psychological Association.

Rybarczyk, B., Lopez, M., & Schleble, K. (2002). Evaluating classroom and home-based CBT treatment for comorbid geriatric insomnia. Paper presented at the meeting of Rehabilitation Psychology 2002: Integrating science, practice, and public policy.

Lopez, M. (2002). Diversity and psychological services: Preparing psychology for the demands of a changing world. Paper presented at the meeting of the American

Psychological Association.

Stepanski, E., Rybarczyk, B. & Lopez, M. (2003). Use of cognitive-behavioral treatment for comorbid insomnia in older adults: Preliminary data. Paper presented at the meeting of the Associated Professional Sleep Societies (American Academy of Sleep Medicine and the Sleep Research Society).

Grimes, C., Carter, P., & Lopez, M. (2004). Bereaved family caregivers' descriptions of sleep changes during and after care giving. Paper presented at the meeting of the Oncology Nursing Society.

Rybarczyk, B., Stepanski, E., Wyatt, J., Barry, P., & Lopez, M. (2004). A randomized, controlled study testing the efficacy of CBT treatment for insomnia in older adults with chronic illness. Paper presented at the meeting of the Society of Behavioral Medicine.

Hawkins, R., & Lopez, M. (2004). Treatment effectiveness in the training clinic: A preliminary outcomes study. Paper presented at the meeting of the American Psychological Association

Hawkins, R., Spriggs, M., Lee, H., & Lopez, M. (2005). Can the MMPI-2 predict outcome from cognitive-behavioral treatments for anxiety disorders? Paper presented at the meeting of the Association for the Advancement of Behavior Therapy.

Hawkins, R., Spriggs, M., Lee, H., & Lopez, M. (2006). Can MMPI-2 content scales predict CBT outcomes for anxiety disorders? Paper presented at the meeting of the American Psychological Association.

Hawkins, R., & Lopez, M. (2006). Clinical practice research networks complement laboratory RCTs to facilitate graduate training and research. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies.

Harte, C., Lopez, M., & Hawkins, R. (2007). Quantitative characterization of IQ test performance as an indicator of cognitive behavioral therapy treatment outcome. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies.

Harte, C., Lopez, M., & Hawkins, R. (2008). The impact of Axis II comorbidity on outcome of cognitive behavioral therapy for Axis I disorders. Paper presented at the meeting of the American Psychological Association.

Harte, C., Levy, J., Lopez, M., & Hawkins, R. (2008). The influence of ethnicity on cognitive behavioral therapy outcome among white and Latino patients treated for depression or anxiety. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies.

Harte, C., Lopez, M., & Hawkins, R. (2008). Predictive validity of the MMPI-2: Clinical scale disturbance as an indicator of cognitive behavioral therapy treatment outcome. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies.

Harte, C., Lopez, M., & Hawkins, R. (2009). Depressive symptomatology and neurocognitive performance. Paper presented at the meeting of the International Neuropsychological Society.

Harte, C., Lopez, M., & Hawkins, R. (2010). WAIS differential abilities and generalized anxiety disorder. Paper presented at the meeting of the Association for Psychological Science.

SERVICE AND ACTIVITIES

UT Austin Clinical Psychology Internship Seminar

UT Austin Psychology Department Dissertation or Thesis Committee Member

2003 – 2007	Marie Moerkbak (dissertation)
2005	Brent Kenney (thesis)
2006 – 2007	Seungsoo Ha (thesis)
2005 – 2007	Lisa Groesz (dissertation)
2006	Gladys Valdez (thesis)
2006 – 2007	Katie McCall (dissertation)
2009 – Present	Sandra Pahl (dissertation)

External Dissertation Committee Member

2008 – 2010	School of Nursing, The University of Texas at Austin Cherie Simpson
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Grant Reviewer

1993	National Institutes of Health, Behavioral Medicine Study Section, Special Reviewer.
1994 - 1996	National Institutes of Health, Community Prevention and Control Special Emphasis Panel, Special Reviewer.
1998 - 2001	Member, standing panel for discretionary grant competitions in the Office of Special Education Programs, United States Department of Education.
2005 - 2007	Member, Behavior and Social Science of Aging Review Committee, National Institute on Aging (NIA-S), National Institutes of Health.

2006 - 2009 American Psychological Association Dissertation Research Awards

Conference: Organizer

2005 - 2006 Association of Directors of Psychology Training Clinics, Austin, TX

Conferences: Program Committee

2005 - 2006 Association of Directors of Psychology Training Clinics, Austin, TX

2006 - 2007 Association of Directors of Psychology Training Clinics, Santa Barbara, CA

National Task Forces, Committees, and Elected Offices

- 1991 Delegate to the national working conference on Accreditation of Post-doctoral Training in Psychology
- 1990 - 1996 Member, American Psychological Association Division 38 Committee on Education and Training.
- 1993 - 1996 Chairperson, American Psychological Association Division 38 Committee for the Guide to Internships in Health Psychology.
- 1993 President, Association of Chicago-Area Training Centers in Professional Psychology.
- 1994 - 2000 Member, Accreditation Committee, American Association of Applied and Preventive Psychology.
- 1996 - 2000 Chairperson, American Psychological Association Division 38 (Health) Committee on Education and Training.
- 1997 Member, American Psychological Association Presidential Task Force on Older Adults
- 2000 - 2003 Chairperson, Membership Council, Society of Behavioral Medicine
- 2000 - 2003 Member, Committee on Aging (CONA), American Psychological Association
- 2003 - 2006 Chairperson, Fellows Committee, Society of Behavioral Medicine
- 2006 - 2007 Member, American Psychological Association Presidential Task Force on Integrative Health Care for an Aging Population
- 2008 - 2011 Executive Board, Division 38 Health Psychology, American Psychological Association (elected)

2011-2014 Executive Board, Division 38 Health Psychology, American Psychological Association (elected)

UT Austin Psychology Department Committees

2005 – 2007 Diversity Committee
 2009 - present Steering Committee
 2012 – present Graduate Student Diversity Committee

Rush Medical College and Rush University Committees

1983 - 1984 Rush University Graduate College Council
 Psychology Department Committee on Appointments and Promotions
 1984 - 1985 Psychology Department Advisory Committee
 Chairperson, Psychology Department Committee on Appointments and Promotions
 1986 - 1987 Task Force on Quality of Education, Rush University Graduate College
 1987 - 1990 Psychology Department Advisory Committee
 1990 - 1991 Chairperson, Psychology Department Advisory Committee
 1990-1993 Rush Medical College Committee on Affirmative Action
 1991 - 1993 Psychology Department Quality Assurance Committee
 1993 - 1996 Rush Medical College Committee on Student Judiciary Review
 1994 - 1995 Rush Medical College Committee on Student Evaluation and Promotion
 1995 - 1998 Rush Medical College Committee on Affirmative Action
 1996 - 1997 Psychology Department Advisory Committee
 1997 - 1998 Chairperson, Psychology Department Advisory Committee
 1998 - 1999 Rush Medical College Committee on Student Evaluation and Promotion
 1998 - 2001 Institutional Review Board (IRB), Rush Medical College and Rush University
 2000 - 2001 Psychology Department Advisory Committee

Journal Reviewer

1981 - 1984 *International Journal of Behavioral Geriatrics*
 1982 - 1983 *Education for Health*
 1983 - 1984 *Annals of Behavioral Science and Medical Education*
 1984 - 1985 *Journal of Gerontology*
 1985 - 1987 *The Gerontologist*
 1986 - 1987 *Psychology of Women Quarterly*
 1988 - 1989 *Journal of Applied Behavior Analysis*
 1988 - 1989 *Behavior Therapy*
 1990 - 1991 *Clinical Psychology Review*
 1995 - 1996 *Psychology and Aging*
 2007 - 2008 *Behavioral Sleep Medicine*

GRANT EXPERIENCE

- 1978 Principal Investigator. Stress management for the elderly. Research Division, Virginia Polytechnic Institute and State University Small Projects Grant Award, \$900. Supervised the funds.
- 1978 Principal Investigator. Training paraprofessionals and professionals to work with the elderly: Basic and advanced techniques. Title IA Community Services Continuing Education Program, \$14,222. Supervised the funds.
- 1979 Co-Principal Investigator (50% effort) with B.A. Benson. Controlling family violence: A training program for primary care givers. Title IA Community Services Continuing Education Program, \$30,577. Shared fund supervision.
- 1979 Principal Investigator. Training the clergy to work with elderly and their families: A program for prevention. Title IA Community Services Continuing Education Program, \$15,200. Supervised the funds.
- 1980 Principal Investigator. Parents and children in conflict: A training program for clergy. Title IA Community Services Continuing Education Program, \$24,214. Supervised the funds.
- 1980 Co-Principal Investigator (50% effort) with L.C. Mullins. An experimental study of the effects of a training program with nursing home nursing staff on attitudes toward elderly and dying patients. AARP Andrus Foundation, \$12,021. Shared supervision of funds with Dr. Mullins.
- 1985 Co-Investigator, 10% effort (J. LeSage, Principal Investigator). Learned helplessness experienced by elderly in long-term care: An operational definition. Retirement Research Foundation, \$24,849. Dr. LeSage supervised the funds.
- 1985 Principal Investigator. Stress, coping, and adaptation to chronic illness in hospitalized elderly: Predictors of treatment outcome. AARP Andrus Foundation, \$37,465. Supervised the funds.
- 1986 Co-Investigator, 10% effort (C. Reid, Principal Investigator). The efficacy of a group exercise program in a long-term care setting. American Nurses' Foundation, \$3,000. Dr. Reid supervised the funds.
- 1987 Co-Principal Investigator (50% effort) with K.H. Potempa. The effects of aerobic exercise training on physical function, mood, and cognition in stroke patients. Rush University Committee on Research, \$6,907. Shared fund supervision.

- 1991 Co-Investigator, 10% effort (B.R. Rybarczyk, Principal Investigator). Helping older patients cope with stressful medical procedures. AARP Andrus Foundation, \$75,000. Shared supervision of funds with Dr. Rybarczyk.
- 1990-95 Co-Principal Investigator (40% effort) with K.H. Potempa. Functional benefits of aerobic exercise training after stroke. National Center for Nursing Research, \$1.2 million. Dr. Potempa supervised the funds.
- 1999-01 Co-Principal Investigator (50% effort) with B.R. Rybarczyk. Evaluating behavioral treatments for geriatric insomnia: Two approaches for primary care. AARP Andrus Foundation, \$100,000 (\$50,000 per academic year, shared supervision of the funds with Dr. Rybarczyk).
- 2000-04 Co-Principal Investigator (30% effort) with B. R. Rybarczyk. Behavioral treatments for co-morbid geriatric insomnia. National Institute on Aging, \$747,000. Dr. Rybarczyk supervised the funds.
- 2003-06 Co-Investigator, 10% effort (P. Carter, Principal Investigator). Development of a caregiver sleep intervention. National Institute of Mental Health, \$500,000. Dr. Carter supervised the funds.
- 2009-2011 Consultant. (N. Choi, Principal Investigator). Telehealth PST for depressed homebound older adults. National Institute of Mental Health, \$680,000.