



What's Your "Bi-Q"?

Q: So what exactly is a Bisexual?

A: A Bisexual is someone who is sexually and emotionally attracted to men or women (and some would say to all genders).

Q: So they're equally interested in men and women?

A: Not necessarily. Some are, some aren't. Some say they're attracted to men and women in different ways, others say gender just isn't relevant to who they're interested in.

Q: Aren't people really either heterosexual or homosexual?

A: No. It's well recognized in medical and psychological circles that bisexuality is a very real and genuine sexuality. There are plenty of Bisexuals around who can tell you that.

Q: Isn't it just a phase?

A: No more than being heterosexual or homosexual.

Q: But isn't it a transition to being lesbian or gay?

A: Maybe for some people. Some lesbians or gay men "come out" as Bisexual first, but most Bisexuals remain bisexual for the rest of their lives.

Q: So why aren't Bisexuals more visible?

A: Well, no-one walks around with "Bisexual" stamped on their foreheads. It's very easy to miss them. If you see 2 people of the same gender kissing, you don't think to ask if they might be bisexual. And they might be. Similarly, if you see a man and a woman kissing, either of them might be bisexual, too.

Also, there's a real lack of information about bisexuality in our libraries and the media. And there are very few organizations that specifically address Bisexual issues.