



Bisexuality Frequently Asked Questions

Q: So what exactly is a Bisexual?

A: A Bisexual is someone who is sexually and emotionally attracted to people of both genders.

Q: So they're equally interested in men and women?

A: Not necessarily. Some are, some aren't. Some say they're attracted to men and women in different ways, others say gender just isn't relevant to who they're interested in.

Q: Doesn't being interested in both genders mean they're only half as interested in either?

A: Most Bisexuals will probably say that when they're interested in someone, they're interested in them 100%. Just like you or I.

Q: Aren't people really either heterosexual or homosexual?

A: No. It's well recognized in medical and psychological circles that bisexuality is a very real and genuine sexuality. But anyway, there are plenty of Bisexuals around who can tell you that.

Q: Isn't it just a phase?

A: No more than being heterosexual or homosexual is.

Q: But isn't it a transition to being lesbian or gay?

A: Maybe for some people. Some lesbians or gay men "come out" as Bisexual first, but most Bisexuals remain bisexual for the rest of their lives.

Q: But surely they're just confused, they haven't made up their minds yet?

A: Don't make the mistake of assuming there are only 2 options to choose from. Bisexuality is an option in it's own right. A lack of information about Bisexuality is probably the cause of most confusion a bisexual might feel.

Q: Doesn't the term "Lesbian & Gay" include "Bisexual" as well?

A: That's a hot issue for some people. Some people think so, but there are plenty (bisexual and otherwise) who disagree. Lesbians fought for the right to be explicitly named, because they felt invisible. That battle is still going on for Bisexuals.

Q: So why aren't the Bisexuals more visible?

A: Well, no-one walks around with "Bisexual" stamped on their foreheads. It's very easy to miss them. If you see 2 people of the same gender kissing, you don't think to ask if they might be bisexual. And they might be. Similarly, if you see a man and a woman kissing, either of them might be bisexual, too.

Also, there's a real lack of information about bisexuality in our libraries and the media. And there are very few organizations that specifically address Bisexual issues. Some bisexual people have felt as if no-one knows they even exist.

Q: Haven't Bisexuals received a lot of publicity for spreading AIDS?

A: Bisexuals have been targeted as scapegoats by people who think of AIDS as being a "Gay disease". Bisexuals are thought to be a "bridge" group between the heterosexual and homosexual communities. One thing spreads AIDS: taking someone else's bodily fluids (like blood or semen) into your body. The AIDS virus neither knows nor cares what your sexuality is. Safe sex will go a long way towards helping stop the spread of AIDS, and everyone - bisexual, straight, or whatever - needs to pay attention to that.

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