



WORK/LIFE SERVICES & EMPLOYEE ASSISTANCE
PROGRAM (EAP) PRESENTS:

Tools for Managing Distress and Disruption in the Workplace

WHEN TO CONSULT WITH EAP

Facilitated by

Rita Handrich, Ph.D., Psychologist, EAP Counselor

Personal challenges occur in all our lives: divorce, family issues, illness, depression, stress, and sometimes serious mental illness. As a manager, you may find that employees with these concerns are distracted or openly distressed at work. This three-hour training will provide information and in-class training on managing these difficult situations that impact the entire workgroup.

Tuesday, August 4, 2009

9:00 a.m. to Noon

North Office Building A, 4.106A

Registration Required

For registration enroll at: <https://utdirect.utexas.edu/tclass/index.WBX> Group PN 610

For information: eap@austin.utexas.edu or 512-471-3366

Work/Life Services & EAP

Providing personal counseling and manager consultations to identify work/life challenges facing university faculty and staff and to implement strategies and interventions to address those challenges.

<http://www.utexas.edu/hr/eap>

512-471-3366

Please post in your department/where appropriate