



## **Videoconference Interviewing Tips**

- **Speak up if you're experiencing any difficulty with sound, delays, or picture. This is not a time to suffer in silence. It will not be held against you if the technology is not working in your favor.**
- **Dress conservatively in solid colors. Keep distractions like jewelry to a minimum. Choose soft, neutral shades rather than black and white, which are too extreme on camera. Various shades of blue work well. Watch TV presenters and newscasters for other ideas about camera-ready clothes.**
- **Look at the camera full-face, as though you were presenting the news. Talk to the camera as you would any person interviewing you – be conversational, maintain eye contact and smile.**
- **Keep your movements limited. Hand gestures will be magnified on the screen. While arms waving about can be distracting, you don't want to look stiff either. Use small, smooth movements when gesturing.**
- **At the same time, forget about the camera and the technology. Focus on your purpose and presentation. You want the attention and concentration to be on you and what you are saying.**
- **You have the option to see or hide yourself with picture in picture (PIP).**
- **Treat any interruptions during the interview (physical or technical) with the same courtesies just as if you are in a face to face interview**

*Some tips from Monster Interview Center taken from the article "Smile, You're on Camera – Videoconferencing Interviews", by Carole Martin, Monster Contributing Writer*