

The University of Texas at Austin



LONGHORN AQUATICS

**2007 Longhorn Aquatics Jingle Bell Splash
December 15-16, 2007**

Welcome: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our December open unclassified short-course meet. This meet will be conducted in two indoor 25 yard courses, using a Colorado Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

Location: The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Schedule:

Saturday	Warm-up	9:00 AM
	Start	10:00 AM
Sunday	Warm-up	8:00 AM
	Start	9:00 AM

Sanctions: This meet is sanctioned by South Texas Swimming and 2007 rules apply. All swimmers must be registered for 2007 or 2008 with USA Swimming.

Entry Deadline: Entries must be received by **Monday, December 3, 2007 at 6 PM**. Entry fees must be received by Friday, December 7.

Qualifying Times: There are no qualifying times. Although athletes may enter the meet with NT, we would encourage you to estimate a SCY time. Please do NOT convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

Meet Format: All events are timed finals, swum in two short course pools, seeded by time and gender only. Age groups will be combined. All events will swim fastest to slowest. We reserve the right to split the sessions to accommodate the number of entries if needed to stay within the four hour rule. If there are schedule changes, notification will be made as soon as possible after entry deadline.

We also reserve the right to cap the number of swimmers entered in each session in order to stay within the four hour rule. Swimmers will be entered in the order entries are received.

Sanctions: This meet is sanctioned by South Texas Swimming and 2007 rules apply. All swimmers must be registered as athletes for 2007 or 2008 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if the meet director is contacted by Angella Woodward, the South Texas Executive Secretary for verification of registration.

Check-in: Positive check-in is required for the 400 IM and 500 free. Check-in sheets will be available at clerk of course approximately 2 hours before the event will swim and will close one hour before the event should swim. Events number 41 and 43 and 42 and 44 (400IM) may be combined.

Swimmers that check-in for an event and fail to swim will be fined \$25 payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent TXLA meets at the Swim Center) until the fines are paid.

Entries: Swimmers may enter a maximum of 5 individual events per day. The age of the swimmer will be his/her age on December 15, 2007. Enter all events with previous best times achieved in short course yards.

Entries must be emailed to Dorothy Palmore at palmore@swbell.net. If you don't receive an email confirmation, your entries were not received. You do not need to mail a hard copy of what you emailed.

Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek. They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.

Teams with five or more swimmers entered in the meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software. Include the Hy-Tek entry file and a Word document of the entries **by swimmer** with each entry file, including any subsequent revisions. It is not necessary to include a hard copy of your entries with your check.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: **\$7.50 per individual event.** This includes the South Texas Swimming splash fee of \$1.25 per splash. Entry fees must be received by Friday, **December 7**. Please include an entry fee report with your check.

Make checks payable to **The University of Texas at Austin** and mail to:

Meet Director—Jingle Bell Splash
Dorothy Palmore
11109 Miramar Dr.
Austin, TX 78726

Deck Entries: Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter the next sessions' events after deck entries close for the current session.

The deck entry fee is \$15.00 per event. **Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter. No exceptions.**

Awards: Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 8 and under, 9, 10, 11 and 12. No other awards will be given.

Officials: Help from visiting officials is always welcome. Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Linda Ballo swimtrojan@sbcglobal.net

Timers: We will fill as many lanes as possible with TXLA parents but we almost always fall a little short. Please help us out by responding to a call for timers.

Special Needs: Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

Deck Access: Only USA Swimming registered athletes entered in the meet, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

Meet Referee: Linda Ballo
512-733-1391
swimtrojan@sbcglobal.net

Head Coach: Randy Reese
512-471-7703

Meet Director: Dorothy Palmore
512-918-1889
palmore@swbell.net

Order of Events

Saturday, December 15, 2007

Girls	Event Description	Boys
1	13 and Over 200 yd Freestyle	2
3	12 and Under 200 yd Freestyle	4
5	11 and Over 200 yd IM	6
7	10 and Under 100 yd IM	8
9	Open 100 yd Breaststroke	10
11	Open 50 yd Freestyle	12
13	11 and Over 200 yd Backstroke	14
15	Open 100 yd Butterfly	16
17	Open 50 yd Backstroke	18
19	11/12 500 yd Freestyle *	20
21	13 and Over 500 yd freestyle *	22

* Positive check-in Required. Check in will begin 2 hours before the event is scheduled and swimmers will have one hour to check in. A penalty of \$25 will apply for those swimmers who check in and fail to show. Swimmers will not be allowed to compete at the Swim Center until penalty is paid.

* Swimmers must provide their own timers and counters.

Sunday, December 16, 2007

Girls	Event Description	Boys
23	13 and Over 100 yd Freestyle	24
25	12 and Under 100 yd Freestyle	26
27	11 and Over 200 yd Breaststroke	28
29	Open 50 yd Breaststroke	30
31	Open 100 yd Backstroke	32
33	Open 50 yd Freestyle	34
35	11 and Over 200 yd Butterfly	36
37	Open 50 yd Fly	38
39	10 and Under 200 yd IM	40
41	11/12 400 yd IM **	42
43	13 and Over 400 yd IM**	44

** Positive check-in Required. Check in will begin 2 hours before the event is scheduled and swimmers will have one hour to check in. A penalty of \$25 will apply for those swimmers who check in and fail to show. Swimmers will not be allowed to compete at the Swim Center until penalty is paid.

**Swimmers must provide their own timers

- Liability:** USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.
- Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.**
- Parking:** Friday – C lot 80 in front of the swim center is open because school is not in session. Basketball season is in full swing so parking will be restricted on Saturday and Sunday. You should check our website as we get closer to the meet for specific parking information – www.utexas.edu/longhornaquatics
- Concessions:** O's Campus Café is now the new Texas Swim Center concessionaire! O's is a unique concept in campus food service that is found across the UT Austin campus. They offer healthy options, as well as some traditional items on their extensive menu. For more information please visit their website: www.oscampuscafe.com

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(e) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace Lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
 - d. There will be no diving in the general warm-up lanes. Circle swimming only.
 - e. No kick boards, pull buoys, or hand paddles may be used.
3. Safety Guidelines
- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

The University of Texas at Austin
Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics
1900 Robert Dedman Dr.
Austin, Texas 78712-0363

2007-2008 Sponsor Hotels

Radisson Hotel & Suites on Town Lake

111 Cesar Chavez
Austin TX 78701



Contact: Emily Hastings
(512) 478-9611

ehastings@radissonaustin.com

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of T.G.I. Fridays restaurant

Holiday Inn Town Lake

20 N IH-35
Austin, TX 78701



Contact: Divya Siaghal
(512) 634-1274

dsaighal@pacificahost.com

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking

Hampton Inn & Suites Downtown

200 San Jacinto
Austin, Texas 78701



Contact: Carrie Bond (512) 744-0825

cbondvalencia@aol.com

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center

Hampton Inn and Suites Airport

7712 E Riverside Drive, Austin, TX 78744

Contact: Cynthia Garcia (512) 356-6602

cynthia_garcia@hilton.com

DoubleTree Club Hotel

1617 N IH-35
Austin, Texas 78702



Contact: RaDell Gibbs
(512) 479-4000 ext. 7020

radell_gibbs@hilton.com

Located just east of the Texas Swim Center (across I-35), free parking, complimentary high speed internet access, warm chocolate chip cookie at check-in

Embassy Suites

North - 5901 North I-35



Contact: Kris Paulson (512) 454-8004 ext. 7025

www.embassysuitesaustinnorth.com

Downtown – 300 South Congress Ave

Contact: Craig Harms (512) 617-2574

www.austindowntown.embassysuites.com

Hyatt Place

7522 North I-35
Austin, TX 78752



Contact: Amber Lamb (group reservations)
(512) 323-2121 Ext. 1607

Individual Reservations: (512) 323-2121

www.hyatt-place.com

Drury Hotels of Austin North

6711 North I-35



Contact: Natalie Miller (10+ rooms)
(800) 436-1170

natalie.miller@druryhotels.com

Individual Reservations: (800) 378-7946

www.druryhotels.com/properties/austinnorth.cfm

