

The University of Texas at Austin**LONGHORN AQUATICS****2007 Longhorn Aquatics November Unclassified
November 16-18, 2007**

Welcome: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our November Unclassified. This meet is open to all swimmers and will be conducted in two indoor 25 yard courses, using a Colorado Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

Location: The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Schedule: The meet will be split into morning and afternoon sessions based on age. Our goal will be to make both the morning and afternoon sessions equal in length. 12 & under swimmers will swim in the morning session. 13 & over swimmers will swim in the afternoon. However we reserve the right to split the sessions differently to keep them about the same size.

Friday	All Swimmers	Warm-up Start	5:00 PM 5:45 PM
Saturday	12 & Under	Warm-up Start	9:00 AM 10:00 AM
	13 & Over	Warm-up Start:	2:00 PM * 3:00 PM *
Sunday	12 & Under	Warm-up Start	8:00 AM 9:00 AM
	13 & Over	Warm-up Start	1:00 PM * 2:00 PM *

* These are estimated times. The warm-up for the afternoon session will begin immediately after the morning session and the afternoon session will start one hour after warm-up begins. The diving well will be available for warm-up before the end of the morning session.

Qualifying Times: There are no qualifying times. Although athletes may enter the meet with NT, we would encourage you to estimate a SCY time. Please do NOT convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

Sanctions: This meet is sanctioned by South Texas Swimming and 2007 rules apply. All swimmers must be registered as athletes for 2007 or 2008 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if the meet director is contacted by Angella Woodward, the South Texas Executive Secretary.

Meet Format: All events are timed finals, swum in two short course pools, seeded by time and gender only. Age groups will be combined. All events will swim fastest to slowest.

On Friday, swimmers must provide their own counter for the 500 Free. Timers will be provided. This event will be pre-seeded – no positive check-in is required.

Check-in for the 400 IM and the mile will be available 2 hours before the events are scheduled to be swum and due 1 hour later. These times will be announced and posted on deck on the day of the event.

The 400 IM requires positive check-in. We may combine events 11/13 and 12/14. Timers will be provided.

On Sunday afternoon, we will run 2 heats of girls and 2 heats of boys for the mile (first come, first serve). We will keep a list of alternates to fill the heats if the first 16 fail to check-in. Swimmers in the mile must provide their own timers and counters.

We reserve the right to cap the number of swimmers entered in the meet to stay within the four hour rule. Swimmers will be entered in the order entries are received.

Check-in: Positive check-in is required for the 400 IM and 1650 Free. Check-in for the 400 IM and the mile will be available 2 hours before the events are scheduled to be swum and due 1 hour later. These times will be announced and posted on deck on the day of the event.

Swimmers that check-in for an event and fail to swim will be fined \$25 payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent TXLA meets at the Swim Center) until the fines are paid.

Entry Deadline: Monday November 5, 2007 at 6 PM.

Entries: Swimmers may enter a maximum of 5 individual events per day. The age of the swimmer will be his/her age on November 16, 2007. Enter all events with previous best times achieved in short course yards. Although athletes may enter the meet with NT, we would encourage you to estimate a SCY time. Please do NOT convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

All teams with five or more swimmers entered in the meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software.

Email entries to Debbie Norval at anorval@austin.rr.com. When you email the entries, also attach a Word document of the entries **by swimmer**. If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Entry fees must be received by Friday, November 9. Please include the meet entry fees report with your check. You do NOT have to send a copy of the entries that you emailed.

No paper, phone, or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: \$7.50 per individual event. This includes the South Texas Swimming splash fee of \$1.25 per splash. One submit check per team location please.

Make checks payable to **"The University of Texas at Austin"** and
 Mail to: Entry Chair—November Unclassified
 Debbie Norval
 2808 Montebello Road # 7
 Austin, TX 78746

Deck Entries: Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter the next days events after deck entries close for the current session.

The deck entry fee is \$15.00 per event. **Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter.**

Awards: Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 8 and under, 9, 10, 11 and 12. No other awards will be given.

Meet Referee:
 Frank Swigon
fswigon@yahoo.com
 210-497-1086

Meet Director:
 Christie Binkley
christie.binkley@austin.utexas.edu
 512-471-7433

Entry Chair:
 Debbie Norval
anorval@austin.rr.com
 512-329-9110

Head Coach:
 Randy Reese
Jaxx16@aol.com
 512-431-1037

Order of Events

Friday, November 16, 2007

Session 1 Friday night – All swimmers

Girls	Event	Boys
1	500 Free (a)	2
3	50 Fly	4
5	50 Free	6
7	50 Breast	8
9	50 Back	10
11	12 & under 400 IM (b)	12
13	13 & over 400 IM (b)	14

(a) Swimmers must provide their own counter. Timers will be provided. This event will be pre-seeded – no positive check-in is required.

(b) The 400 IM requires positive check-in. Check-in for the 400 IM will be available 2 hours before the events are scheduled to be swum and due 1 hour later. These times will be announced and posted on deck on the day of the event. Swimmers that check-in and fail to swim will be fined. We may combine events 11/13 and 12/14. Timers will be provided.

Saturday, November 17, 2007**Session 2 12 & under**

Girls	Event	Boys
15	200 Breast	16
17	100 Back	18
19	50 Fly	20
21	200 IM	22
23	50 Breast	24
25	100 Free	26
27	200 Fly	28

Session 3 13 & Over

Girls	Event	Boys
29	200 Breast	30
31	100 Back	32
33	50 Fly	34
35	200 IM	36
37	50 Breast	38
39	100 Free	40
41	200 Fly	42

Sunday, November 18, 2007**Session 4 12 & under**

Girls	Event	Boys
43	50 Free	44
45	200 Back	46
47	100 Breast	48
49	50 Back	50
51	200 Free	52
53	100 IM	54
55	100 Fly	56

Session 5 13 & Over

Girls	Event	Boys
57	50 Free	58
59	200 Back	60
61	100 Breast	62
63	50 Back	64
65	200 Free	66
67	100 IM	68
69	100 Fly	70
71	13 & over 1650 Free (a)	72

(a) We will run 2 heats of girls and 2 heats of boys. Positive Check-in is required. Swimmers that check-in and fail to swim will be fined. Swimmers must provide their own timers and counters.

Officials: Help from visiting officials is always welcome. Visiting officials are asked to email the meet referee.

Timers: We will fill as many timer slots as possible with TXLA parents, but we almost always fall a little short. Please help us keep the meet running smoothly by promptly responding to a call for timers.

Deck Access: Only USA Swimming registered athletes **entered in this meet**, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

Special Needs: Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105 of the USA Swimming Rules and Regulations.

Liability: USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

Parking: After 5:45 PM on weekdays and all day Saturday and Sunday parking is open on a space available basis on the surface lots surrounding the Swim Center. Please read all signs carefully as some spaces are reserved "At All Times." Parking in these spaces will likely result in a parking citation. For more information, check the Parking and Transportation web site at <http://www.utexas.edu/parking/> or call the TSC Front Desk at 512-471-7703.

The University of Texas at Austin
Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics
1900 Robert Dedman Dr.
Austin, Texas 78712-0363

2007-2008 Sponsor Hotels

Radisson Hotel & Suites on Town Lake

111 Cesar Chavez
Austin TX 78701



Contact: Emily Hastings
(512) 478-9611

ehastings@radissonaustin.com

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of T.G.I. Fridavs restaurant

Holiday Inn Town Lake

20 N IH-35
Austin, TX 78701



Contact: Divya Siaghal
(512) 634-1274

dsaighal@pacificahost.com

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking

Hampton Inn & Suites Downtown

200 San Jacinto
Austin, Texas 78701



Contact: Carrie Bond (512) 744-0825
cbondvalencia@aol.com

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center

Hampton Inn and Suites Airport

7712 E Riverside Drive, Austin, TX 78744

Contact: Cynthia Garcia (512) 356-6602
cynthia_garcia@hilton.com

DoubleTree Club Hotel

1617 N IH-35
Austin, Texas 78702



Contact: RaDell Gibbs
(512) 479-4000 ext. 7020
radell_gibbs@hitlton.com

Located just east of the Texas Swim Center (across I-35), free parking, complimentary high speed internet access, warm chocolate chip cookie at check-in

Embassy Suites

North - 5901 North I-35



Contact: Kris Paulson (512) 454-8004 ext. 7025
www.embassysuitesaustinnorth.com

Downtown – 300 South Congress Ave

Contact: Craig Harms (512) 617-2574

www.austindowntown.embassysuites.com

Hyatt Place

7522 North I-35
Austin, TX 78752



Contact: Amber Lamb (group reservations)
(512) 323-2121 Ext. 1607

Individual Reservations: (512) 323-2121

www.hyatt-place.com

Drury Hotels of Austin North

6711 North I-35



Contact: Natalie Miller (10+ rooms)
(800) 436-1170

natalie.miller@druryhotels.com

Individual Reservations: (800) 378-7946

www.druryhotels.com/properties/austinnorth.cfm

**SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures**

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

POOL	LANE USE		
	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures

Revised 29SEP03

Concessions: O's Campus Café is now the new Texas Swim Center concessionaire! O's is a unique concept in campus food service that is found across the UT Austin campus. They offer healthy options, as well as some traditional items on their extensive menu. For more information please visit their website: www.oscampuscafe.com.