

*The University of Texas at Austin*



## LONGHORN AQUATICS

### 2008 Speedo Champions Series USA Swimming Long Course Sectional July 16 -- 19, 2008

**Entry deadline – midnight, Sunday, July 6**

- Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in the Speedo Champions Series USA Swimming Long Course Sectional. The meet will be conducted in one indoor 50 meter course using Daktronics Timing Systems and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.
- Location:** The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.
- Sanctions:** This meet is sanctioned by South Texas Swimming and 2008 USA Swimming rules apply. All swimmers must be registered as athletes for 2008 with USA Swimming by the entry deadline.
- Eligibility:** This meet is open to swimmers registered for 2008 with USA Swimming in LSCs in Texas and Louisiana.
- Schedule:**
- |                 |   |   |                                |
|-----------------|---|---|--------------------------------|
| Tues., July 15  | General Meeting 6:30 PM<br>Registration 7:00 – 9:00 PM (across from the store)<br>General warm-up 7:00 – 10:00 PM |   |                                |
| Wed., July 16   | Registration<br>Prelims<br>Finals   | 6:30 AM (at the Swim Center entry desk)<br>Warm-up 7:00 - 8:45 AM<br>Warm-up 4:30 - 5:45 PM | Start 9:00 AM<br>Start 6:00 PM |
| Thurs., July 17 | Prelims<br>Finals   | Warm-up 7:00 - 8:45 AM<br>Warm-up 4:30 - 5:45 PM  | Start 9:00 AM<br>Start 6:00 PM |
| Fri., July 18   | Prelims<br>Finals   | Warm-up 7:00 - 8:45 AM<br>Warm-up 4:30 - 5:45 PM  | Start 9:00 AM<br>Start 6:00 PM |
| Sat., July 19   | Prelims<br>Finals   | Warm-up 7:00 - 8:45 AM<br>Warm-up 3:30 - 4:45 PM  | Start 9:00 AM<br>Start 5:00 PM |

These times may be adjusted to accommodate an unusually large or small meet.

- Liability:** USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.



**Preliminary Order of Events \*****Wednesday, July 16, 2008**

Prelims: 7:00 AM warm-up/ 9:00 AM start    Finals: 4:30 PM warm-up/ 6:00 PM start

Women's #	Event	Men's #
1	100 Freestyle	2
3	100 Breaststroke	4
5	200 Backstroke	6
7	800 Freestyle (1)	8

**Thursday, July 17, 2008**

Prelims: 7:00 AM warm-up/ 9:00 AM start    Finals: 4:30 PM warm-up/ 6:00 PM start

Women's #	Event	Men's #
9	200 Freestyle	10
11	400 Individual Medley (2)	12
13	800 Freestyle Relay	14

**Friday, July 18, 2008**

Prelims: 7:00 AM warm-up/ 9:00 AM start    Finals: 4:30 PM warm-up/ 6:00 PM start

Women's #	Event	Men's #
15	100 Backstroke	16
17	200 Breaststroke	18
19	100 Butterfly	20
21	400 Freestyle (2)	22
23	400 Freestyle Relay	24

**Saturday, July 19, 2008**

Prelims: 7:00 AM warm-up/ 9:00 AM start    Finals: 3:30 PM warm-up/ 5:00 PM start

Women's #	Event	Men's #
25	200 Individual Medley	26
27	200 Butterfly	29
30	50 Freestyle	31
33	400 Medley Relay	34
28	1500 Freestyle (1)	32

**NOTES:**

- \* Finals will swim in event number order.
- 1. Deck seeded. Timed final. Fastest to slowest, alternating women and men. Swimmers must provide their own timers & counters in prelims.
- 2. Alternating heats of women and men.



**General Meeting:**

There will be a general meeting on **Tuesday, July 15 at 6:30 PM**. All swimmers must be represented at this meeting. The location will be emailed to the entry contact a few days prior to the meeting and will be posted at the Swim Center on Tuesday. Any change in the format of the meet will be decided at this meeting. It is each swimmer and coach's responsibility to be aware of any changes made during this meeting.

The pool will be open for general warm-up on Tuesday evening following the meeting from 7:00 – 10:00 PM.

**Registration:** All meet personnel, coaches, officials and participating athletes will be issued credential tags. Only persons with credential tags will be allowed access to the deck. Team photographers will not receive credential tags. Media personnel should contact the meet director about credentials.

Coaches or a named team representative may pick up their team's credential tags at the registration desk across from the store on Tuesday, July 15 from 7 -- 9 PM or at the Swim Center entry desk on Wednesday, July 16 beginning at 6:30 AM. Credential tags not picked up at these times will be available at the Swim Center entry desk. Replacement credential tags will be available at a cost of \$15. Coaches attending the meet without a team may purchase credential tags for \$50, payable to The University of Texas. Coaches must present their 2008 USA Registration, with current certifications, to receive credential tags.

**Meet Format:** This is a prelim/finals meet with A, B, C and D finals for events of 200 meters or less. There will be 3 heats in finals for the 400 free and 400 IM. The 800 and 1500 free and all relays are timed finals.

Preliminary events will swim fastest to slowest. Finals will swim slowest to fastest. There will be a 10 minute break before the relays.

The Meet Referee and Meet Director reserve the right to conduct chase starts from both ends of the pool and/or conduct fly-over starts based on the number of entries and projected timeline. In addition, if there are a large number of heats of the 800 and/or 1500, the Meet Referee and Meet Director reserve the right to split these distance events over more than one session.

**Qualifying Times:**

Qualifying times are the Texas Senior Circuit (TSC) B standards. These time standards can be found at <http://www.texasseniorcircuitswimming.org>. Qualifying times must have been earned since July 14, 2006. If your qualifying time is in yards, you must enter in yards.

Swimmers with one TSC automatic cut (in yards or meters) may enter any event other than the 800 and 1500 free. Even swimmers with an automatic cut must qualify with a B time to swim the 800 and/or 1500 free. Swimmers must enter an event that qualifies them for automatic status. If the automatic cut was earned in yards, you must enter in yards.

Swimmers without an automatic cut must qualify with a TSC B cut for all events entered except for bonus entries.

A swimmer with a B cut in the 800 (and no qualifying time in the 1500) may enter the 1500 at the LCM cut. This entry in the 1500 is not a bonus event. A swimmer with a B cut in the 1500 (and no qualifying time in the 800) may enter the 800 at the LCM cut. This entry in the 800 is not a bonus event. A swimmer that enters either the 800 or 1500 at the LCM cut under these rules, must provide proof of time for the qualifying event with their original entries.

**Bonus Events:** Swimmers that qualified and entered 1, 2 or 3 events with a B cut may enter 1 bonus event. A bonus event is any event 200 meters or less. Swimmers that qualified and entered 4, 5 or 6 events with a B cut may enter 2 bonus events. Only swimmers that have qualified and entered either the 800 or 1500 may enter the 400 as one of their bonus events. Swimmers may not enter the 800 or 1500 as bonus events. You may not enter a bonus event with a NT.



**Seeding:** Non-conforming times will be seeded last – LCM times first then SCM then SCY then bonus events. The fastest 3 heats in prelims will be circle seeded.

**Scratch Rule:** **There are penalties if you qualify, fail to scratch and fail to swim in finals. On Thursday, Friday and Saturday there are penalties if you fail to scratch and fail to swim in prelims.**

The scratch box will be located at clerk of course.

**Prelims** – Prelim sessions will be seeded the evening before. You must scratch by 6:00 PM any event you will not swim the next day. If you do not scratch and do not swim in a preliminary event there is a fine of \$30. Athletes will be barred from all competition (individual or relay, at this or future meets at the Swim Center) until fines are paid. Fines will NOT be imposed for Wednesday's prelim events. Fines are payable to the University of Texas.

**Finals** -- Swimmers qualifying for finals have 30 minutes after the announcement of preliminary results to either scratch or declare their intent to scratch. Swimmers that timely indicate an intent to scratch must declare their final intention within 30 minutes following their last individual preliminary event. Any swimmer who successfully completed an event in prelims may be moved into finals due to scratches. Therefore any swimmer who will not be present at finals, must scratch to avoid any penalty.

Any *finalist* (this does not include an alternate) who fails to scratch and fails to report to the starting block for finals, is subject to a \$30 penalty. Athletes will be barred from competition (at this or future meets at the Swim Center) until fines are paid. Fines are payable to the University of Texas.

**800/1500 Free:** The 800 and 1500 will be deck seeded and require positive check-in. Check-in sheets will be posted approximately 2 hours before the event will swim and will be open for one hour. The fastest heat electing to swim in finals, will swim at night in finals. Prelim heats will swim fastest to slowest, alternating heats of women and men. During prelims, swimmers must provide their own timers and counters.

**Relays:** All relays are timed finals. Teams are not limited on the number of relays. Relay swimmers must be qualified and entered in an individual event. The fastest 2 heats of relays will swim at night.

Relays will be deck seeded. Relay cards for morning swims are due by 11 AM. Cards not received on time will be considered scratches. Relay cards for evening swims are due by 6 PM. On Saturday you can elect to swim your relays in the morning, this election must be made by 6 PM on Friday.

**Entry**

**Deadline:** Entries must be completed in USA Swimming's Online Meet Entry system by midnight, Sunday, July 6<sup>th</sup>. No late entries will be accepted (see exception for 1<sup>st</sup> time cut).

Swimmers that make a cut (**for the first time**) between the entry deadline and Sunday, July 13 may email their entry to [anorval@austin.rr.com](mailto:anorval@austin.rr.com) by midnight, Sunday, July 13. Please include the team, team abbreviation, LSC, the swimmer's full name (as registered with USA Swimming), USA ID, event number and description, entry time and the website where times may be proved.

**Entries:** Swimmers may enter a maximum of 3 individual events per day. Teams are not limited on the number of relays. Swimmers must enter at their best time. If you earned the qualifying time in yards, you must enter in yards. Do not convert times. Do not enter at the LCM cut. You may not enter any event with a NT.

No paper, phone or fax entries will be accepted.



We will be using USA Swimming's Online Meet Entry (OME) system for this meet. The entry period is June 1 – July 6, 2008. OME is available at [www.usaswimming.org/ome](http://www.usaswimming.org/ome). For help with on-line entries, please contact Susan Woessner at USA Swimming at (719) 332-0184.

A Hy-Tek event file will be available ([www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics)) so you can print eligibility reports. DO NOT send entries using this file.

OME checks for 2008 USA registration for coaches and athletes and provides qualifying times directly from the SWIMS database. Your entry saves in the system as you move from step to step. You can complete the entry in more than one sitting if necessary. You can modify your entry on line up until the time you check-out and pay for the entries. At that point, you cannot delete or modify an entry.

OME accepts Visa, Mastercard, American Express, and Discover. In the unusual circumstance that you are unable to pay using a credit card, please contact the meet director for other options before the entry deadline. No late entries will be accepted.

Please be careful with bonus entries. Incorrect entries in bonus events will not be refunded. You cannot enter any event with a NT.

- **Swimmers with an automatic cut** may enter any event (other than the 800 and 1500). In OME, first enter the event that qualifies you for automatic status. If you have an automatic cut in yards, you must enter in yards. For your other entries (if you don't meet the qualifying time) use the override feature to enter the event. Enter with a time that can be proved in SWIMS. Do not enter these events as "bonus" events.
- **If you qualify for the 800 but not the 1500**, and want to swim the 1500, use the override feature to enter the event. Do not enter the event as a "bonus".
- **If you qualify for the 1500 but not the 800**, and want to swim the 800, use the override feature to enter the event. Do not enter the event as a "bonus".
- **The 400 IM or 400 free** can only be a bonus event for swimmers with qualifying times in the 800 or 1500.

**Entry Fees:** \$10.00 per individual event; \$20.00 for each relay. This includes the South Texas Swimming splash fee of \$1.25 per splash.

**Deck Entries:** Swimmers must meet the qualifying times and entry rules. Deck entries fees are \$15 for each individual event and \$25 for each relay.

Entry forms will be available at clerk of course. **Swimmers not previously entered in the meet must present their 2008 USA Swimming registration card at Clerk of Course to deck enter – no exceptions. Swimmers must supply proof-of-time in hard copy form.**

Deck entries will be accepted for the current session beginning at the start of warm-up and close 45 minutes before the start of the session. Swimmers will be entered in empty lanes. Additional heats may be added at the discretion of the Meet Referee depending on the timeline each day.

After the current session begins, deck entries will be accepted for the next day's events. Entries received by 6:00 PM, will be seeded in the next day's event.

**Time Trials:** Time Trials will be conducted 15 minutes following prelims Wednesday through Friday *time permitting*. Swimmers must be entered in the meet to time trial. Time trial events count toward the daily entry limit of 3 individual events. The order of events each day will be at the discretion of the Meet Referee. Entries will be accepted until 11:00 AM each day. Entry fees are \$20 per individual event and \$30 per relay. Entry fees include the South Texas Swimming splash fee of \$1.25.

Swimmers must provide their own timers and counters.



**Meet Results:** For real time meet results, go to [www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics). Final meet results, including time trial results, will be posted on the Longhorn Aquatics website, [www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics) and on the South Texas Swimming website, [www.stswim.org](http://www.stswim.org).

**Scoring:** Individual Events: 1<sup>st</sup> -- 8<sup>th</sup> place 20, 17, 16, 15, 14, 13, 12, 11  
9<sup>th</sup> -- 16<sup>th</sup> place 9, 7, 6, 5, 4, 3, 2, 1

Relay points are double.

**Awards:** A banner will be awarded to the 1<sup>st</sup> through 10<sup>th</sup> place teams.

A meet t-shirt will be awarded to each swimmer achieving a national cut at this meet. Athletes may only receive one t-shirt. A meet cap will be awarded to each swimmer achieving an automatic cut at this meet. Athletes may only receive one cap.

**Tickets:** Spectators must enter through the main entrance of the Swim Center. Only swimmers, coaches, officials and volunteers may enter on the lower level. Tickets will be sold for the finals sessions. The spectator seating area can accommodate approximately 2000 occupants. Ticket sales will be on a first come/first serve basis. Ticket prices are as follows:

All 4 finals sessions: \$20 – adult/ \$10 children (3 – 12) and students with ID  
Each final session: \$8 – adult/ \$5 children (3 – 12) and students with ID

**Meet Referee:** Ron Zolno, (512) 329-9417, [rzolno@brsgroup.com](mailto:rzolno@brsgroup.com)

**Head Coach:** Randy Reese, (512) 471-7433

**Meet Director:** Debbie Norval, (512) 329-9110, [anorval@austin.rr.com](mailto:anorval@austin.rr.com)

**Officials:** All deck officials must be currently certified by USA Swimming and their LSC. Help from visiting officials is always welcome. Visiting officials are asked to email the Meet Referee with their certification level and availability so he can plan accordingly (Ron Zolno at [rzolno@brsgroup.com](mailto:rzolno@brsgroup.com)). All officials must attend a mandatory meeting one hour before each session. The uniform for all preliminary sessions will be white polo shirt over khaki shorts/pants/skirt, as appropriate. Finals uniform will be blue polo shirt over khaki pants/skirt (NO shorts) as appropriate. All officials will be issued credential tags. Only persons with credential tags will be allowed access to the deck. Officials should prominently display their meet credential while on deck. The wearing of name tags is encouraged.

#### Official

**Certification:** This meet will be a National Qualifying Meet for Officials. Officials who are interested in being evaluated need to submit a completed application to the Meet Referee by July 11, 2008. Applications for evaluation can be obtained from the Southern Zone website or by contacting Clark Hammond at [hamm5690@bellsouth.net](mailto:hamm5690@bellsouth.net). Gloria Schuldt will be one of the evaluators, making it possible to attain “final evaluations” for N3 Chief Judge, N3 Starter and N3 Referee.

**Timers:** Swimmers in preliminary heats of the 800 and 1500 free must provide their own timers and counters. Swimmers in time trials must provide their own timers and counters.



**Parking:** After 5:45 PM on weekdays and all day Saturday and Sunday parking is open on a space available basis on the surface lots surrounding the Swim Center. Please read all signs carefully as some spaces are reserved "At All Times." Parking in these spaces will likely result in a parking citation. For more information, check the Parking and Transportation web site at <http://www.utexas.edu/parking/> or call the TSC Front Desk at 512-471-7703.

More detailed parking information will be posted on the Longhorn Aquatics website ([www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics)) closer to the meet.

**Deck Access:** Only USA Swimming registered athletes, coaches, officials and volunteers with meet credentials will be allowed access beyond the front desk of the Texas Swimming Center.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

**Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.**



**SOUTH TEXAS SWIMMING, Inc.  
Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

POOL	LANE USE		
	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
  - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2) Marshals must be members of United States Swimming.
  - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
  - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

- 1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures**

Revised 29SEP03



The University of Texas at Austin  
**Lee and Joe Jamail Texas Swimming Center**  
 1900 Robert Dedman Dr.  
 Austin, Texas 78712-0363  
**2007-2008 Sponsor Hotels**

**Radisson Hotel & Suites on Town Lake**  
 111 Cesar Chavez  
 Austin TX 78701



**Contact: Emily Hastings**  
 (512) 478-9611  
[ehastings@radissonaustin.com](mailto:ehastings@radissonaustin.com)

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of

**Holiday Inn Town Lake**  
 20 N IH-35  
 Austin, TX 78701



**Contact: Divya Siaghal**  
 (512) 634-1274  
[dsaighal@pacificahost.com](mailto:dsaighal@pacificahost.com)

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking

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**Contact: Carrie Bond** (512) 744-0825  
[cbondvalencia@aol.com](mailto:cbondvalencia@aol.com)

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center

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**Contact: Cynthia Garcia** (512) 356-6602  
[cynthia\\_garcia@hilton.com](mailto:cynthia_garcia@hilton.com)


**DoubleTree Club Hotel**  
 1617 N IH-35  
 Austin, Texas 78702



**Contact: RaDell Gibbs**  
 (512) 479-4000 ext. 7020  
[radell\\_gibbs@hilton.com](mailto:radell_gibbs@hilton.com)

Located just east of the Texas Swim Center (across I-35), free parking, complimentary high speed internet access, warm chocolate chip cookie at check-in

**Embassy Suites**



North - 5901 North I-35  
**Contact: Kris Paulson** (512) 454-8004 ext. 7025  
[www.embassysuitesaustinnorth.com](http://www.embassysuitesaustinnorth.com)

Downtown – 300 South Congress Ave  
 Contact: Craig Harms (512) 617-2574  
[www.austindowntown.embassysuites.com](http://www.austindowntown.embassysuites.com)

**Drury Hotels of Austin North**



6711 North I-35  
**Contact: Natalie Miller** (10+ rooms)  
 (800) 436-1170  
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Individual Reservations: (800) 378-7946  
[www.druryhotels.com/properties/austinnorth.cfm](http://www.druryhotels.com/properties/austinnorth.cfm)

**Hyatt Place**  
 7522 North I-35  
 Austin, TX 78752



**Contact: Amber Lamb** (group reservations)  
 (512) 323-2121 Ext. 1607

Individual Reservations: (512) 323-2121  
[www.hyatt-place.com](http://www.hyatt-place.com)



