

The University of Texas at Austin



LONGHORN AQUATICS
TEXAS SENIOR CIRCUIT

Long Course #3
June 10-14, 2009

- Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in the Texas Senior Circuit Long Course meet #3. This meet is open to all USA Swimming Clubs who are members of Texas Senior Circuit. The meet will be conducted in one indoor 50 meter course using Colorado Timing Systems and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.
- Location:** The Swim Center is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.
- Liability:** USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- Sanctions:** This meet is sanctioned by South Texas Swimming and 2009 rules apply. All swimmers must be registered as athletes for 2009 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2009 USA card.
- Schedule:**
- | | | | |
|-----------------|-----------------|---|---------------|
| Wed., June 10 | | the pool will be available from 7:30 PM – 9PM | |
| Thurs., June 11 | Timed Finals | Warm-up 3:45 - 5:00 PM | Start 5:15 PM |
| | General Meeting | immediately following the 800 Free | |
| Fri., June 12 | Prelims | Warm-up 8:00 – 9:15 AM | Start 9:30 AM |
| | Finals | Warm-up 4:30 - 5:45 PM | Start 6:00 PM |
| Sat., June 13 | Prelims | Warm-up 8:00 - 9:15 AM | Start 9:30 AM |
| | Finals | Warm-up 4:30 - 5:45 PM | Start 6:00 PM |
| Sun., June 14 | Prelims | Warm-up 8:00 - 9:15 AM | Start 9:30 AM |
| | Finals | Warm-up 3:30 - 4:45 PM | Start 5:00 PM |
- Swimsuit Rule:** Swimsuits worn by males in all 14 and under STSI Age Group competition shall not extend above the waist and nor extend further down the legs than to the top of the kneecap (patella). Swimsuits worn by females in all 14 and under STSI Age Group competition shall not extend past the top of the shoulder, cannot cover any part of the arms nor extend further down the torso than the buttocks. Violators will be barred from competition until the swimmer's swimsuit meets the requirements of this paragraph.

Results will not be broken out by age group nor will any awards be given so the South Texas swim wear restrictions will not apply.

Entry Deadlines: Entries will **open on Friday, May 22, 2009** at 12PM **must be received by 12PM, Friday, May 29, 2009**. No paper, phone or fax entries will be accepted. Entry fees must be received by Monday, June 8, 2009 or your entries may be removed from the meet.

General Meeting: All swimmers must be represented at a general meeting to be held Thursday afternoon following the men's 800 Free. Any change in the format of the meet will be decided at this meeting. It is each swimmer and coach's responsibility to be aware of any changes made during the meeting. The estimated start time of the meeting will be published on the Longhorn Aquatics website one week prior to the start of the meet.

Qualifying Times: Qualifying times are the Texas Senior Circuit (TSC) A standards. These time standards can be found at <http://www.texasseniorcircuitswimming.org> Qualifying times must have been earned since June 11, 2007.

Swimmers with one TSC automatic cut (in yards or meters) may enter any event other than the 800 and 1500 free. Even swimmers with an automatic cut must qualify with an A time to swim the 800 and/or 1500 free. Swimmers must enter an event that qualifies them for automatic status. If the automatic cut was earned in yards, you must enter in yards.

Swimmers without an automatic cut must qualify with a TSC A cut in each event. However, these swimmers may also enter two bonus events. A bonus event is any event 200 meters or less. Bonus events must be marked as bonus in the Hy-Tek entry file.

Qualifying times for the 50 back, breast and fly are the 100 times for those events.

Meet Format: Each prelim session will be seeded the evening before. Please scratch by 5:30 PM any event you will not swim the next day. There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating an empty lane in prelims. All deck entries for the next day's events received before 5:30 PM will be seeded.

Events will swim slowest to fastest in prelims unless noted otherwise.

Enter the 50s of stroke with your 100 time.

The 800 and 1500 events will be limited to the first 32 swimmers entered in each event. The 800 and 1500 free and all relays are timed finals. All other events are prelim/final events featuring a final, consolation and bonus heat qualifying for finals on Friday, Saturday and Sunday. Additional final heats may be added with Meet Referee and Meet Director approval.

Thursday's events are deck seeded and require positive check-in. The 800 and 1500 free on Sunday are also deck seeded and require positive check-in. The fastest heat of the women's 800 and the men's 1500 on Sunday, electing to swim in finals, will swim in finals; all other heats will swim at the conclusion of prelims on Sunday.

Swimmers in Thursday's events must provide their own counters and timers. Swimmers in the women's 800 and men's 1500 free during Sunday prelims must provide their own timers and counters.

The Meet Referee and Meet Director reserve the right to conduct chase starts from both ends of the pool and/or conduct fly-over starts based on the number of entries and projected timeline. The meet management may adapt the starting procedures and timelines to accommodate an unusually large, or small, meet.

Seeding: Non-conforming times will be seeded last – LCM times first then SCM then SCY then bonus events. The fastest 3 heats in prelims will be circle seeded.

- Check-In:** Positive check-in is required for the 800 free and 1500 free. Swimmers in Thursday's events must check in by 4:15 PM on Thursday.
- Swimmers in the women's 800 and men's 1500 on Sunday must check in by 6:30PM on Saturday. Swimmers in these two events must also indicate if they intend to swim in prelims or finals.
- Swimmers that check-in for an event and fail to swim will be fined \$25 payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent TXLA meets at the Swim Center) until the fines are paid.
- Scratch Rule:** **Prelims** – Each prelim session will be seeded the evening before. Please scratch by 5:30 PM any event you will not swim the next day. There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating an empty lane in prelims. All deck entries for the next day's events received before 5:30 PM will be seeded.
- Finals** -- Swimmers qualifying for finals have 30 minutes after the announcement of preliminary results to either scratch or declare their intent to scratch. Any qualified swimmer in an event (a swimmer is qualified for finals or consolation finals if he has successfully completed the event in prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid possible fines or suspension from the meet. Swimmers that timely indicate an intent to scratch must declare their final intention within 30 minutes following their last individual preliminary event.
- Any *finalist* who fails to scratch and fails to report to the starting blocks for finals, is subject to a \$50 penalty. Athletes will be barred from competition (at this or future meets sanctioned by South Texas) until fines are paid. Fines are payable to the University of Texas.
- Eligible Swimmers** All USA Swimming registered swimmers who meet the qualifying times (see qualifying times section). Note: the number of out-of-section swimmers is limited to 100 swimmers (the team that puts the number of out-of-section swimmers at 100 swimmers or more will be the last out-of-section team allowed to enter).
- Entries:** Entries will open on Friday, May 22, 2009 at 12PM. Entries must be received by 12PM Friday, May 29th. We must receive your entry fees by Monday, June 8th or your entries may be removed.
- Swimmers may compete in 3 individual events each day. If you earned the qualifying time in yards, you must enter in yards. Do NOT convert times. Do NOT enter at the LCM cut. Enter bonus events with a real, provable time. You may not enter a bonus event with a NT. Bonus events must be marked as bonus swims in the Hy-Tek entry file.
- Teams with five or more swimmers entered in the meet must submit entries using version 3 or 4 Hy-Tek Team Manager software. Email to Rhonda Dirvin at jrdirvin@sbcglobal.net
- the Hy-Tek entry file,
a Word document of the entries -- by swimmer, with proof of time
and any other proof of time information
- .
- If you don't receive an email confirmation, your entries were not received.
- Teams with fewer than five swimmers may send an email that includes: the team, team abbreviation, LSC, the swimmer's full name (as registered with USA Swimming), USA ID, event number and description, entry time and proof of time information (see "Proof of Time").
- No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

- Entry Fees:** \$10.00 per individual event; \$15.00 for each relay. This includes the South Texas Swimming splash fee of \$1.25 per splash.
- Make checks payable to: **The University of Texas at Austin.**
 Mail to: Jonathan Salazar - Longhorn Aquatics
 The University of Texas at Austin
 1 University Station D 4050
 Austin, TX 78712-0364
- Relays:** All relays are timed finals. Relay swimmers must be qualified and entered in an individual event.
- Relays, like individual events, will be seeded the evening before. Please scratch by 5:30 PM any relay you will not swim the next day. Deck entered relays are NOT eligible to swim in finals. The fastest 2 heats of each relay electing to swim in finals, will swim in finals, slowest to fastest. Remaining heats will swim during prelims, fastest to slowest. Relay cards for morning relays are due to Clerk of Course by 10 AM the day of the relay. Relay cards for evening relays are due at the beginning of the evening session. Cards not received by the deadline will be considered scratches.
- Proof of Time:** Times submitted to qualify for this meet will be pre-proved. Times achieved at the meet cannot be used to prove entry times. The Team Manager "Proof-of-Times Report" must be submitted with your entries. Only times that are in the USA Swimming database will be accepted. High School times other than District, Regional or State will NOT be accepted.
- Deck Entries:** Swimmers must meet the qualifying times and entry rules. Entry forms will be available at clerk of course. Deck entries fees are \$20 for each individual event and \$30 for each relay.
- Swimmers not previously entered in the meet must present their 2009 USA Swimming registration card at Clerk of Course to deck enter.**
- Deck entries will be accepted for the current session beginning at the start of warm-up and close 30 minutes before the start of the session. Swimmers will be entered in empty lanes. Additional heats may be added at the discretion of the Meet Director and Meet Referee depending on the timeline each day.
- After the current session begins, deck entries will be accepted for the next day's events. Entries received by 5:30 PM, will be seeded in the next day's event.
- Time Trials:** Time Trials will be conducted 15 minutes following prelims on Friday, Saturday and Sunday *time permitting*. Swimmers must be entered in the meet to time trial. Time trial events count toward the daily entry limit of 3 individual events. The order of events each day will be at the discretion of the Meet Referee. Entries will be accepted until 11:00 AM each day. Entry fees are \$20 per individual event and \$30 per relay. Entry fees include the South Texas Swimming splash fee of \$1.25. Time trial results may be found with the meet results posted on the South Texas and Longhorn Aquatics websites.
- Scoring:** There is no scoring for this meet.
- Awards:** No awards will be given.
- Meet Results:** For real time meet results, go to www.utexas.edu/longhornaquatics. Final meet results, including time trial results, will be posted on the Longhorn Aquatics website, www.utexas.edu/longhornaquatics and on the South Texas Swimming website, www.stswim.org.

Meet Referee: Gloria Schuldt
469-426-2850 schuldt@earthlink.net

Head Coach: Doug Rusk
206 291-5471 doug.rusk@austin.utexas.edu

Meet Director: Rhonda Dirvin
(512) 327-3537 jrdirvin@sbcglobal.net

Parking: After 5:45 PM on weekdays and all day Saturday and Sunday parking is open on a space available basis on the surface lots surrounding the Swim Center. Please read all signs carefully as some spaces are reserved "At All Times." Parking in these spaces will likely result in a parking citation. For more information, check the Parking and Transportation web site at <http://www.utexas.edu/parking/> or call the TSC Front Desk at 512-471-7703.

More detailed parking information will be posted on the Longhorn Aquatics website (www.utexas.edu/longhornaquatics) closer to the meet.

Officials: Help from visiting officials is always welcome. Visiting officials are asked to email the Meet Referee with their certification level and availability so he can plan accordingly. All officials must attend a mandatory meeting one hour before each session. The uniform for all preliminary sessions will be white shirt over khaki shorts/pants/skirt as appropriate. Finals uniform will be blue shirt over khaki pants/skirt (NO shorts) as appropriate. Officials are required to prominently display their USA Swimming and LSC credentials while on deck. Name tags are strongly encouraged.

Official Certification: Application will be made for this meet to be designated a National Qualifying Meet for Officials. Applications for evaluation can be obtained from the Southern Zone website or by contacting Clark Hammond at hamm5690@bellsouth.net.

Timers: Swimmers in preliminary heats of the women's 800 free and the men's 1500 free on Sunday must provide their own timers and counters. Longhorn Aquatics will make every attempt to provide timers but we almost always fall short. The shortfall will be assigned to attending teams based on the number of swimmers entered in the meet and will be posted on the Longhorn Aquatics website 3 days prior to the start of the meet.

Special Needs: Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

Deck Access: Only USA Swimming registered athletes, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

TSC Rules:

As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

Texas Senior Circuit #3
PRELIMINARY ORDER OF EVENTS *

Thursday, June 11, 2009

Women's #	Event	Men's #
1	1500 Freestyle (1)	-
-	800 Freestyle (1)	2

Friday, June 12, 2009

Women's #	Event	Men's #
3	400 Freestyle (2)	4
5	200 Breaststroke	6
7	200 Butterfly	8
9	50 Freestyle	10
11	400 Free Relay	12

Saturday, June 13, 2009

Women's #	Event	Men's #
13	200 Freestyle	14
15	100 Breaststroke	16
17	200 Backstroke	18
19	100 Butterfly	20
21	400 Individual Medley	22
23	50 Backstroke (3)	24
25	400 Medley Relay	26

Sunday, June 14, 2009

Women's #	Event	Men's #
27	200 Individual Medley	28
29	100 Freestyle	30
33	50 Breaststroke (3)	34
35	100 Backstroke	36
37	50 Butterfly (3)	38
39	800 Free Relay	40
31	800 Freestyle (4)	-
-	1500 Freestyle (4)	32

NOTES:

- * Finals will swim in event # order.
- 1. Deck seeded. Timed final. Fastest to slowest. Swimmers provide their own counters and timers. Limited to the first 32 swimmers.
- 2. The 400 free will swim fastest to slowest, alternating heats of women and men.
- 3. Enter with your 100 time for this event.
- 4. Deck seeded. Timed final. The fastest heat of women and men electing to swim in finals, will swim in finals. All other heats will swim at the conclusion of prelims, fastest to slowest. Swimmers in preliminary heats must provide their own timers and counters. Limited to the first 32 swimmers.

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace Lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
 - d. There will be no diving in the general warm-up lanes. Circle swimming only.
 - e. No kick boards, pull buoys, or hand paddles may be used.
3. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

Texas Senior Circuit Team Membership Application Form

Please print out this form, complete, and mail to the TSC secretary along with a check payable to: Texas Senior Circuit.

Team name: _____

Team code: _____

Coach's name: _____

Date of application: _____

For the year _____ swim season.

Mailing Address: _____

Phone Number: _____

E-Mail Address: _____

Cost of membership is \$50 per year (January 1st-December 31st).

Please mail membership form to:

Chris MacCurdy, ATAC

TSC Treasurer

P.O. Box 802312

Dallas, TX 75380

Contact information for **Chris MacCurdy**:

Work Number: (972) 788-2467

Fax Number: (972) 233-5255

E-Mail: CMaccurdy@comcast.net

The University of Texas at Austin
Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics

1900 Robert Dedman Dr
 Austin, TX 78712-0363

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Located directly on the UT campus! The AT&T Conference Center offers 297 sleeping rooms, three dining facilities, fitness center, pool & underground parking. Contact us for your reservation today!



Contact: Divya Saighal

(512) 404-3620

(877) 744-8822

divya.saighal@attconf.utexas.edu

Radisson Hotel & Suites on Town Lake

(512) 478-9611

Austin TX 78701

Rates:

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of T.G.I. Fridays restaurant



Contact: Hastings 111 Cesar Chavez

ehastings@radissonaustin.com

Holiday Inn Town Lake

20 N IH-35

Austin, TX 78701

Rates:

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking



Contact: Bridgette Ards

(512) 634-1274

bards@pacificahost.com

Hampton Inn & Suites Downtown

1500

200 San Jacinto

Austin, Texas 78701

Rates:

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center



(512) 742-

Hampton Inn and Suites Airport

(512) 389-1616

Crowne Plaza Hotel

6121 North IH 35

Austin, Texas 78752

Rates:

Located north of the Texas Swim Center, free parking, complimentary high speed internet access, and beautiful newly renovated guest rooms.



Contact: Shelly Staff

(512) 371-5243

sstaff@cphaustin.com

Embassy Suites

Contact: Kris Paulson North -

5901 North I-35 (512) 454-8004 ext. 7025

www.embassysuitesaustinnorth.com



Downtown –
 300 South Congress Ave

www.austindowntown.embassysuites.com

Contact: Craig Harms
 (512) 617-2574

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Contact: Alissa Vala 10+ Rooms: (800) 436-1196

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Alissa.vala@druryhotels.com