

*The University of Texas at Austin and*



LONGHORN AQUATICS  
**2012 American Short Course Championships**  
**March 1-3, 2012**  
**Long Course Time Trials**  
**March 4, 2012**

**Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our 2012 American Short Course Championships. This meet is open to all USA Swimming registered swimmers and will be conducted in two 25 yard courses, using Daktronics Timing System, and Hy-Tek Meet Manager software.

**Facility:** The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. For the 2012 American Short Course meet, the length of the short course competition pools will NOT be certified before the start of the meet. However, in accordance with the 2012 USA Swimming Rules (Article 104), if a US or World record is broken at this unclassified meet, we will have the course measured and certified by a qualified, licensed professional immediately following the session during which the time was achieved. There have been many US and/or World records broken at the Texas Swim Center and the measured length of the course has never been an issue.

The Swim Center is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

**Water Depths:** The Start end is 9 feet, and the turn end is 9 feet.

**Liability:** USA Swimming, South Texas Swimming, The University of Texas, the Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

**Sanction:** This meet has been sanctioned by South Texas Swimming and 2012 rules will apply. All swimmers must be registered as athletes for 2012 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2012 USA card.

**USA Swimming Registration:** All swimmers, coaches, and officials participating in this competition must be *currently* (2012) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who **1)** late enter **2)** need to be late-entered because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID Card. South Texas Swimming does not permit on-deck USA Swimming Registrations.

**Pool Schedule:** We reserve the right to split the sessions differently or to combine sessions based on the entries received. Warm-ups may be split and may be extended if a large number of swimmers enter the meet. If this occurs, it will be posted on the Longhorn Aquatics website before March 1st.

Thursday- Saturday	Prelims	Warm Up:	8:00 AM	Start:	9:15 AM
	Finals	Warm Up:	5:00 PM	Start:	6:00 PM
Sunday	Long Course	Warm Up:	8:00 AM	Start:	9:00 AM
	Time Trials				

**Qualifying Times:** Swimmers must meet the attached qualifying times. The time standards and bonus standards come from the 2012 Texas Senior Circuit Sectional Times. Those times can be found here: <http://www.texasseniorcircuitsswimming.org/standards.htm>. Swimmers with at least one qualifying entry may swim two bonus events. No more than two bonus events per swimmer is allowed. Times must have been earned since January 1, 2010. Only times in the SWIMS database can be used as proof of time. If a swimmer enters the meet and swims slower than the qualifying time, including bonus events, he/she must be able to prove that they have previously achieved the time via the SWIMS database or be subject to a \$30.00 penalty. Swimmers will be barred from competition at the Swim Center until fines are paid.

**Meet Format:** This is a prelim/final meet and all events will swim in two short course yard pools. Coaches please note: this is a **MEN'S** sanctioned NCAA last chance meet!

**Prelims:** During prelims, even heats will swim in the North end (Flag end) and odd heats will swim in the South end (Non-Flag end). Prelim events will be seeded by time and gender only. All events will swim fastest to slowest, with circle seeding the first 3 heats.

Each prelim session will be seeded the evening before. All deck entries (individual and relay) for the next day's events received before 5:30 PM will be seeded. For prelims there is a courtesy scratch. By 5:30 PM please scratch events that you will not swim the next day. There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating an empty lane in prelims.

The 400 IM, 500 free and, 1650 free will be deck seeded and require a positive check in. Swimmers that check-in for the 400 IM, 500 free or 1650 and do not swim will be subject to a penalty of \$30 and must be paid before the swimmer can swim again at the Texas Swim Center.

**Finals:** During finals, men and women will swim at the North end (Flag end) of the pool. We will swim women's heats slowest to fastest (C, B, A) then the men's heats in the same fashion.

The top 24 swimmers in each event will swim finals, including the distance events of 500 free and 400 IM. Swimmers qualifying for finals have 30 minutes after the announcement of preliminary results to either scratch or declare an intent to scratch. Swimmers that indicate an intent to scratch must declare their final intention within 30 minutes following their last individual preliminary event. Any swimmers qualifying for an A, B, or C final in an individual events who fails to complete in said final swim will be subject to a penalty of \$30 and must be paid before the swimmer can swim again at the Texas Swim Center. All heats will run in the same session. The Meet Director and Meet Referee reserve the right to change the pool configuration for prelims and/or finals.

All relays are timed finals and require positive check-in. Relay team entries must be comprised of at least one member who qualified for the meet in an individual event. The fastest two heats of men and the fastest two heats of women will swim in finals. All other relays will swim in the prelim session. Teams are limited to two relay teams per event. Relay cards are due to the Clerk of Course 1 hour prior to the end of the prelim session on the day the relay will swim, or, if the relays are swimming in the prelim session, relay cards are due at the start of the prelim session in which the relay will swim. We will assume you are scratching your relay if a relay card is not turned in by the deadline.

The 1650 on Saturday is a timed final. This event will be limited to the fastest four heats of men and the fastest four heats of women. No deck entries will be accepted for the 1650. Only yard times in the SWIMS database can be used as proof of time. Swimmers in the 1650 must also indicate if they intend to swim in prelims or finals. The fastest 8 swimmers of each gender who indicated their desire to swim in finals will swim in the evening session. The remaining heats will swim in prelims, fastest to slowest. All 1650 swimmers must provide their own timers and lap counters.

**Scratch Rule:** The top qualifiers for finals in each preliminary event will be posted and announced after the final heat has concluded. All swimmers, including the top qualifiers, have 30 minutes to decide whether they will swim in finals. If they don't want to swim in finals, they must scratch, or declare intent to scratch, at clerk of course within 30 minutes following the announcement. Parents are not allowed on deck for this purpose.

As top qualifiers scratch, other swimmers become eligible for finals. So if a swimmer does NOT want to swim in finals, they should scratch their name on the list at clerk of course **no matter how far down the list their name appears**. The athletes swimming in finals will be posted as soon as possible after the 30 minute scratch period.

**Check-in:** Positive check-in is required for the 500 free, 400 IM, and 1650 free. Positive check-in will be available as athletes enter the pool deck.

**500 Free check in due by 9:15 AM Thursday**

**400 IM check in due by 9:15 AM Friday**

**1650 Free check in due by 5:30 PM Friday including morning or evening selection.**

Swimmers that check-in for an event and fail to swim will be fined \$30 payable to the University of Texas. These swimmers will be barred from competition at the Swim Center until the fines are paid.

**Entry Information:** Entries will open for all teams at **1 PM (CST)** on Thursday, February 9, 2012. Entries will not be accepted before these times. Updates to entry times will not be accepted. You should **not** make nonrefundable travel arrangements before you know your entries are accepted – entries will be processed in the order received.

**Entries will close Wednesday, February 22, 2012 at 1 PM (CST) for all non-NCAA athletes.**

**Entries for all NCAA qualifiers will close Monday, February 27, at 1 PM (CST).**

Swimmers may enter a maximum of 3 individual events per day. Enter all events with previous best times achieved in short course yards. Qualifying times in SCM, or LCM will then be accepted. Do not convert times. Entries with NT will not be accepted.

All teams with five or more swimmers entered in the meet must submit their entries using Version 4 or 5 of Hy-Tek Team Manager or Team Unify software.

Email entries to Bridgette Rhoades, [bridgette.rhoades@austin.utexas.edu](mailto:bridgette.rhoades@austin.utexas.edu). When you email the entries, also attach a report of the entries by swimmer. Entries/emails with only a zip file (i.e. without the entry report) will not be accepted. If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

**Entry fees must be postmarked by Friday, February 24, 2012.** Please include the meet entry fees report with your check. Please do NOT send a copy of the entries you emailed earlier.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will **NOT** be accepted or processed.

**Entry Fees:** \$12.00 per individual event, \$24.00 for relays. This includes the South Texas Swimming splash fee of \$1.25 per splash. Please send only one check per team location please. Refunds will not be given for any reason.

Make checks payable to:       The University of Texas at Austin  
Mail to:                            American Short Course Championships  
  Longhorn Aquatics  
  The University of Texas at Austin  
  1 University Station D 4050  
  Austin, TX 78712-0364  
  512-471-7703

**Deck Entries:** Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter events for later sessions after the start of the current session. Deck entries for the next day's session will be seeded if they are received before the 5:30PM the evening before. Deck entries must meet the time qualification standards, and be provable in the SWIMS database to swim in the meet.

The deck entry fee is \$20.00 per event, \$30 per relay. **Swimmers not previously entered in the meet must present their 2011 USA Swimming registration card** at Clerk of Course to be able to deck enter.

**Proof of Times:** Individual times must be submitted in actual times achieved; conversions are not permitted. USA Swimming times and membership database (SWIMS) and will provide proof of entry times. Custom times will not be allowed for meet entry.

**Short Course Time Trials:** If time permits, there will be Short Course Yards time trials after prelims on Saturday. Entries for time trials will be accepted at clerk of course until 11:00AM, Saturday, March 3, 2012.

**Long Course Time Trials:** There will also be a single session Long Course Time Trial on the day following the American Short Course Championships (Sunday, March 4, 2012). Dependent on the number of entries, the Referee may decide to run the Long Course Time Trial as two sessions. There will be no time standards for the Long Course Time Trial, however only athletes that participate in individual or relay events at the 2012 American Short Course Championships will be permitted to enter.

Entries for time trials will be accepted at clerk of course until 6:00PM, Saturday, March 3, 2012 for Long Course Meters time trials. The order of events each day will be at the discretion of the Time Trials Referee. The entry fee is \$20.00 per individual event and \$30.00 per relay.

All swimmers must check-in with the Administrative Referee at the start to confirm their intention to swim. All times achieved in time trials will appear in published meet results.

**Racing Start Proficiency: (Unaccompanied Swimmers)** Swimmers entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from in the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Awards:** Heat winners in individual events in finals will be given a coupon that they can exchange at clerk of course for a gift.

**Scoring:** There will be no scoring for this meet.

**Meet Referee:** Ron Zolno  
(512) 775-8113  
[rzolno@brsgroup.com](mailto:rzolno@brsgroup.com)

**Head Coach:** Doug Rusk  
(206) 291-5471  
[doug.rusk@austin.utexas.edu](mailto:doug.rusk@austin.utexas.edu)

**Meet Director:** Bridgette Rhoades  
(814) 602-8254  
[bridgette.rhoades@austin.utexas.edu](mailto:bridgette.rhoades@austin.utexas.edu)

**Longhorn Aquatics Director:** Ann Nellis  
(512) 471-7703  
[ann.nellis@austin.utexas.edu](mailto:ann.nellis@austin.utexas.edu)

**Special Needs:** A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

**Officials:** All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and STSI Swimming for 2012 and have a

current Background Check acknowledged by USA Swimming. Please email the Meet Referee, Ron Zolno at [rzolno@brsgroup.com](mailto:rzolno@brsgroup.com), with your certification level and availability so he can plan accordingly. The uniform for prelims and Sunday Time Trials will be white polo shirts over khaki pants, skirts or shorts. The uniform for finals will be navy blue polo shirts over khaki pants, skirts, or shorts. Please report to the Meet Referee at least 45 minutes prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

**Deck Access:** Only currently registered coaches and officials will be allowed access beyond the front desk of the Texas Swimming Center. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck. Volunteers will be given a pass to access the deck and help for that specific purpose.

Please be aware that swimmers will not be allowed on the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**Swimmer Photographs:** There may be one or more photographers on deck at this meet. In the event photographers are on deck, parents or guardians of swimmers under the age of 18 who do not wish to have photographs of their athletes taken, are required to contact the Meet Director prior to the beginning of competition.

**Cell phone/recording device restrictions:** The presence and/or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility and arrest. The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms.

**Parking:** The University of Texas requires a UT permit for parking along Trinity and San Jacinto as well as C Lot 80 in front of the Swim Center. They will be charging \$12 for parking in the Trinity garage. Please go to our website, [www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics) as we get closer to the meet for more information on parking.

2012 AMERICAN SHORT COURSE CHAMPIONSHIPS  
**ORDER OF EVENTS**  
 Short Course Yards

**Day 1- Thursday, March 1**

Women's Event#	Qual. Time (SCY)	Bonus (SCY)	Event	Qual. Time (SCY)	Bonus (SCY)	Men's Event #
1			200 Fr. Relay*			2
3	5:12.29	5:17.89	500 Free*	4:48.29	4:52.39	4
5	2:12.09	2:15.79	200 IM	1:59.99	2:02.69	6
7	24.99	25.89	50 Free	22.29	22.79	8
9			400 Med. Relay*			10

**Day 2- Friday, March 2**

Women's Event#	Qual. Times (SCY)	Bonus (SCY)	Event	Qual. Times (SCY)	Bonus (SCY)	Men's Event #
11			200 Med. Relay*			12
13	4:40.69	4:48.19	400 IM*	4:17.19	4:24.09	14
15	59.09	1:00.99	100 Fly	53.59	54.89	16
17	1:55.99	1:58.69	200 Free	1:46.19	1:48.09	18
19	1:09.99	1:11.09	100 Breast	1:02.49	1:03.79	20
21	59.99	1:01.69	100 Back	54.69	56.09	22
23			800 Free Relay*			24

**Day 3- Saturday, March 3**

Women's Event#	Qual. Time (SCY)	Bonus (SCY)	Event	Qual. Time (SCY)	Bonus (SCY)	Men's Event #
25	2:09.39	2:13.69	200 Back	1:58.39	2:01.19	26
27	53.69	55.09	100 Free	48.39	49.29	28
29	2:29.99	2:33.69	200 Breast	2:15.89	2:18.79	30
31	2:11.99	2:15.09	200 Fly	2:01.59	2:03.89	32
33			400 Fr. Relay*			34
35	18:21.59	18:54.59	1650 Free *!	16:46.39	17:02.89	36

Notes:

\* Deck seeded, and requires positive check in.

! Fastest 8 men and fastest 8 women swim at night.

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

**I. Assigned warm-up Procedures.**

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

**II. Open warm-up procedures.**

<b>LANE USE POOL</b>	<b>PUSH/PACE</b>	<b>DIVES/SPRINTS</b>	<b>GENERAL WARMUP</b>
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

- 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
- 2) Marshals must be members of United States Swimming.
- 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
- 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
- 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
- 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

*The University of Texas at Austin*

**Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics**

# 2011-2012 Hotel Sponsors

**AT&T Executive Education & Conference Center**

1900 University Avenue

Austin, Texas 78705



Contact: Divya Saighal

(512) 404-3620

(877) 744-8822

[divya.saighal@attconf.utexas.edu](mailto:divya.saighal@attconf.utexas.edu)

**Radisson Hotel & Suites on Town Lak**

111 Cesar Chavez

Austin TX 78701



Lily Hastings

(512) 478-9611

[ehastings@radissonaustin.com](mailto:ehastings@radissonaustin.com)

**Hampton Inn & Suites Downtown**

200 San Jacinto

Austin, Texas 78701



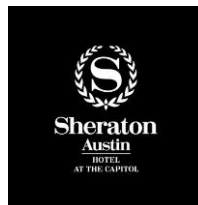
(512) 742-1500

[www.austindowntown.hamptoninn.com](http://www.austindowntown.hamptoninn.com)

**Sheraton**

701 East 11th St.

Austin, Texas 78701



Contact: Meg Griebel

[mgriebel@sheratonaustinhotel.com](mailto:mgriebel@sheratonaustinhotel.com)

(512) 404-6941

**DoubleTree Guest Suites**

303 W 15th St

Austin, Texas 78701



Contact: Emma Monette

[emma.monette@hilton.com](mailto:emma.monette@hilton.com)

(512) 478-7000

*The University of Texas at Austin*

Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics

## 2011-2012 Hotel Sponsors

**Crowne Plaza Hotel**

6121 North IH 35  
Austin, Texas 78752



Contact: Shelly Staff

(512) 371-5243

[sstaff@cphaustin.com](mailto:sstaff@cphaustin.com)

**DoubleTree University**

1617 I-35 North  
Austin, TX 78702



Contact: Jenny Liang

[jenny.liang@ihrc.com](mailto:jenny.liang@ihrc.com)

**Embassy Suites Hotel Austin Central**

North I-35  
[mark.alley@hilton.com](mailto:mark.alley@hilton.com)



Contact: Mark Alley North - 5901  
(512) 541-0461 Austin, TX 78711

[www.austindowntown.embassysuites.com](http://www.austindowntown.embassysuites.com)

**Drury Hotels of Austin North**

North I-35  
Austin, TX 78711



Contact: Alissa Vala 6711

[Alissa.vala@druryhotels.com](mailto:Alissa.vala@druryhotels.com)

10+ Rooms: (800) 436-1196

Individual Reservations: (800) 378-7946