

*The University of Texas at Austin***LONGHORN AQUATICS****2008 TXLA November Unclassified  
November 14 – 16, 2008**

- Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (TSC) to compete in our November short course unclassified. This meet is open to all swimmers and will be conducted in two indoor 25 yard courses, using Daktronics and Colorado Timing Systems and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.
- Location:** The TSC is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.
- Liability:** USA Swimming, South Texas Swimming, The University of Texas, the Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- Sanctions:** This meet is sanctioned by South Texas Swimming and 2008 rules apply. All swimmers must be registered as athletes for 2008 or 2009 with USA Swimming by the entry deadline.
- Schedule:** The meet will be split into morning and afternoon sessions based on age. The morning sessions each day are planned for swimmers 12 & under and the afternoon sessions are for swimmers 13 & over. We reserve the right to split the sessions differently.

Friday, November 14	All Swimmers	Warm-up Start	5:00 PM 6:00 PM
Saturday, November 15	12 & Under	Warm-up Start	9:00 AM 10:00 AM
	13 & Over	Warm-up Start:	2:00 PM * 3:00 PM *
Sunday, November 16	12 & Under	Warm-up Start	8:00 AM 9:00 AM
	13 & Over	Warm-up Start	1:00 PM * 2:00 PM *

\* These are estimated times. The warm-up for the afternoon session will begin immediately after the morning session.

**Qualifying Times:** There are no qualifying times.

**Meet Format:** All events are timed finals, swum in two short course yard pools, seeded only by time and gender. Age groups will be combined. All events will swim fastest to slowest; even heats at the American flag end of the pool, odd heats at the Texas flag end of the pool. However, if the meet is small, we reserve the right to run one pool in any or all sessions.

The 13 & over 500 Free on Friday, the 11-12 400 IM on Saturday, the 12 & under 500 Free on Sunday and **all** 13 & over events on Saturday and Sunday require positive check-in. We reserve the right to change the required check-in for the 13 & over events. There is a \$25 penalty for a no-show in an event that requires a positive check-in.

Swimmers in the 500 free must provide their own counter.

The 1000 on Sunday afternoon will be limited to the fastest 32 boys and the fastest 32 girls that enter. SCY entry times will be pre-proved to determine the fastest 32. Swimmers with a NT in the 1000 will only be allowed to swim if there are fewer than 32 entries with provable times. 1000 swimmers must provide their own timers and counters. Boys and girls in the last heats of the 1000 may be combined if we can eliminate a heat.

The 500 free and the 1000 free will alternate heats of girls and boys.

If necessary, we will cap the number of swimmers entered in order to keep the morning sessions about 4 hours in length. Swimmers will be entered in the order entries are received.

**Check-in:**

Positive check-in is required for:

- the 13 & over 500 free on Friday night
- the 11-12 400 IM on Saturday,
- the 12 & under 500 free on Sunday, and
- **all** 13 & over events on Saturday and Sunday

**Athletes that check-in for an event and do not swim will be fined \$25.** Fines are payable to The University of Texas. Athletes will not be allowed to compete at this or future meets at the TSC until all fines are paid.

Please check our website ([www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics)) closer to the meet date for detailed check-in procedures for the 13 & over events.

**Entry Deadline:** Entries will be accepted beginning Monday, October 20. Entries will close the earlier of

- a) 6 PM Monday, November 3, 2008 or
- b) when the morning sessions reach an estimated 4 hours in length.

Swimmers will be entered in the order entries are received as long as entry fees are received by Friday, October 24. Teams with unpaid entry fees on Friday evening, will drop to the bottom of the list, potentially removing them from the meet if we have to cap entries to stay within the 4 hour rule.

**Entries:**

Swimmers may enter a *maximum of 4 individual events per day*. The age of the swimmer will be his/her age on November 14, 2008. Enter all events with previous best times achieved in short course yards. Although athletes may enter the meet with NT, we would encourage you to estimate a SCY time. Please do NOT convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

All teams with five or more swimmers entered in the meet must submit their entries using Hy-Tek Team Manager software.

Email entries to Debbie Norval at [anorval@austin.rr.com](mailto:anorval@austin.rr.com). When you email the entries, also attach a Word document of the Hy-Tek Meet Entry Report by swimmer. If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an **email** including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

No paper, phone, or fax entries will be accepted.

**Entry Fees:** \$7.50 per individual event; entry fees must be received by **Friday, October 24**. The individual entry fee *includes* the South Texas Swimming splash fee of \$1.25 per splash.

Make checks payable to **The University of Texas at Austin** and  
Mail to: Jonathan Salazar  
Longhorn Aquatics  
The University of Texas at Austin  
1 University Station D 4050  
Austin, TX 78712-0364  
512-471-7703

Only one check from each team or location. You must include the meet entry fees report with your check.

**Deck Entries:** Deck entries will be accepted only for open lanes. No new heats will be created. All deck entries will be entered with NT. Positive check-in is not required for deck entries but penalties still apply for a no-show in any event where positive check-in would have been required.

You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter future sessions after the start of the current session.

**Swimmers not previously entered in the meet must present their USA swimming registration card** at Clerk of Course to be able to deck enter. The deck entry fee is \$20.00 per event.

**Awards:** Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 10 and under, 11 and 12. No other awards will be given.

**Meet Referee:** Ron Zolno  
512-329-8239  
[rzolno@brsgroup.com](mailto:rzolno@brsgroup.com)

**Meet Director:** Dorothy Palmore  
512-918-1889  
[palmore@swbell.net](mailto:palmore@swbell.net)

**Head Coach:** Dave Kalange  
512-626-9419  
[chlorinecowboy1@yahoo.com](mailto:chlorinecowboy1@yahoo.com)

## Order of Events

### Friday, November 14, 2008 Session 1 - All Swimmers

Girls	Events	Boys
1	13 & over 50 Free	2
3	12 & under 50 Free	4
5	200 IM	6
7	50 Back	8
9	50 Breast	10
11	50 Fly	12
13	13 & over 500 Free *	14

### Saturday, November 15, 2008 Morning Session 2 - 12 & Under

Girls	Events	Boys
15	200 Free	16
17	100 Breast	18
19	11-12 200 Fly	20
21	50 Free	22
23	100 IM	24
25	100 Back	26
27	50 Fly	28
29	11-12 400 IM *	30

### Afternoon Session 3 - 13 & Over

Girls	Events	Boys
31	200 Free *	32
33	100 Breast *	34
35	200 Fly *	36
37	50 Free *	38
39	100 Back *	40
41	50 Fly *	42
43	400 IM *	44

### Sunday, November 16, 2008 Morning Session 4 - 12 & Under

Girls	Events	Boys
45	11 - 12 200 Back	46
47	100 Free	48
49	50 Back	50
51	11 - 12 200 Breast	52
53	100 Fly	54
55	50 Breast	56
57	500 Free *	58

### Afternoon Session 5 - 13 & Over

Girls	Events	Boys
59	200 Back *	60
61	50 Breast *	62
63	100 Free *	64
65	50 Back *	66
67	200 Breast *	68
69	100 Fly *	70
71	1000 Free *	72

\* These events are deck seeded. Positive check-in is required. There are penalties for a no-show.

**Officials:** Help from visiting officials is always welcome. Visiting officials are asked to email the meet referee ([rzolno@brsgroup.com](mailto:rzolno@brsgroup.com)). Name tags are strongly encouraged.

**Timers:** If you are not a TXLA parent but would like to volunteer for a session as a timer and be on deck, please email [anorval@austin.rr.com](mailto:anorval@austin.rr.com). If we fall short of timers, please help us keep the meet running smoothly by responding to a call for timers.

Swimmers in the 500 free must provide their own counter. Swimmers in the 1000 on Sunday must provide their own timer and counter.

**Special Needs:** Please notify the TSC staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

*The athlete, or the athlete's coach, is responsible for notifying the meet referee, prior to the competition, of any disability.*

**Deck Access:** Only USA Swimming registered athletes swimming in the meet, coaches, officials and volunteers will be allowed access beyond the front desk of the Swim Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck.

Please be aware that swimmers will not be allowed on deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from the deck or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or TSC staff.

**TSC Rules:** As guests of The University of Texas, all must adhere to the TSC rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

**Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.**

**Parking:** After 5:45 PM on weekdays and all day Saturday and Sunday parking is open on a space available basis in the surface lots surrounding the TSC. Please read all signs carefully as some spaces are reserved "At All Times." Parking in these spaces will likely result in a parking citation. For more information, check the Parking and Transportation web site at <http://www.utexas.edu/parking/>.

**Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics**

1900 Robert Dedman Drive  
Austin, Texas 78712-0363

**2008-2009 Sponsor Hotels**

**Hampton Inn & Suites Downtown**

200 San Jacinto  
Austin, Texas 78701



**Group Contact: Carrie Bond (512) 744-0825**  
[cbondvalencia@aol.com](mailto:cbondvalencia@aol.com)

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center

**Hampton Inn and Suites Airport**

7712 E Riverside Drive, Austin, TX 78744

**Contact: Cynthia Garcia (512) 356-6602**  
[cynthia\\_garcia@hilton.com](mailto:cynthia_garcia@hilton.com)

**AT&T Executive Education & Conference Center**

University of Texas at Austin  
1900 University Avenue  
Austin, Texas 78705



**Contact: Divya Saigal**  
(512) 404-3620  
(877) 744-8822

[divva.saigal@attconf.utexas.edu](mailto:divva.saigal@attconf.utexas.edu)

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Contact us for your reservation today!

[www.meetatutexas.com](http://www.meetatutexas.com)

**Radisson Hotel & Suites on Town Lake**

111 Cesar Chavez  
Austin TX 78701



**Contact: Emily Hastings**  
(512) 478-9611

[ehastings@radissonaustin.com](mailto:ehastings@radissonaustin.com)

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of T.G.I. Fridays restaurant

**Holiday Inn Town Lake**

20 N IH-35  
Austin, TX 78701



**Contact: Bridgitte Ards**  
(512) 634-1274

[bards@pacificahost.com](mailto:bards@pacificahost.com)

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking. Free Shuttle to the Swim Center

**DoubleTree Club Hotel**

1617 N IH-35  
Austin, Texas 78702



**Contact: Brianna Look**  
(512) 479-4000 ext. 7030  
[brianna.look@hilton.com](mailto:brianna.look@hilton.com)

Located just east of the Texas Swim Center (across I-35), free parking, complimentary high speed internet access, warm chocolate chip cookie at check-in

**Embassy Suites**

North - 5901 North I-35



**Contact: Kris Paulson (512) 454-8004 ext. 7025**  
[www.embassysuitesaustinnorth.com](http://www.embassysuitesaustinnorth.com)

Downtown – 300 South Congress Ave

Contact: Craig Harms (512) 617-2574

[www.austindowntown.embassysuites.com](http://www.austindowntown.embassysuites.com)

**Drury Hotels of Austin North**

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**Contact: Bekah DePyper (10+ rooms)**  
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[Bekah.depyper@druryinn.com](mailto:Bekah.depyper@druryinn.com)

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**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

**LANE USE**

<b>POOL</b>	<b>PUSH/PACE</b>	<b>DIVES/SPRINTS</b>	<b>GENERAL WARMUP</b>
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace Lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
  - d. There will be no diving in the general warm-up lanes. Circle swimming only.
  - e. No kick boards, pull buoys, or hand paddles may be used.
3. Safety Guidelines
- a. Coaches are responsible for the following:
    1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
    2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following.
    - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    - 2) Marshals must be members of United States Swimming.
    - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
    - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures**