

**11 - 12 Girls  
Long Course Meters  
9/1/03 - 8/10/09**

<b>50 Free</b>		
<b>Samantha Tucker</b>	<b>27.69</b>	<b>6/17/04</b>
Tera Bradham	27.93	7/20/05
<b>Quinn Carrozza</b>	<b>28.22</b>	<b>7/29/09</b>
Abby Meyer	28.53	7/23/08
Erin Flanigan	28.56	7/20/04
Tiffany Sudarma	28.97	7/18/07
Lindsey Ulin	29.14	7/6/06
Jessica Gardner	29.66	7/2/04
Alejandra Ehle	29.68	5/16/08
Hannah Finkernagel	29.83	6/29/07

<b>100 Free</b>		
<b>Samantha Tucker</b>	<b>59.88</b>	<b>7/21/04</b>
<b>Quinn Carrozza</b>	<b>1:00.46</b>	<b>7/29/09</b>
Abby Meyer	1:00.93	7/23/08
Tera Bradham	1:01.15	7/20/05
Erin Flanigan	1:01.51	8/2/05
Alejandra Ehle	1:03.10	4/18/08
Tiffany Sudarma	1:03.56	6/29/07
Jessica Gardner	1:03.85	7/21/04
Lindsey Ulin	1:05.03	7/6/06
Sara Landry	1:05.15	6/30/06

<b>200 Free</b>		
<b>Quinn Carrozza</b>	<b>2:10.05</b>	<b>7/29/09</b>
Samantha Tucker	2:10.58	7/21/04
Erin Flanigan	2:11.31	8/2/05
Abby Meyer	2:13.15	7/23/08
Tera Bradham	2:15.44	7/8/05
Jessica Gardner	2:15.90	7/21/04
Alejandra Ehle	2:18.44	4/18/08
Tiffany Sudarma	2:19.81	7/5/07
<b>Katie Rae Lain</b>	<b>2:21.57</b>	<b>7/29/09</b>
Megan Runyan	2:22.15	1/30/04

<b>400 Free</b>		
<b>Samantha Tucker</b>	<b>4:34.71</b>	<b>7/21/04</b>
Erin Flanigan	4:35.29	8/2/05
<b>Quinn Carrozza</b>	<b>4:42.30</b>	<b>7/29/09</b>
Abby Meyer	4:43.73	7/4/08
Jessica Gardner	4:44.55	7/21/04
Tera Bradham	4:49.98	7/1/05
Sara Landry	4:57.60	5/20/06
Koryn Ternes	4:58.95	6/2/06
Alejandra Ehle	4:59.01	5/16/08
Katie Rae Lain	5:00.53	6/19/09

<b>800 Free</b>		
<b>Erin Flanigan</b>	<b>9:25.67</b>	<b>6/24/05</b>
Samantha Tucker	9:54.79	5/22/04
Tera Bradham	9:56.08	5/21/05
Jessica Gardner	10:10.49	5/22/04
Megan Runyan	10:47.48	5/22/04
Jessica Gardner	10:10.49	5/22/04
Sara Landry	10:22.97	5/20/06
Megan Runyan	10:47.48	5/22/04
Kelly Runyan	11:04.05	5/22/04
Ruth Norval	11:05.93	5/22/04

<b>1500 Free</b>		
<b>Erin Flanigan</b>	<b>18:26.71</b>	<b>7/27/05</b>
Tera Bradham	20:30.91	6/25/04

<b>50 Back</b>		
<b>Tiffany Sudarma</b>	<b>32.16</b>	<b>7/18/07</b>
Abby Meyer	32.51	6/5/08
Samantha Tucker	32.98	7/21/04
Tera Bradham	33.46	7/1/05
Jessica Gardner	33.60	7/21/04
Sarah Southworth	34.44	7/20/05
Meng Huang	34.48	7/20/05
Alejandra Ehle	34.66	5/16/08
Alicia Zhang	35.15	7/28/04
Ruth Norval	35.19	7/21/04

<b>100 Back</b>		
<b>Abby Meyer</b>	<b>1:08.21</b>	<b>7/23/08</b>
Tera Bradham	1:09.88	7/20/05
Tiffany Sudarma	1:10.26	7/18/07
Samantha Tucker	1:10.54	7/9/04
Jessica Gardner	1:10.63	7/21/04
Quinn Carrozza	1:11.73	5/22/09
Erin Flanigan	1:13.65	7/1/05
Alejandra Ehle	1:14.02	4/18/08
Catherine Chang	1:15.33	7/6/06
Ruth Norval	1:15.88	7/9/04

<b>200 Back</b>		
<b>Abby Meyer</b>	<b>2:28.15</b>	<b>7/10/08</b>
<b>Quinn Carrozza</b>	<b>2:30.35</b>	<b>7/29/09</b>
Jessica Gardner	2:30.39	7/9/04
Samantha Tucker	2:31.62	7/9/04
Tera Bradham	2:33.00	7/1/05
Tiffany Sudarma	2:35.01	7/18/07
Erin Flanigan	2:39.10	7/1/05
<b>Katie Rae Lain</b>	<b>2:42.81</b>	<b>7/29/09</b>
Ruth Norval	2:43.08	7/21/04
Alejandra Ehle	2:43.08	5/16/08

<b>50 Breast</b>		
<b>Tera Bradham</b>	<b>35.28</b>	<b>8/2/05</b>
Lindsey Ulin	37.41	7/19/06
<b>Katie Rae Lain</b>	<b>38.10</b>	<b>7/29/09</b>
Koryn Ternes	38.13	7/6/06
Meng Huang	38.24	7/20/05
Bethany Corbae	38.65	7/2/04
Jessica Gardner	39.25	7/9/04
Sara Landry	39.40	4/29/06
Hannah Finkernagel	39.60	7/5/07
Anne Shedlosky	41.06	4/18/08

<b>100 Breast</b>		
<b>Tera Bradham</b>	<b>1:16.20</b>	<b>8/2/05</b>
<b>Katie Rae Lain</b>	<b>1:21.20</b>	<b>7/29/09</b>
Koryn Ternes	1:22.72	7/6/06
Meng Huang	1:23.91	7/8/05
Anne Shedlosky	1:25.37	5/16/08
Jessica Gardner	1:25.98	7/9/04
Abigail Meyer	1:26.85	7/5/07
Jessica Shepard	1:27.96	7/6/06
Sara Landry	1:28.02	4/29/06
Hannah Finkernagel	1:28.89	7/5/07

<b>200 Breast</b>		
<b>Tera Bradham</b>	<b>2:47.87</b>	<b>7/14/05</b>
Katie Rae Lain	2:52.26	3/5/09
Koryn Ternes	2:53.44	6/2/06
Meng Huang	2:58.48	5/21/05
Abby Meyer	2:58.72	4/18/08
Jessica Gardner	3:02.04	7/9/04
Sara Landry	3:05.65	7/19/06
Jessica Shepard	3:07.21	6/30/06
Alejandra Ehle	3:09.64	5/16/08
Anne Shedlosky	3:09.67	4/18/08

<b>50 Fly</b>		
<b>Tiffany Sudarma</b>	<b>30.53</b>	<b>7/18/07</b>
Samantha Tucker	30.60	7/21/04
Erin Flanigan	30.84	7/20/05
Lindsey Ulin	30.86	7/19/06
Quinn Carrozza	31.35	5/22/09
Alicia Zhang	31.89	7/21/04
Tera Bradham	31.92	4/30/05
Sarah Southworth	31.98	7/8/05
Kylie Ternes	32.67	7/9/04
Catherine Chang	32.71	7/6/06

<b>100 Fly</b>		
<b>Alicia Zhang</b>	<b>1:07.45</b>	<b>7/21/04</b>
Tiffany Sudarma	1:07.54	7/18/07
Erin Flanigan	1:08.03	7/20/05
<b>Quinn Carrozza</b>	<b>1:08.32</b>	<b>7/29/09</b>
Samantha Tucker	1:11.33	7/9/04
Sarah Southworth	1:11.94	7/8/05
Tera Bradham	1:13.20	5/21/05
Alejandra Ehle	1:13.63	5/16/08
Abby Meyer	1:14.20	7/4/08
Kylie Ternes	1:14.66	7/9/04

<b>200 Fly</b>		
<b>Alicia Zhang</b>	<b>2:27.95</b>	<b>7/28/04</b>
Erin Flanigan	2:29.45	7/20/05
Quinn Carrozza	2:34.15	7/3/09
Tiffany Sudarma	2:35.34	7/18/07
Abby Meyer	2:41.42	5/16/08
Koryn Ternes	2:42.69	7/19/06
Alejandra Ehle	2:49.40	5/16/08
Sarah Southworth	2:54.72	5/21/05
Kylie Ternes	2:55.53	7/9/04
Meng Huang	2:58.14	4/30/05

<b>200 IM</b>		
<b>Tera Bradham</b>	<b>2:27.57</b>	<b>7/20/05</b>
Abby Meyer	2:29.78	7/23/08
Jessica Gardner	2:34.63	7/9/04
Erin Flanigan	2:34.79	7/1/05
Koryn Ternes	2:36.46	7/6/06
Samantha Tucker	2:38.93	1/30/04
Tiffany Sudarma	2:39.30	6/29/07
<b>Katie Rae Lain</b>	<b>2:39.41</b>	<b>7/29/09</b>
Quinn Carrozza	2:40.00	6/19/09
Alejandra Ehle	2:40.02	4/18/08

<b>400 IM</b>		
<b>Erin Flanigan</b>	<b>5:26.36</b>	<b>7/1/05</b>
Abby Meyer	5:29.77	4/18/08
Tera Bradham	5:31.73	6/24/05
Jessica Gardner	5:33.05	7/2/04
Koryn Ternes	5:33.64	6/30/06
Quinn Carrozza	5:35.14	5/22/09
Katie Rae Lain	5:39.45	5/22/09
Alejandra Ehle	5:42.49	4/18/08
Alicia Zhang	5:47.23	5/22/04
Meng Huang	5:48.75	7/1/05