

**15 - 16 Girls
Long Course Meters
9/1/03 - 8/10/09**

50 FREE		
Samantha Tucker	26.72	6/1/07
Caroline McElhany	26.80	6/5/08
Mary Beck	27.13	5/19/07
Camille Hendrix	27.30	2/22/07
Allyson Sweeney	27.31	7/12/07
Jessica Rodriguez	27.38	8/22/06
Annemarie Thayer	27.46	7/23/09
Kristina Rigterink	27.47	7/28/04
Wylie Escobedo	27.69	7/16/08
Amber McDermott	27.71	7/23/09

100 FREE		
Samatha Tucker	55.78	6/29/08
Caroline McElhany	57.35	6/5/08
Jessica Rodriguez	57.54	6/1/07
Amber McDermott	57.74	7/23/09
Mary Beck	57.96	7/31/07
Allyson Sweeney	58.18	7/26/06
Erin Flanigan	58.62	6/5/08
Annemarie Thayer	58.65	7/23/09
Nadia El-Hamdi	58.69	6/5/08
Meng Huang	59.10	7/23/09

200 FREE		
Jessica Rodriguez	1:59.97	7/16/07
Samantha Tucker	2:01.13	6/29/08
Mary Beck	2:01.32	3/6/08
Amber McDermott	2:01.49	8/4/09
Kelsey Ditto	2:01.70	8/3/05
Erin Flanigan	2:03.69	7/23/09
Caroline McElhany	2:04.52	2/15/08
Rebecca Orr	2:04.78	7/28/04
Nikki White	2:04.81	7/13/06
Allyson Sweeney	2:06.10	7/26/06

400 FREE		
Amber McDermott	4:08.18	8/4/09
Jessica Rodriguez	4:11.21	6/28/07
Kelsey Ditto	4:11.62	4/1/05
Nikki White	4:15.99	7/31/07
Samantha Tucker	4:20.51	7/12/07
Erin Flanigan	4:21.12	3/5/08
Rebecca Orr	4:23.31	6/17/04
Kristina Rigterink	4:23.85	6/23/05
Mary Beck	4:24.01	11/30/06
Annemarie Thayer	4:26.34	7/23/09

800 FREE		
Amber McDermott	8:27.90	8/4/09
Kelsey Ditto	8:33.59	8/3/05
Jessica Rodriguez	8:40.42	6/28/07
Nikki White	8:43.71	7/31/07
Rebecca Orr	9:04.31	7/28/04
Koryn Ternes	9:06.67	7/23/09
Erin Flanigan	9:06.71	7/23/09
Samantha Tucker	9:07.73	11/30/06
Ruthie Norval	9:13.85	7/25/07
Jessica Gardner	9:16.16	6/1/07

1500 FREE		
Amber McDermott	16:22.80	8/4/09
Kelsey Ditto	16:24.84	8/3/05
Nikki White	16:39.93	7/31/07
Jessica Rodriguez	17:07.08	8/22/06
Koryn Ternes	17:18.50	6/11/09
Ruthie Norval	17:51.73	7/4/08
Rebecca Orr	17:52.15	1/30/04
Darcy Argueta	18:17.93	7/12/07
Norra Stroh	18:21.83	7/6/06
Julie Gutierrez	18:50.15	7/6/06

100 BACK		
Mary Beck	1:01.30	3/6/08
Annemarie Thayer	1:02.61	7/7/09
Michelle Teets	1:05.01	7/6/06
Wylie Escobedo	1:05.24	3/6/08
Megan Latone	1:06.35	7/26/06
Ruthie Norval	1:06.44	7/25/08
Samantha Tucker	1:06.80	6/1/07
Nika Dannenmaier	1:06.83	6/23/06
Rebecca Orr	1:07.02	6/17/04
Amber McDermott	1:02.86	7/23/09

200 BACK		
Annemarie Thayer	2:12.11	8/4/09
Mary Beck	2:13.18	3/6/08
Amber McDermott	2:13.92	8/4/09
Samantha Tucker	2:20.04	7/12/07
Nika Dannenmaier	2:21.11	6/23/06
Rebecca Orr	2:21.46	7/28/04
Michelle Teets	2:21.57	7/6/06
Megan Latone	2:22.11	7/26/06
Jessica Rodriguez	2:23.04	7/13/06
Wylie Escobedo	2:23.22	6/5/08

100 BREAST		
Koryn Ternes	1:14.57	7/23/09
Jessica Rodriguez	1:15.53	6/1/07
Tera Bradham	1:16.11	7/25/08
Annemarie Thayer	1:16.27	7/23/09
Mary Beck	1:16.77	6/29/07
Camille Hendrix	1:19.23	7/6/06
Jenny Thomas	1:20.72	3/5/08
Nika Dannenmaier	1:21.65	6/2/06
Shannon Regan	1:21.92	6/30/06
Sara Landry	1:22.15	3/5/09

200 BREAST		
Koryn Ternes	2:39.61	7/23/09
Amber McDermott	2:41.82	7/23/09
Jessica Rodriguez	2:42.41	4/28/07
Tera Bradham	2:45.64	6/5/08
Annemarie Thayer	2:47.24	6/19/09
Nika Dannenmaier	2:50.44	7/6/06
Kristina Rigterink	2:50.53	5/21/05
Camille Hendrix	2:52.05	7/6/06
Michelle Teets	2:58.79	6/3/05
Kelsey Ditto	3:00.66	4/30/05

100 FLY		
Caroline McElhany	1:00.03	6/29/08
Annemarie Thayer	1:02.35	7/7/09
Erin Flanigan	1:04.14	12/2/07
Jessica Rodriguez	1:04.65	7/13/06
Julie Gutierrez	1:04.66	7/25/07
Nadia El-Hamdi	1:04.83	7/23/09
Kristina Rigterink	1:05.21	7/28/04
Wylie Escobedo	1:05.41	6/5/08
Kelsey Ditto	1:06.46	6/3/05
Taryne Cantillo	1:06.49	5/22/04

200 FLY		
Caroline McElhany	2:13.14	2/15/08
Annemarie Thayer	2:15.35	7/23/09
Jessica Rodriguez	2:17.06	6/1/07
Amber McDermott	2:18.04	7/23/09
Erin Flanigan	2:18.93	6/5/08
Kelsey Ditto	2:20.45	4/30/05
Ruthie Norval	2:22.59	7/12/07
Koryn Ternes	2:23.12	7/23/09
Kristina Rigterink	2:25.25	7/28/04
Nikki White	2:26.15	5/20/06

200 IM		
Jessica Rodriguez	2:14.67	6/28/07
Caroline McElhany	2:15.64	6/29/08
Amber McDermott	2:16.56	8/4/09
Mary Beck	2:16.62	7/31/07
Annemarie Thayer	2:18.24	7/7/09
Nika Dannenmaier	2:25.28	7/13/06
Tera Bradham	2:25.68	6/5/08
Koryn Ternes	2:26.47	7/23/09
Michelle Teets	2:28.12	7/6/06
Norra Stroh	2:28.13	7/26/06

400 IM		
Amber McDermott	4:43.04	8/4/09
Jessica Rodriguez	4:44.58	6/28/07
Caroline McElhany	4:51.35	3/6/08
Annemarie Thayer	4:51.35	6/11/09
Mary Beck	4:55.50	6/1/07
Koryn Ternes	5:03.55	7/23/09
Kristina Rigterink	5:05.90	6/23/05
Nika Dannenmaier	5:08.28	6/23/06
Kelsey Ditto	5:08.87	6/3/05
Norra Stroh	5:11.54	8/1/06