

**Women - Open
Long Course Meters
9/1/03 - 8/10/09**

50 FREE		
Erin Phenix	25.70	7/7/04
Tanica Jamison	25.86	7/29/08
Tammie Stone	26.01	6/17/04
Hee-Jin Chang	26.06	7/31/07
Samantha Tucker	26.28	1/8/09
Brie Powers	26.30	3/23/08
Connie Brown	26.50	7/26/06
Hayley McGregory	26.56	3/6/08
Jaclyn Faulkner	26.76	8/3/05
Caroline McElhany	26.80	6/5/08

100 FREE		
Tanica Jamison	55.44	7/23/09
Kirsty Coventry	55.73	7/16/08
Samantha Tucker	55.78	6/29/08
Erin Phenix	56.00	7/7/04
Hee-Jin Chang	56.33	7/31/07
Brie Powers	56.65	8/4/09
Connie Brown	56.83	7/26/06
Jessica Rodriguez	56.98	6/29/08
Susan Woessner	57.08	2/10/04
Caroline McElhany	57.35	6/5/08

200 FREE		
Kirsty Coventry	1:57.04	6/5/08
Samantha Tucker	1:58.81	8/4/09
Jessica Rodriguez	1:59.79	6/29/08
Tanica Jamison	1:59.91	7/23/09
Mary Beck	2:01.32	3/6/08
Kelsey Ditto	2:01.35	8/1/06
Amber McDermott	2:01.49	8/4/09
Adrienne Woods	2:03.25	8/4/09
Rebecca Orr	2:03.50	7/16/08
Erin Flanigan	2:03.69	7/23/09

400 FREE		
Amber McDermott	4:08.18	8/4/09
Kirsty Coventry	4:08.50	6/5/08
Kelsey Ditto	4:10.03	7/7/09
Jessica Rodriguez	4:10.66	2/15/08
Nikki White	4:12.52	6/29/08
Natalie Sacco	4:15.07	7/29/08
Samantha Tucker	4:18.26	7/23/09
Delia Huang	4:18.75	7/14/05
Rebecca Orr	4:20.35	6/5/08
Susana Escobar	4:21.48	5/22/09

800 FREE		
Amber McDermott	8:27.90	8/4/09
Kelsey Ditto	8:33.46	8/1/06
Jessica Rodriguez	8:40.42	6/28/07
Nikki White	8:43.71	7/31/07
Natalie Sacco	8:48.89	7/16/08
Delia Huang	8:51.84	7/27/05
Nikki Collins	8:55.17	7/27/05
Susana Escobar	8:55.85	5/22/09
Kirsten Groome	8:58.86	6/23/05
Samantha Tucker	9:03.92	6/22/06

1500 FREE		
Amber McDermott	16:22.80	8/4/09
Kelsey Ditto	16:24.84	8/3/05
Natalie Sacco	16:35.53	7/29/08
Nikki White	16:39.93	7/31/07
Nikki Collins	17:02.66	7/27/05
Katie Jo Burkland	17:05.13	8/10/09
Briana Meyer	17:05.74	8/10/09
Jessica Rodriguez	17:07.08	8/22/06
Koryn Ternes	17:18.50	6/11/09
Delia Huang	17:41.89	1/30/04

100 BACK		
Hayley McGregory	59.11	7/29/08
Kirsty Coventry	1:00.68	6/11/09
Mary Beck	1:01.30	3/6/08
Elizabeth Wycliffe	1:02.25	2/15/08
Annemarie Thayer	1:02.61	7/7/09
Amber McDermott	1:02.86	7/23/09
Tanica Jamison	1:03.44	6/29/08
Andrea Axtell	1:03.63	2/26/04
Rebecca Orr	1:03.76	7/29/08
Susan Woessner	1:03.99	2/10/04

200 BACK		
Kirsty Coventry	2:06.99	6/11/09
Hayley McGregory	2:07.69	6/29/08
Annemarie Thayer	2:12.11	8/4/09
Elizabeth Wycliffe	2:12.59	6/5/08
Kirsty Coventry	2:12.89	11/30/06
Mary Beck	2:13.18	3/6/08
Amber McDermott	2:13.92	8/4/09
Andrea Axtell	2:14.69	8/3/04
Rebecca Orr	2:14.84	7/16/08
Samantha Tucker	2:15.91	7/23/09

100 BREAST		
Elizabeth Tinnon	1:08.94	7/16/07
Alexi Spann	1:11.14	12/2/04
Leah Avilla	1:12.78	7/26/06
Kirsty Coventry	1:14.22	7/13/06
Alison Soelter	1:14.28	7/16/08
Carlye Ellis	1:14.36	7/16/08
Koryn Ternes	1:14.57	7/23/09
Jessica Rodriguez	1:15.48	4/18/08
Tera Bradham	1:16.05	7/18/07
Annemarie Thayer	1:16.27	7/23/09

200 BREAST		
Elizabeth Tinnon	2:29.92	6/28/07
Alexi Spann	2:30.64	2/10/04
Alison Soelter	2:32.74	7/29/08
Brittany Sacco	2:35.30	7/25/07
Kirsty Coventry	2:37.85	5/22/09
Koryn Ternes	2:39.61	7/23/09
Leah Avilla	2:40.16	7/26/06
Amber McDermott	2:41.82	7/23/09
Carlye Ellis	2:42.03	7/16/09
Jessica Rodriguez	2:42.41	4/28/07

100 FLY		
Tanica Jamison	59.23	8/3/04
Caroline McElhany	1:00.03	6/29/08
Katie Robinson	1:00.81	8/1/06
Kirsty Coventry	1:01.09	6/5/08
Joscelin Yeo	1:01.32	5/20/04
Andrea Axtell	1:01.50	7/7/04
Hee-Jin Chang	1:02.20	7/31/07
Alison Soelter	1:03.02	7/16/08
Elaine Ferritto	1:03.37	7/28/04
Annemarie Thayer	1:02.35	7/7/09

200 FLY		
Caroline McElhany	2:13.14	2/15/08
Katie Robinson	2:14.09	8/1/06
Andrea Axtell	2:14.48	2/10/04
Annemarie Thayer	2:15.35	7/23/09
Kirsty Coventry	2:16.21	5/22/09
Erin Flanigan	2:16.35	8/6/07
Kelsey Ditto	2:16.44	7/12/07
Jessica Rodriguez	2:17.06	6/1/07
Elaine Ferritto	2:17.30	7/28/04
Amber McDermott	2:18.04	7/23/09

200 IM		
Kirsty Coventry	2:13.96	11/30/06
Jessica Rodriguez	2:14.67	6/28/07
Caroline McElhany	2:15.64	6/29/08
Amber McDermott	2:16.56	8/4/09
Mary Beck	2:16.62	7/31/07
Joscelin Yeo	2:16.86	5/20/04
Annemarie Thayer	2:18.24	7/7/09
Alison Soelter	2:18.48	7/29/08
Tanica Jamison	2:19.34	8/3/04
Elizabeth Wycliffe	2:19.71	2/15/08

400 IM		
Kirsty Coventry	4:32.15	6/11/09
Jessica Rodriguez	4:44.58	6/28/07
Amber McDermott	4:43.04	8/4/09
Caroline McElhany	4:49.91	7/7/09
Annemarie Thayer	4:51.35	6/11/09
Mary Beck	4:55.50	6/1/07
Kirsten Groome	4:55.77	6/23/05
Elizabeth Wycliffe	4:56.13	2/15/08
Natalie Sacco	4:56.44	7/16/08
Elaine Ferritto	4:57.17	7/14/05