

*The University of Texas at Austin***LONGHORN AQUATICS****2004 Longhorn Aquatics December Unclassified  
December 11 - 12, 2004**

**WELCOME:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our December short-course unclassified meet. This meet is open to all swimmers. The meet will be conducted in two indoor 25 yard courses using a Colorado Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

**LOCATION:** The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

**SCHEDULE:** This meet will be split into morning and afternoon sessions based on age. The morning sessions each day will be for swimmers 12 & Under and the afternoon sessions will be for swimmers 13 & Over.

Saturday	12 & Under	Warm-up	8:30 AM
		Start	9:30 AM
	13 & Over	Warm-up	1:30 PM *
		Start:	2:15 PM *
Sunday	12 & Under	Warm-up	8:30 AM
		Start	9:30 AM
	13 & Over	Warm-up	1:30 PM *
		Start	2:15 PM *

\* These are estimated times. The diving well will be available for warm-up before the end of the morning session. The competition pools will be available for warm-up immediately following the morning session.

**QUALIFYING TIMES:** There are no qualifying times.

**SANCTIONS:** This meet is sanctioned by South Texas Swimming and 2004 rules apply. All swimmers must be registered for 2004 or 2005 with USA swimming/South Texas Swimming.

**MEET FORMAT:** All events will be timed finals, swum in two short course yard pools, seeded by time and gender only. Age groups will be combined. Unless otherwise noted, events will be swum slowest to fastest.

We reserve the right to cap the number of swimmers entered in the morning sessions in order to stay within the four hour rule. Swimmers will be entered in the order entries are received. We also reserve the right to combine the sessions.

**CHECK-IN:** Positive check-in is required for the 500 Free and the 400 IM. For these deck-seeded events, positive check-in with the Clerk-of-Course is required 30 minutes prior to the start of the session in which the event occurs. These events shall be swum fastest to slowest. All other events shall be swum slowest to fastest.

**ENTRY DEADLINE:** **Tuesday, November 30, 2004 at 6 PM**

**ENTRIES:** Swimmers may enter up to **5 individual events per day**. The age of the swimmer will be his/her age on December 11, 2004. Enter all events with previous best times achieved in short course yards.

All teams with five or more swimmers entered in this meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software.

Email entries to the entry chair. When you email the entries, also attach a Word document of the entries (by swimmer) and a Word document of the meet entry fees report. If you email entries, your check for entry fees must be postmarked on or before November 30, 2004.

Alternatively, you can submit a diskette and hard copies of your teams' entries (by swimmer) and the meet entry fees report by mail to the address below or in person to the Swim Center. Your entry fees must be included.

Teams with fewer than five swimmers may use the attached meet entry form. No phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

**ENTRY CHAIR:** Rhonda Dirvin  
512-327-3537  
[jrdirvin@sbcglobal.net](mailto:jrdirvin@sbcglobal.net)

**ENTRY FEES:** **\$6.00 per individual event.** This includes the South Texas Swimming splash fee of \$1.00 per splash.

Make checks payable to: **The University of Texas at Austin.**

Mail to: Meet Director—December Unclassified  
The University of Texas at Austin  
Longhorn Aquatics  
1900 Robert Dedman Drive  
1 University Station D4050  
Austin, TX 78712-0364

**LATE ENTRIES:** No late entries will be accepted.

**AWARDS:** Ribbons, first through eighth place will be awarded according to the following age groupings: 8 and under, 9 &10, 11&12. No other awards will be given.

**MEET REFEREE:** Bob Ward  
512-328-7070  
[reward@prismnet.com](mailto:reward@prismnet.com)

**MEET DIRECTORS:** Rhonda Dirvin  
512-327-3537  
[jrdirvin@sbcglobal.net](mailto:jrdirvin@sbcglobal.net) and Debbie Norval  
512-329-9110  
[anorval@austin.rr.com](mailto:anorval@austin.rr.com)

**SATURDAY, December 11, 2004**

**SESSION 1 12 & Under**

**Warm-up 8:30 AM**  
**Meet Starts 9:30 AM**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
1	12 & Under 25 Butterfly	2
3	12 & Under 25 Back	4
5	12 & Under 25 Breast	6
7	12 & Under 25 Freestyle	8
9	12 & Under 200 Freestyle	10
11	12 & Under 100 Butterfly	12
13	12 & Under 100 Breaststroke	14
15	12 & Under 50 Backstroke	16
17	12 & Under 100 IM	18
19	12 & Under 50 Freestyle	20
21	12 & Under 200 Backstroke	22
23	12 & Under 400 IM*	24

\* 400 IM will be swum fastest to slowest and swimmers must check-in by 9AM

**SESSION 2 13 & Over**

**Warm-up – starts at approximately 1:30.**  
**Meet Starts – 30 minutes after session 1 finishes (approximately 2:15)**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
25	13 & Over 200 Freestyle	26
27	13 & Over 100 Butterfly	28
29	13 & Over 100 Breaststroke	30
31	13 & Over r 50 Backstroke	32
33	13 & Over 100 IM	34
35	13 & Over r 50 Freestyle	36
37	13 & Over 200 Backstroke	38
39	13 & Over 400 IM*	40

\* 400 IM will be swum fastest to slowest and swimmers must check-in by 1:45PM

**SUNDAY, December 12, 2004**

**SESSION 3 12 & Under**

**Warm-up 8:30 AM**  
**Meet Starts 9:30 AM**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
41	12 & Under 25 Butterfly	42
43	12 & Under 25 Backstroke	44
45	12 & Under 25 Breaststroke	46
47	12 & Under 25 Freestyle	48
49	12 & Under 200 IM	50
51	12 & Under 50 Butterfly	52
53	12 & Under 200 Breaststroke	54
55	12 & Under 100 Backstroke	56
57	12 & Under 100 Freestyle	58
59	12 & Under 200 Butterfly	60
61	12 & Under 50 Breaststroke	62
63	12 & Under 500 Freestyle*	64

\* 500 Freestyle will be swum fastest to slowest and swimmers must check-in by 8AM

**SESSION 4 13 & Over**

**Warm-up – starts at approximately 1:30.**  
**Meet Starts – 30 minutes after session 1 finishes (approximately 2:15)**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
65	13 & Over 200 IM	66
67	13 & Over 50 Butterfly	68
69	13 & Over 200 Breaststroke	70
71	13 & Over 100 Backstroke	72
73	13 & Over 100 Freestyle	74
75	13 & Over 200 Butterfly	76
77	13 & Over 50 Breaststroke	78
79	13 & Over 500 Freestyle	80

\* 500 Freestyle will be swum fastest to slowest and swimmers must check-in by 1:45PM

**OFFICIALS:** Help from visiting officials is always welcome. Visiting officials are asked to indicate their availability with the team's entry forms.

**TIMERS:** Each team must provide timers based on the percentage of swimmers entered in the meet.

**SPECIAL NEEDS:** Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

**DECK ACCESS:** Only USA Swimming registered athletes, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**LIABILITY:** USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**TSC RULES:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

**Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.**

*The University of Texas at Austin*

**Lee and Joe Jamail  
Texas Swimming Center**

**2004-2005 SPONSOR HOTELS**

**Drury Inn & Suites**

Nicole Cummings, National Sales Coordinator  
6711 I-H 35  
Austin, TX 78752  
(800) 436-1175  
[nicole.cummings@druryinn.com](mailto:nicole.cummings@druryinn.com)

**Hampton Inn Austin South**

4141 Governor's Row  
Austin, TX 78744  
Connie Ramos  
(512) 442-4040 ext. 2128  
[cramos@valenciagroup.com](mailto:cramos@valenciagroup.com)

**Drury Inn Highland Mall**

919 E. Koenig Lane  
Austin, TX 78752  
(800) 436-1175  
[nicole.cummings@druryinn.com](mailto:nicole.cummings@druryinn.com)

**Radisson Hotel & Suites**

111 Caesar Chavez  
Austin TX 78701  
Taylor Young  
(512) 473-1512  
[www.radissonaustin.com](http://www.radissonaustin.com)

**Embassy Suites**

Kate Reid  
5901 N. IH 35  
Austin, TX 78723  
(512) 454-8004 ext. 7025  
[www.embassysuitesaustinnorth.com](http://www.embassysuitesaustinnorth.com)

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

**LANE USE**

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
  - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2) Marshals must be members of United States Swimming.
  - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
  - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures**

