

The University of Texas at Austin



LONGHORN AQUATICS



**2005 Longhorn Aquatics November Unclassified
November 18 - 20, 2005**

Welcome: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our November Unclassified. This meet is open to all swimmers and will be conducted in two indoor 25 yard courses on Friday, and one indoor 25 yard course Saturday and Sunday, using a Colorado Timing System and Hy-Tek Meet Manager software.. Designated warm-up lanes will be available during the meet.

Location: The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Schedule: The meet will be split into morning and afternoon sessions based on age. The morning sessions each day are planned for swimmers 12 & Under and the afternoon sessions for swimmers 13 & Over. However, we reserve the right to split the sessions differently to keep them about the same size, or to combine sessions.

Friday	All Swimmers	Warm-up Start	5:00 PM 5:45 PM
Saturday	12 & Under	Warm-up Start	9:00 AM 9:45 AM
	13 & Over	Warm-up Start:	1:45 PM * 2:15 PM *
Sunday	12 & Under	Warm-up Start	8:00 AM 9:00 AM
	13 & Over	Warm-up Start	1:00 PM * 1:30 PM *

* These are estimated times. The warm-up for the afternoon session will begin immediately after the morning session. The non-competition pool will be available for warm-up/warm-down during the meet.

Qualifying Times: There are no qualifying times, but athletes may not enter an event with no time. For athletes with no time in an event, coaches should estimate a SCY entry time. In estimating a time, please use as much care as possible to make sure your athlete is in the proper heat to give the best competition for all athletes.

Sanctions: This meet is sanctioned by South Texas Swimming and 2005 rules apply. All swimmers must be registered for 2005 or 2006 with USA Swimming / South Texas Swimming.

Meet Format: All events are timed finals, seeded by time and gender only. Age groups will be combined. All events will swim fastest to slowest.

We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule. Swimmers will be entered in the order entries are received.

Check-in: Check-in is required for the 1650 freestyle and for the 400IM. In both cases, check-in sheets will be available approximately two hours before the event is scheduled to be swum and will be due one hour later. Exact times will be posted the day of the event.

Entry Deadline: **Monday November 7, 2005 at 6 PM.**

Entries: Swimmers may enter a maximum of 5 individual events per day. The age of the swimmer will be his/her age on November 18, 2005. Enter all events with previous best times achieved in short course yards. Athletes may not enter an event with no time. For athletes with no time in an event, coaches should estimate a SCY entry time. In estimating a time, please use as much care as possible to make sure your athlete is in the proper heat to give the best competition for all athletes.

Teams with five or more swimmers entered in this meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software.

Email entries to Rhonda Dirvin at jrdirvin@sbcglobal.net. Include the Hy-Tek file and a Word document of the entries (by swimmer). If you don't receive an email confirmation, your entries were not received.

If you email entries, your entry fees must be received by November 10, 2005. Entries will not be seeded if entry fees are not received on time.

Alternatively, you can mail a diskette and the meet entries report (by swimmer) to Rhonda Dirvin, 1218 Havre Lafitte Dr, Austin, TX 78746. Your entry fees must be included.

Teams with fewer than five swimmers should email information for entries to Rhonda Dirvin at jrdirvin@sbcglobal.net including the club name and abbreviation, swimmer's name, USA Swimming ID number, event #, event name, and seed time.

No phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: **\$6.00 per individual event.** This includes the South Texas Swimming splash fee of \$1.00 per splash.

Make checks payable to **The University of Texas at Austin** and
Mail to: Meet Director—November Unclassified
Rhonda Dirvin
1218 Havre Lafitte Dr
Austin, TX 78746

Deck Entries: Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter the next days events after deck entries close for the current session.

The deck entry fee is \$10.00 per event. **Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter.**

Awards: Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 8 and under, 9-10, and 11-12. No other awards will be given.

Meet Referee: Bob Ward
reward@prismnet.com

Meet Director: Rhonda Dirvin
512-327-3537
jrdirvin@sbcglobal.net

Order of Events

FRIDAY, November 18, 2005

SESSION 1 Friday night

Girls	Events	Boys
1	500 Freestyle*	2
3	50 Fly	4
5	50 Free	6
7	50 Breast	8
9	50 Back	10
11	12 and Under 400 IM**	12
13	13 and Over 400 IM**	14

* The 500 Freestyle requires swimmers to provide a person to count for them. Timers will be provided. This event will be pre-seeded – no positive check-in is required.

** 400IM requires positive check-in by 5:30PM. We may combine events 11 and 13 and 12 and 14. Swimmers must provide their own timer.

SATURDAY, November 19, 2005

SESSION 2 12 & Under

Girls	Events	Boys
15	12 & under 200 Freestyle	16
17	12 & under 100 Breast	18
19	12 & under 200 Butterfly	20
21	12 & Under 50 Free	22
23	12 & Under 100 Individual Medley	24
25	12 & Under 200 Backstroke	26
27	12 & Under 50 Butterfly	28

SESSION 3 13 & Over

Girls	Events	Boys
29	13 & Over 200 Breaststroke	30
31	13 & Over 100 Backstroke	32
33	13 & Over 50 Butterfly	34
35	13 & Over 200 Individual Medley	36
37	13 & Over 50 Breaststroke	38
39	13 & Over 100 Freestyle	40
41	13 & Over 200 Butterfly	42

SUNDAY, November 20, 2005

SESSION 4 12 & Under

Girls	Events	Boys
43	12 & Under 200 Individual Medley	44
45	12 & Under 200 Breaststroke	46
47	12 & Under 100 Freestyle	48
49	12 & Under 50 Backstroke	50
51	12 & Under 100 Butterfly	52
53	12 & Under 50 Breaststroke	54
55	12 & Under 100 Backstroke	56

SESSION 5 13 & Over

Girls	Events	Boys
57	13 & Over 50 Freestyle	58
59	13 & Over 200 Backstroke	60
61	13 & Over 100 Breaststroke	62
63	13 & Over 50 Backstroke	64
65	13 & Over 200 Freestyle	66
67	13 & Over 100 Individual Medley	68
69	13 & Over 100 Butterfly	70
71	13 & Over 1650 Freestyle*	72

* The 1650 Freestyle is open to the fastest 16 girls and the fastest 16 boys that enter. Positive Check-in is required 1 hour before estimated swim time. Swimmers must provide their own timers and counters.

Officials: Help from visiting officials is always welcome. Visiting officials are asked to indicate their availability with the team's entry forms.

Timers: Each team must provide timers based on the percentage of swimmers entered in the meet. We will fill as many timer slots as possible with TXLA parents, but we almost always fall a little short. Please help us keep the meet running smoothly by promptly responding to a call for timers.

Special Needs: Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming

Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

Deck Access:

Only USA Swimming registered athletes, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

Liability:

USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC Rules:

As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

2005-2006 SPONSOR HOTELS

Holiday Inn Town Lake

20 N IH-35
Austin, TX 78701
Divya Siaghal
(512) 634-1274

divya.saighal@ichotelsgroup.com

Located directly on the Town Lake
hike and bike trail, minutes from the
UT pool, with free parking

Hampton Inn and Suites Downtown

200 San Jacinto
Austin, TX 78701
Shawn Ezell
(512) 744-0822

sezell@valenciagroup.com

Complimentary breakfast, fitness room, pool, walk to over
75 restaurants, and only 1 mile to the swim center

Radisson Hotel & Suites on Town Lake

111 Cesar Chavez
Austin TX 78701
Jennifer Spradling
(512) 478-9611

jspradling@radissonaustin.com

Located in the heart of downtown Austin, minutes
From the UT Swim Center, Home of Starbucks coffee
And home of T.G.I. Fridays restaurant

Drury Hotels of Austin

Drury Inn Highland Mall - 919 E. Koenig Lane
Drury Inn & Suits North – 6711 I-35N
Kristen McIntyre (10+ rooms)
(800) 436-1170
Individual reservations (800) 378-7946

Hampton Inn and Suites Airport

7712 E Riverside Drive
Austin, TX 78744
Donna Evans
(512) 356-6603
dhevens@valenciagroup.com

Embassy Suites

North - 5901 N. IH 35
Kate Reid
(512) 454-8004 ext. 7025

www.embassysuitesaustinnorth.com

Downtown – 300 South Congress Ave
Craig Harms
(512) 617-2574

www.austindowntown.embassysuites.com

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures