

The University of Texas at Austin



LONGHORN AQUATICS

**2006 Longhorn Aquatics Jingle Bell Splash – an Invitational
December 15 -- 17, 2006**

Welcome: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our December prelim/final short-course invitational. This meet will be conducted in two indoor 25 yard courses, using a Colorado Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

Location: The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Schedule:

	<u>Prelims</u>		<u>Finals</u>	
Friday	Warm-up	8:00 AM	Warm-up	5:00 PM
	Start	9:00 AM	Start:	6:00 PM
Saturday	Warm-up	8:00 AM	Warm-up	5:00 PM
	Start	9:00 AM	Start:	6:00 PM
* South Texas Swimming winter meeting after prelims - Alderson Room, 2 nd Floor				
Sunday	Warm-up	8:00 AM	Warm-up	4:00 PM
	Start	9:00 AM	Start	5:00 PM

Sanctions: This meet is sanctioned by South Texas Swimming and 2006 rules apply. All swimmers must be registered for 2006 or 2007 with USA Swimming.

Entry Deadline: Entries must be received by **Monday, December 4, 2006 at 6 PM.** Entry fees must be received by Friday, December 8.

Invitation: If you did not receive an invitation to this meet and would like to enter, please email Dave Kalange, Longhorn Aquatics assistant coach, at chlorinecowboy1@yahoo.com.

Qualifying Times: There are qualifying times for 200 and longer events – see the order of events. 50 and 100 yard events have no qualifying times.

Other than entries for the 1000 (which is your 500 time), times will not be pre-proved. For 200 yard events and longer, athletes that do not finish within the qualifying time will be required to prove their entry time. Swimmers that cannot prove an entry time (in yards) will be fined \$25 payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent TXLA meets at the Swim Center) until the fines are paid.

Swimmers may not enter with a NT. For the 50 and 100 yard events (which do not have qualifying times and are not subject to a penalty), estimate a SCY time if you need to. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

Meet Format: Other than the 1000 free, all events are prelim/final. In prelims, events will be seeded only by time and gender; age groups will be combined. All events will swim fastest to slowest, even/odd in prelims.

The 1000 free is a timed final event and will be limited to the fastest 32 boys and the fastest 32 girls. **Enter the 1000 with your best 500 free time.** Times will be pre-proved for this event. Refer to the entry section for appropriate proof of time, which must be submitted with your entries. 1000 free swimmers must provide their own timers and lap counters. The fastest heat will swim in the evening at the end of finals; the 3 remaining heats will swim in prelims, fastest to slowest.

In finals, events will be separated by gender and age, and seeded by time. Depending on the time line, finals may swim in one pool or two pools (boys/girls). The number of heats qualifying for finals is as follows:

	50 & 100, 200 Free & IM	200 Back, Breast & Fly	400 & 500 Y
10 & Under	2		
12 & Under		2	2
11 – 12	2		
13 – 14	2	2	2
15 & Over	2	2	2

We reserve the right to cap the number of swimmers entered in prelims in order to stay within the four hour rule. Swimmers will be entered in the order entries are received.

Check-in: Positive check-in is required for the 1000, 400 IM and 500 free. Check-in sheets will be available at clerk of course approximately 2 hours before the event will swim and will close one hour before the event should swim.

Swimmers that check-in for an event and fail to swim will be fined \$25 payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent TXLA meets at the Swim Center) until the fines are paid.

Scratch Rule: The top qualifiers in each preliminary event will be posted and announced after the final heat. All swimmers, including the top qualifiers, have 30 minutes to decide whether they will swim in finals. If they don't want to swim in finals, they must scratch, or declare an intent to scratch, at the clerk of course within 30 minutes following the announcement. Parents are not allowed on deck for this purpose.

As top qualifiers scratch, another swimmer becomes eligible for finals. So if a swimmer does NOT want to swim in finals, they should scratch their name on the list at clerk of course **no matter how far down the list their name appears.** The athletes swimming in finals will be posted as soon as possible after the 30 minute scratch period.

Any swimmer included in finals who fails to report to the starting blocks in finals will be subject to a penalty -- on Friday and Saturday, the swimmer will be barred from further preliminary competition; on Sunday, swimmers will be subject to a penalty of \$50 for a no show in finals. Swimmers will be barred from competition at the Swim Center until fines are paid.

Entries: Swimmers may enter a maximum of 3 individual events per day. The age of the swimmer will be his/her age on December 15, 2006. Enter all events with previous best times achieved in short course yards.

Entries in the 1000 free (which are 500 free times) will be pre-proved. You should include the Team Manager proof of time report with your entries. This report is not proof of time but helps to find your proof of time in the USA Swimming database. If your entry time is not in the USA database (a split, high school, etc.) you must submit proof of time with your entries. Proof includes: the date and name of the meet, the website where results can be found. Alternatively you may submit a hard copy of the proof with your entries. Entries for the 1000 submitted without proof of time will not be processed.

Other than the 1000 (which must be pre-proved), athletes that do not finish an event within the qualifying time, will be required to prove their entry time. Swimmers that cannot prove an entry time will be fined \$25, payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent meets at the Swim Center) until the fines are paid.

Entries must be emailed. Send them to Debbie Norval at anorval@austin.rr.com. If you don't receive an email confirmation, your entries were not received. You do not need to mail me a hard copy of what you emailed.

Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek. They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.

Teams with five or more swimmers entered in the meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software. Include the Hy-Tek entry file and a Word document of the entries (by swimmer). It is not necessary to include a hard copy of your entries with your check.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: **\$7.50 per individual event.** This includes the South Texas Swimming splash fee of \$1.00 per splash. Entry fees must be received by Friday, December 8.

Make checks payable to **The University of Texas at Austin** and
Mail to: Meet Director—Jingle Bell Splash
Debbie Norval
2808 Montebello Road # 7
Austin, TX 78746

Deck Entries: Deck entries will be accepted only for open lanes. Deck entries will not be accepted for the 1000. No new heats will be created. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter the next days events after deck entries close for the current session.

The deck entry fee is \$15.00 per event. **Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter.**

Awards: In finals, 1st through 5th place finishers will receive a silicone wristband. Wristbands will be awarded in the same age groups that qualify for finals. For example, in the 200 breast, the top 5 finishers in these age groups will receive a wristband -- 12 & under, 13/14 and 15 & over; in the 100 free, the top 5 finishers in these age groups will receive a wristband -- 10 & under, 11/12, 13/14 and 15 & over. Each athlete is eligible for only 1 wristband. Awards will be located on the pool deck.

Meet Referee: Ron Zolno
rzolno@brsgroup.com

Meet Director: Debbie Norval
512-329-9110
anorval@austin.rr.com

Order of Events

Friday Prelims, December 15, 2006 Session 1

Girls Event #	10 & under	11/12	13/14	15 & over	Event Description	15 & over	13/14	11/12	10 & under	Boys Event #
1	3:24	3:24	3:09	2:57	200 Fly	2:47	3:00	3:23	3:23	2
3					50 Free					4
5	3:48	3:48	3:30	3:20	200 Breast	3:06	3:20	3:41	3:41	6
7					50 Back					8
9					100 IM					10
11	7:53	7:53	6:44	6:44	1000 Free (a) (b)	6:44	7:02	7:48	7:48	12

Saturday Prelims, December 16, 2006 Session 2

Girls Event #	10 & under	11/12	13/14	15 & over	Event Description	15 & over	13/14	11/12	10 & under	Boys Event #
13	3:00	2:50	2:29	2:28	200 Free	2:29	2:32	2:55	3:03	14
15					50 Fly					16
17					100 Back					18
19					100 Breast					20
21	7:13	7:13	6:41	6:20	400 IM (b)	6:00	6:28	7:06	7:06	22

Sunday Prelims, December 17, 2006 Session 3

Girls Event #	10 & under	11/12	13/14	15 & over	Event Description	15 & over	13/14	11/12	10 & under	Boys Event #
23	3:21	3:21	2:58	2:55	200 Back	2:46	2:59	3:17	3:17	24
25					100 Free					26
27	3:28	3:20	2:49	2:48	200 IM	2:49	2:56	3:21	3:37	28
29					100 Fly					30
31					50 Breast					32
33	7:53	7:53	6:44	6:44	500 Free (b)	6:44	7:02	7:48	7:48	34

(a) Enter with your best 500 free time. The 1000 free is a timed final and will be limited to the fastest 32 girls and 32 boys. Proof of time must be submitted with your entries. Swimmers must provide their own timer and counter.

(b) This event is deck seeded. Positive check-in is required. There is a penalty if you check-in and fail to swim.

Officials: Help from visiting officials is always welcome. Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Ron Zolno rzolno@brsgroup.com

Timers: We will fill as many lanes as possible with TXLA parents but we almost always fall a little short. Please help us out by responding to a call for timers.

Special Needs: Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.

TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

Deck Access: Only USA Swimming registered athletes, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

Liability: USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

Parking: Friday – C lot 80 in front of the swim center is open because school is not in session. Basketball season is in full swing so parking will be restricted on Saturday and Sunday. You should check our website as we get closer to the meet for specific parking information – www.utexas.edu/longhornaquatics

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(e) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

a. Coaches are responsible for the following:

- 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
- 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
- 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

- 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
- 2) Marshals must be members of United States Swimming.
- 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
- 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
- 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
- 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures

The University of Texas at Austin
Lee and Joe Jamail Texas Swimming Center
1900 Robert Dedman Dr.
Austin, Texas 78712-0363

2006-2007 Sponsor Hotels

Radisson Hotel & Suites on Town Lake

111 Cesar Chavez
Austin TX 78701



Contact: Jennifer Spradling
(512) 478-9611

jspradling@radissonaustin.com

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of T.G.I. Fridays restaurant

Holiday Inn Town Lake

20 N IH-35
Austin, TX 78701



Contact: Divya Siaghal

divya.saighal@ichotelsgroup.com

(512) 634-1274

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking

Hampton Inn & Suites Downtown

200 San Jacinto
Austin, Texas 78701



Contact: Shawn Ezell (512) 744-0822

sezell@valenciagroup.com

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center

Hampton Inn and Suites Airport

7712 E Riverside Drive
Austin, TX 78744

Contact: Donna Evans (512) 356-6603

dhevans@valenciagroup.com

Embassy Suites

North - 5901 North I-35



Contact: Kate Reid (512) 454-8004 ext. 7025

www.embassysuitesaustinnorth.com

Downtown – 300 South Congress Ave
Contact: Craig Harms (512) 617-2574

www.austindowntown.embassysuites.com

Hyatt Place

7522 North I-35
Austin, TX 78752



Contact: Amber Lamb (group reservations)
(512) 323-2121 Ext. 1607

Individual Reservations: (512) 323-2121

www.hyatt-place.com

Drury Hotels of Austin North

6711 North I-35



Contact: Natalie Miller (10+ rooms)
(800) 436-1170

natalie.miller@druryhotels.com

Individual Reservations: (800) 378-7946

www.druryhotels.com/properties/austinnorth.cfm