

*The University of Texas at Austin*



## LONGHORN AQUATICS

### **2007 Texas Age Group Swimming Short Course Championships**

#### **TAGS**

**March 8-11, 2007**

**Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete the Texas Age Group Swimming Short Course Championships. This meet is open to all qualifying USA registered swimmers. The meet will be conducted in two indoor 25 yard courses, using a Colorado Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

**Location:** The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

**Sanctions:** This meet is sanctioned by South Texas Swimming and 2007 rules apply.

**Eligibility:** All swimmers, age 14 and younger, must be registered as athletes for 2007 with USA Swimming by the entry deadline and must be registered as a member of one of the five Texas Local Swimming Committees (LSC's). All swimmers must also meet the time standards established for each event he or she enters and must have achieved those times between January 1, 2006 and March 1, 2007. Typographical and transcription errors with regards to achieved qualification times will fall under the current USA Swimming Rules and Regulations Paragraph 207.11.7. Competitors must indicate their USA Swimming number and their age, as of March 8, 2007. Entries with "applied for" or "pending" will not be accepted. There will NOT be an opportunity to obtain a valid USA Swimming number or registration at the competition.

Swimmers may compete with a team that is registered with any of the five Texas LSC's. The team must be a member of the Texas Swimming Association to compete for team points and awards. A swimmer may swim "unattached" if he/she is a member of an unregistered team or is ineligible to represent a team with whom they swim. Unattached swimmers may not earn team points. All teams must comply with all TSA entry requirements. Should a team be delinquent with TSA dues and/or fines at the start of the meet, all team members will swim unattached for the duration of the meet.

**Meet Operations:** Current USA Swimming Rules and Regulations govern this meet. TSA rules will apply where allowed. TSA rules prevail over any inconsistencies between TAGS Meet Information and current TSA rules. See attached order of events for the list of events and their schedule.

**Meet Format:** Prelim events will be swum in two short course yard pools, one boy and one girl. Prelim events will be seeded by time and gender as the TAGS event order allows. Sometimes the events will also be seeded by age. All preliminary events will be swum slowest to fastest unless otherwise noted. Finals will be swum by single year age group.

**Relays** are timed final events. The 800 Freestyle relays will be swum fastest to slowest. All other relays will have the fastest heat swim in finals, with slower heats swum in preliminaries. Relay cards are due to the Clerk of Course according to the schedule under "Check-In" We will assume you are scratching your relay if a relay card is not turned in on time. **Each team must indicate with their entries whether their Sunday relays are available to swim in finals.** If no indication is made, the relay will be seeded as if it is available for an evening swim. Teams seeded in finals must swim or scratch. The order of swimmers on relay teams will be strictly enforced in accordance with 102.4.7 USA Swimming Rules and Regulations.

Relay only swimmers must be entered in the meet via Hy-Tek to be eligible to swim relays or time trials according to TSA rules.

**Scratch Rule:** Scratching for all final events is required as outlined in the current USA Swimming rules 207.7.9D and 207.7.9E. **Scratching for preliminaries is required** prior to the start of relays during finals the day before. Failure to scratch an event counts as one of your seven allowed events for the meet.

The 1000 Freestyle, 1650 Freestyle, 500 Freestyle, 400 – yard Individual Medley, and all relays are timed final events.

### Check In:

The 1000-yard Freestyle, 500-yard Freestyle, 400-yard Individual Medley, and 1650-yard Freestyle will require positive check in and will be deck-seeded and listed in the heat sheet in psych sheet form. **Positive check-in is required for all deck-seeded events and for all relays:** failure to check in will result in the competitor (or relay) being scratched from the event. All relay cards listing the order of swimmers must be turned into the clerk of course by the deadline; **failure to do so will result in the relays being scratched. Check-in times with clerk of course:**

1000 Freestyle	Thursday by 3:30 pm
800 Free Relay	Thursday by 4:00 pm
500 Freestyle	10&U & 11-12 Thursday by 3:30 pm; 13-14 Friday by 7:00 pm
200 Free Relay	11-12 & 13-14 Thursday, by conclusion of finals
400 Individual Medley	Friday by 9:00 am
200/400 Free Relay	10 & Under 200 Free Relay & 11-12 & 13-14 400 Free Relay, Friday, by conclusion of finals
1650 Freestyle	Saturday by 7:00 pm
200/400 Medley Relay	Saturday, by conclusion of finals

The 1000-yard Freestyle (events 1 and 2) will be swum as a Timed Final, seeded by qualification times. All heats will be swum fastest to slowest. If only one pool is used, heats will alternate girls then boys.

The 1650-yard Freestyle check-in will include the option to swim in either prelims or finals. The 1650-yard Freestyle will be swum as a Timed Final. The fastest 8 girls and fastest 8 boys who check in to swim finals will swim during Sunday's Finals in event number order: girl's heat first and then boy's heat. **ALL OTHER HEATS WILL BE SWUM FASTEST TO SLOWEST, AS THE FINAL EVENT IN SUNDAY'S PRELIMINARY SESSION** and will begin 10 minutes after the conclusion of the last relay heat.

**Entry Deadline:** Entries must be received by **Sunday, February 25, 2007 at 6 PM.**

**Entry fees must be received by Wednesday, February 28, 2007** or your entries will not be accepted.

### Entries:

Swimmers may enter as many events as desired but may only compete in a total of seven (7) individual events during the entire meet with no more than three (3) individual events during any one day, plus one (1) relay event per day. Time trial events will count as one of the three events allowed per swimmer per day, but not for one of the seven (7) meet events. Please note the scratch rule above. If you enter more than seven events, you **must scratch the events you don't want to swim.** Failure to scratch an event counts as one of your seven allowed events for the meet.

All teams with five or more swimmers entered in the meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software.

Each team submitting electronic entries to the TAGS Meet Director must submit their entries in one file even if their team has multiple sites.

Email entries, including the availability of relays to swim in finals Sunday evening, to Rhonda Dirvin at [jdirvin@sbcglobal.net](mailto:jdirvin@sbcglobal.net). When you email the entries, also attach a Word document of the Hy-Tek Meet Entry Report by swimmer. If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an **email** including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

**Entry fees must be received by Friday, March 2, 2007.** Please include the meet entry fees report with your check. You do NOT need to mail a copy of the entries you emailed earlier.

No paper, phone, or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

All seed times should be submitted in the 100ths. Swimmers qualifying with a “non-conforming” time (long course or short course meters) shall enter such event using the non-conforming time, which shall be designated by appending the time with “L” for Long Course or “S” for Short Course meters and will be seeded in accordance with USA Swimming rules.

A swimmer with a qualifying time in the 1650-yard freestyle also qualifies for the 1000-yard freestyle. If entering the 1000-yard freestyle with a 1650 cut, the swimmer must be entered at the 1000 yard freestyle cut off time.

**Entry Fees:** \$7.50 per individual event, \$15 for relays.

Make checks payable to **The University of Texas at Austin** and  
 Mail to: Meet Director—TAGS  
 Rhonda Dirvin  
 1218 Havre Lafitte Dr  
 Austin, TX 78746

**Deck Entries:** Deck entries will be accepted. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. Swimmers who deck enter must pre-prove their time with the Clerk of Course and be entered at the cut off time. A zero heat will be added if necessary, but there will be no standbys for open lanes. The deck entry fee is \$25.00 per event.

Relay deck entry fees are \$25 per relay. **Swimmers not previously entered in the meet must present their USA swimming registration card** at Clerk of Course to be able to deck enter.

**Proof of Times:** For all rules and explanation pertaining to TAGS Proof of Times, swimmers and coaches are requested to refer to the TSA handbook. The USA Swimming database will be available through the administrative referee. Individual entries will be electronically pre-approved against the USA Swimming database, and an exceptions report will be posted on the TSA and 5 LSC websites. IF a meet is in the USA Swimming database, coaches do not have to bring a hard copy to TAGS for proving any relays or individual swims aggregated together for qualifying times. Be aware that High School, and YMCA Meets WILL NOT be in the database. There are some meets for which results have not been submitted to the database, so, IF IN DOUBT, BRING A HARD COPY! As always, it is the coach’s responsibility to MAKE CERTAIN that Proof of Times is on hand at the meet, otherwise, the \$50.00 fine will be imposed for any swimmer or relay team that fails to achieve the minimum qualifying time or is disqualified. Should a second offense occur, another \$50.00 fine will be assessed and the swimmer will be barred from the remainder of the meet.

**PreTAGS General Meeting and Opening Ceremonies:** All swimmers must be represented at a pre-meet general meeting that will be held on Thursday, March 8, 2007. The meeting will be held immediately after the end of Session 1 on the bleachers of the American Flag (north) end of the pool. Any possible changes in the conduct of the meet will be decided at this meeting. It is each swimmer and/or coach’s responsibility to be aware of any decisions or changes that are made at this meeting.

There will be a short opening ceremony on Friday, March 9, 2007 at 09:00 am at the start of the Preliminaries Session. Each team will be introduced and recognized. Team representatives may carry team banners or flags. The opening ceremony will conclude at 09:15 am and will be followed promptly by the meet events.

Team pep rallies and demonstrations may be held BEFORE the playing of the National Anthem and after the start of the first event at each session, but not between the two.

**Time Trials:** Time Trials will be held, time permitting, for TAGS participants between preliminaries and finals on Friday and Saturday. Time Trial entries will be accepted from 9AM -11AM on Friday and Saturday. **There will be no time trials on Sunday!** The fee is \$15 per event. The sanction number is ST07- 43. A swimmer may swim a maximum of one time trial per day. The 1000 yard Freestyle will only be offered for Time Trial on Friday and the 1650 Freestyle will only be offered for Time Trial on Sunday. Time trial events count toward a swimmers total number of events as outlined in the Entries section. Time Trial results will be published with the Final Results: however, these times cannot be considered for state records. Event order will be determined by the Time Trial Referee.

## Awards:

**Individual Events:** Medals 1st through 8th

**Relay Events:** Medals 1st through 3rd, Ribbons 4th through 8th

**Teams:** TAGS Flags will be awarded to teams that finish in 1st through 10th places. The First Place team will receive the Leo Cancellare Award, TAGS traveling trophy.

**High Point Award:** A high point trophy will be given to the outstanding boy and girl swimmer in each age group based upon the total number of points in individual events during the meet.

**Team Age Group Award:** A white flag with red printing 3' x 2' in size will be given to the first place girl's and boy's teams in the following age groups using individual and relay events only: 10& Under, 11-12, and 13-14.

**Horizon Award:** Given to the team that has the greatest place improvement in the team standings. No previous score is necessary, but the team must have been entered and recognized in the meet. This award will be computed from last year's Short Course TAGS team rankings.

All individual event and relay awards will be ready to be distributed to the swimmer or his/her coach daily up to one hour after the conclusion of the meet. Team Flags, Outstanding Swimmer Plaques, and High Point Trophies will be awarded within one hour of the conclusion of the meet. Coaches, teams, and athletes failing to pick up their awards within one hour after the conclusion of the meet shall make arrangements to receive the awards with the Meet Director at no expense to Longhorn Aquatics within 24 hours of the conclusion of the meet. If the awards are not available within one hour of the conclusion of the meet, the awards will be distributed to the team at the expense of Longhorn Aquatics.

**Scoring:** All events will be scored by age group

Individual Events: 9, 7, 6, 5, 4, 3, 2, 1,

Relay Events: 18, 14, 12, 10, 8, 6, 4, 2

Team points will not be awarded for a performance that does not meet or better the minimum time standard for that event. However, the swimmer is entitled to the individual award if the swimmer can prove that he/she has met the qualifying time.

## Schedule

Thursday-March 8, 2007

3:00 to 9:00 PM.....	General Warm-Up
3:30 to 4:45 PM.....	Warm-Up for today's events
5:00 PM.....	Prelims/Finals Begin
immediately after end of session.....	Pre-TAGS General Meeting (North end of pool)

Friday-March 9, 2007

7:00 to 7:35 AM.....	1st Warm-Up
7:35 to 8:10 AM.....	2nd Warm-Up
8:10 to 8:45 AM.....	3rd Warm-Up
9:00 to 9:15 AM.....	Opening Ceremonies
9:20 AM.....	Prelim Session begins
.....	Boys- American Flag/Girls-Texas Flag
3:30 to 4:30 PM.....	General Warm-Up
4:30 to 5:20 PM.....	Warm-Up for Finalists ONLY
5:30 PM.....	Finals Begin

Saturday-March 10, 2007

7:00 to 7:35 AM.....	1st Warm-Up
7:35 to 8:10 AM.....	2nd Warm-Up
8:10 to 8:45 AM.....	3rd Warm-Up
9:00 AM.....	Prelim Session begins
.....	Girls- American Flag/Boys- Texas Flag
3:30 to 4:30 PM.....	General Warm-Up
4:30 to 5:20 PM.....	Warm-Up for finalists ONLY
5:30 PM.....	Finals begin

Sunday-March 11, 2007

7:00 to 7:35 AM.....	1st Warm-Up
7:35 to 8:10 AM.....	2nd Warm-Up
8:10 to 8:45 AM.....	3rd Warm-Up
9:00 AM.....	Prelim Session begins
.....	Boys-American Flag/Girls-Texas Flag
2:30 to 3:30 PM.....	General Warm-Up
3:30 to 4:20 PM.....	Warm-Up for finalists ONLY
4:30 PM*.....	Finals begin

\*There will be a minimum two-hour break between the end of the Preliminary Session and the start of the Final Session. The Final Session will start no earlier than 4:30 PM but may start later, based on the end of the Preliminary Session.

## Warm-Up Schedule\*\*

	<i>Day 1</i>	<i>Day 2</i>	<i>Day 3</i>
7:00 to 7:35	Group 1	Group 2	Group 3
7:35 to 8:10	Group 2	Group 3	Group 1
8:10 to 8:45	Group 3	Group 1	Group 2

### Group 1

West Texas  
Gulf (except Woodlands)

### Group 2

South Texas  
The Woodlands

### Group 3

North Texas  
Border

A 10 & under warm up area will be designated in lane 10 in the diving well.

\*\* Please be advised that the Meet Directors and the Meet Referee MAY adjust teams to maintain balance at all three warm-ups. Teams mandated to move will be notified by email and any changes will be posted on the TSA website by Monday, March 5, 2007.

**Meet Referee:** Ron Zolno  
512 329-8239  
[rzolno@brsgroup.com](mailto:rzolno@brsgroup.com)

**Meet Director:** Rhonda Dirvin  
512-327-3537  
[jrdirvin@sbcglobal.net](mailto:jrdirvin@sbcglobal.net)

**Officials:** Help from visiting officials is always welcome. Visiting officials are asked to email the Meet Referee (Ron Zolno at [rzolno@brsgroup.com](mailto:rzolno@brsgroup.com)) with their certification level and availability so he can plan accordingly. All officials must attend a mandatory meeting one hour before each session. The uniform for all preliminary sessions will be white shirt over khaki shorts/pants/skirt, as appropriate. Finals uniform will be blue shirt over khaki pants/skirt (NO shorts), as appropriate.

**Official Certification:** Application will be made for this meet to be designated a National Qualifying Meet for Officials. Applications for evaluation can be obtained from the Southern Zone website or by contacting Clark Hammond at [hamm5690@bellsouth.net](mailto:hamm5690@bellsouth.net). The application for approval will also request the assignment of National Evaluators to perform "final evaluations" for N3 Starter and N3 Referee candidates.

**Timers:** Each team entered in the meet will be responsible for providing timers. Timing Assignments will be made on a pro-rata basis. Each team will be responsible for providing 1 timer for every 10 swimmers entered in the meet. However, each team must provide at least 1 timer. Timing assignments will be printed in the heat sheet

**Special Needs:** Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

**Deck Access:** Only USA Swimming registered athletes, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the Meet Director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**Liability:** USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

**Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.**

**Parking:**

After 5:45 PM on weekdays and all day Sunday parking is open on a space available basis on the surface lots surrounding the Swim Center. Please read all signs carefully as some spaces are reserved "At All Times." Parking in these spaces will likely result in a parking citation. For more information, check the Parking and Transportation web site at <http://www.utexas.edu/parking/> or call the TSC Front Desk at 512-471-7703.

More detailed parking information will be posted on the Longhorn Aquatics website (<http://www.utexas.edu/longhornaquatics>) closer to the meet.

## 2007 Order of Events for Short Course TAGS

Thursday, March 8, 2007

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
1*	11:18.09	13 1000 Free	11:08.09	2*
1*	10:55.99	14 1000 Free	10:38.89	2*
3*	6:26.59	10&U 500 Free	6:38.29	4*
3*	6:00.89	11 500 Free	6:01.29	4*
3*	5:42.89	12 500 Free	5:42.19	4*
5*	8:20.09	13-14 800 Free Relay	8:09.59	6*

\*Timed Finals. 1000 freestyle and 500 freestyle swimmers must provide their own counters.

Friday, March 9, 2007

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
7	2:57.29	11 - 200 Fly	2:57.69	8
7	2:32.89	12 - 200 Fly	2:33.19	8
9	1:02.89	13 - 100 Fly	1:02.19	10
9	1:01.69	14 - 100 Fly	58.79	10
11	2:25.99	10&U 200 Free	2:27.39	12
11	2:16.49	11 - 200 Free	2:15.99	12
11	2:09.49	12 - 200 Free	2:08.19	12
11	2:01.59	13 - 200 Free	1:59.09	12
11	1:59.29	14 - 200 Free	1:55.19	12
13	1:27.39	10&U 100 Breast	1:28.89	14
13	1:21.29	11- 100 Breast	1:22.29	14
13	1:17.59	12 - 100 Breast	1:17.59	14
13	1:12.49	13 - 100 Breast	1:12.09	14
13	1:11.69	14 - 100 Breast	1:07.99	14
15	36.09	10&U 50 Back	35.49	16
15	32.99	11 - 50 Back	33.49	16
15	31.49	12 - 50 Back	31.99	16
17	1:03.99	13 - 100 Back	1:02.59	18
17	1:03.09	14 - 100 Back	1:00.19	18
19	1:16.89	10&U 100 IM	1:16.99	20
19	1:11.49	11 - 100 IM	1:12.19	20
19	1:08.29	12 - 100 IM	1:08.49	20
21*	4:53.09	13 - 400 IM	4:53.09	22*
21*	4:48.59	14 - 400 IM	4:40.29	22*
23*	1:52.29	11-12 200 Free Relay	1:53.99	24*
25*	1:45.69	13-14 200 Free Relay	1:40.59	26*

\* Timed finals with the fastest heat to be swum in finals

## Saturday, March 10, 2007

<b>Girls Event #</b>	<b>Qualifying Standard</b>	<b>Event</b>	<b>Qualifying Standard</b>	<b>Boys Event #</b>
27	1:11.19	11 - 100 Back	1:12.29	28
27	1:07.89	12 - 100 Back	1:07.79	28
29*	5:24.19	13 - 500 Free	5:21.59	30*
29*	5:20.89	14 - 500 Free	5:09.29	30*
31	2:46.49	10&U 200 IM	2:47.79	32
31	2:33.29	11 - 200 IM	2:33.09	32
31	2:26.29	12 - 200 IM	2:26.69	32
33	2:35.89	13 - 200 Breast	2:36.99	34
33	2:35.59	14 - 200 Breast	2:30.29	34
35	40.69	10&U 50 Breast	41.49	36
37	2:57.89	11 - 200 Breast	3:01.19	38
37	2:46.19	12 - 200 Breast	2:47.99	38
39	30.09	10&U 50 Free	30.09	40
39	28.39	11 - 50 Free	28.49	40
39	26.99	12 - 50 Free	26.99	40
39	25.89	13 - 50 Free	25.09	40
39	25.69	14 - 50 Free	24.09	40
41	2:20.59	13 - 200 Fly	2:19.69	42
41	2:17.79	14 - 200 Fly	2:12.19	42
43	1:19.89	10&U 100 Fly	1:21.39	44
43	1:11.79	11 - 100 Fly	1:12.59	44
43	1:07.19	12 - 100 Fly	1:07.99	44
45*	3:49.29	13-14 400 Free Relay	3:37.99	46*
47*	2:08.29	10&U 200 Free Relay	2:11.09	48*
49*	4:09.49	11-12 400 Free Relay	4:10.09	50*

\*Timed Finals: Fastest Heat Swims in Finals. The 500 freestyle swimmers must provide their own counters from the population already on deck.

### Sunday, March 11, 2007

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
51	37.19	11 - 50 Breast	38.09	52
51	35.39	12 - 50 Breast	35.79	52
53**	18:45.59	13 - 1650 Free	19:07.69	54**
53**	18:23.99	14 - 1650 Free	17:38.09	54**
55	1:17.79	10&U 100 Back	1:17.09	56
57	2:38.19	11 - 200 Back	2:38.19	58
57	2:25.89	12 - 200 Back	2:28.59	58
57	2:17.09	13 - 200 Back	2:14.89	58
57	2:16.49	14 - 200 Back	2:11.09	58
59	1:06.29	10&U 100 Free	1:06.89	60
59	1:02.29	11 - 100 Free	1:02.49	60
59	58.89	12 - 100 Free	59.09	60
59	56.19	13 - 100 Free	54.59	60
59	55.49	14 - 100 Free	52.39	60
61	34.29	10&U 50 Fly	34.49	62
63	2:17.39	13 - 200 IM	2:16.19	64
63	2:16.19	14 - 200 IM	2:10.99	64
65	31.39	11 - 50 Fly	31.99	66
65	29.89	12 - 50 Fly	29.99	66
67*	2:25.59	10&U 200 Medley Relay	2:28.29	68*
69*	4:17.09	13-14 400 Medley Relay	4:07.69	70*
71*	4:36.39	11-12 400 Medley Relay	4:42.99	72*

\*Timed Finals: Fastest Heat to Swim in finals

\*\*Timed Finals: Fastest Heat Swims in Finals in Event Order. All other heats swim *last at the end of prelimst.* Counters and timers must be provided by the swimmer.

*The University of Texas at Austin*  
**Lee and Joe Jamail Texas Swimming Center**  
1900 Robert Dedman Dr.  
Austin, Texas 78712-0363

**2006-2007 Sponsor Hotels**

**Radisson Hotel & Suites on Town Lake**

111 Cesar Chavez  
Austin TX 78701



**Contact: Jennifer Spradling**  
(512) 478-9611

[jspradling@radissonaustin.com](mailto:jspradling@radissonaustin.com)

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of T.G.I. Fridays restaurant

**Holiday Inn Town Lake**

20 N IH-35  
Austin, TX 78701



**Contact: Divya Siaghal**  
[dsaighal@pacificahost.com](mailto:dsaighal@pacificahost.com)  
(512) 634-1274

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking

**Hampton Inn & Suites Downtown**

200 San Jacinto  
Austin, Texas 78701



**Contact: Shawn Ezell** (512) 744-0822  
[sezell@valenciagroup.com](mailto:sezell@valenciagroup.com)

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center

**Hampton Inn and Suites Airport**  
7712 E Riverside Drive  
Austin, TX 78744

**Contact: Donna Evans** (512) 356-6603  
[dhevans@valenciagroup.com](mailto:dhevans@valenciagroup.com)

**Embassy Suites**

North - 5901 North I-35



**Contact: Kate Reid** (512) 454-8004 ext. 7025  
[www.embassysuitesaustinnorth.com](http://www.embassysuitesaustinnorth.com)

Downtown – 300 South Congress Ave  
Contact: Craig Harms (512) 617-2574  
[www.austindowntown.embassysuites.com](http://www.austindowntown.embassysuites.com)

**Hyatt Place**

7522 North I-35  
Austin, TX 78752



**Contact: Amber Lamb** (group reservations)  
(512) 323-2121 Ext. 1607

Individual Reservations: (512) 323-2121  
[www.hyatt-place.com](http://www.hyatt-place.com)

**Drury Hotels of Austin North**

6711 North I-35



**Contact: Natalie Miller** (10+ rooms)  
(800) 436-1170

[natalie.miller@druryhotels.com](mailto:natalie.miller@druryhotels.com)

Individual Reservations: (800) 378-7946  
[www.druryhotels.com/properties/austinnorth.cfm](http://www.druryhotels.com/properties/austinnorth.cfm)

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

**LANE USE**

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
  - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2) Marshals must be members of United States Swimming.
  - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
  - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures**

