

# Warm-up Schedule and Group Assignments

## Warm-up Schedule\*\*

	Fri	Sat	Sun
7:00 to 7:30 a.m.	1	2	3
7:35 to 8:00 a.m.	2	3	1
8:00 to 8:30 a.m.	3	1	2
8:30 to 8:45 a.m.	Dive/Sprint/Pace all swimmers.		

### Group 1

West Texas  
Gulf (except The Woodlands &  
except CFSC)

### Group 2

South Texas (except PFST)  
The Woodlands

### Group 3

North Texas  
Border, PFST, CFSC

**A 10 & under warm up area will be designated in the diving well in lane 10 across the pool from the high dive.**

**FINALS WARM-UP SCHEDULE:** 3:30 – 4:30 pm General Warm up 4:30 – 5:20 pm Finalist Warm up only, Sunday schedule is one hour earlier 2:30-3:30 General Warm-up 3:30-4:20 Finalist warm-up only