

The University of Texas at Austin



LONGHORN AQUATICS



**2005 Longhorn Aquatics April Open
April 2-3, 2005**

WELCOME: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our short-course meet. This meet will be conducted in two indoor 25 yard courses using a Colorado Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

LOCATION: The Swim Center is located on the University of Texas Campus, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

SCHEDULE: This meet will be swum in one session per day.

Saturday	All	Warm-up	8:30 AM
		Start	9:30 AM
Sunday	All	Warm-up	8:30 AM
		Start	9:30 AM

QUALIFYING TIMES: There will be two classes of swimmers, those who have Under BB times and those who have BB and Up times according to the attached BB time standards.

SANCTIONS: This meet is sanctioned by South Texas Swimming and 2005 rules apply. All swimmers must be registered for 2005 with USA swimming/South Texas Swimming.

MEET FORMAT: All events will be timed finals, seeded by time and gender. Age groups will be combined. The Under BB and the BB and Up swimmers will be combined. Only Under BB Swimmers are eligible for awards. Events will be swum according to Even/Odd heats with Odd heats starting at the Texas Flag end of the pool and even heats starting at the American Flag end of the pool. Unless otherwise noted, events will be swum slowest to fastest. Positive check-in is required for the 500 free on Sunday.

In order to stay within the four hour rule, we reserve the right to either cap the number of swimmers entered, or split the meet into two sessions per day instead of one. Swimmers will be entered in the order entries are received. We are also reserving the right to run the meet in only one pool, depending on the number of swimmers entered.

If the meet format is different than that described in the first paragraph, the person submitting entries for your team will be notified of any change via email.

CHECK-IN: Positive check-in is required for the 500 Freestyle by 9:00 AM on Sunday. This event will be swum fastest to slowest, alternating girl/boy.

ENTRY DEADLINE: March 22, 2005 at 6 PM

ENTRIES: **ENTRIES:** Swimmers may enter up to **5 individual events per day**. The age of the swimmer will be his/her age on April 2, 2005. Enter all events with previous best times achieved in short course yards.

All teams with five or more swimmers entered in this meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software. In the Hy-Tek events file, enter athletes **WITHOUT** regard for the BB time standards. Said another way, ignore the pink.

Email entries to the entry chair. When you email the entries, also attach a Word document of the entries (**by swimmer**) and a Word document of the meet entry fees report. **Please be sure we have received your entry fees before April 2.**

Alternatively, you can submit a diskette and hard copies of your teams' entries (**by swimmer**) and the meet entry fees report by mail to the address below or in person to the Swim Center. Your entry fees must be included.

Teams with fewer than five swimmers may use the attached meet entry form. No phone or fax entries will be accepted.

Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

ENTRY CHAIR: **Debbie Norval**
512 329-9110
anorval@austin.rr.com

ENTRY FEES: \$6.00 per individual event. This includes the South Texas Swimming splash fee of \$1.00 per splash.

Make checks payable to: **The University of Texas at Austin.**

Mail to: Meet Director—April 2-3 Meet
The University of Texas at Austin
Longhorn Aquatics
1900 Robert Dedman Drive
1 University Station D4050
Austin, TX 78712-0364

LATE ENTRIES: Late entries will be accepted on deck at \$10.00 per event. **Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to deck enter.** Swimmers will be entered in the first heat of pre-seeded events. No new heats will be created. The deadline for late entries is 30 minutes before the scheduled start of each session.

AWARDS: Ribbons, first through eighth place, will be awarded only for swimmers with entry times under the BB time standard (attached) according to the following age groupings: 8 & under, 9/10 and 11/12. No other awards will be given.

MEET REFEREE: Linda Ballo
512-733-1391
swimtrojan@hotmail.com

MEET DIRECTOR: Rhonda Dirvin
512-327-3537
jrdirvin@sbcglobal.net

PARKING: On Saturday and Sunday parking is open on a space available basis on the surface lots surrounding the Texas Swimming Center. Please read all signs carefully as some spaces are reserved "At All Times." Parking in a "At All Times" spaces may result in getting a citation. For more information, check the Parking and Transportation web site at <http://www.utexas.edu/parking/> or call the TSC Front Desk at 512-471-7703.

On April 2nd at 2 PM & April 3rd at 1 PM there will be University of Texas Baseball games against Kansas State. This will impact parking if the meet is divided into two sessions.

SATURDAY, April 2, 2005

SESSION 1

Warm-up 8:30 AM
Meet Starts 9:30 AM

Girls		Boys
1	200 Free	2
3	50 Fly	4
5	200 IM	6
7	100 Back	8
9	200 Breast	10
11	50 Free	12
13	100 IM	14
15	200 Fly	16

SUNDAY, April 3, 2005

SESSION 2

Warm-up 8:30 AM
Meet Starts 9:30 AM

Girls		Boys
17	100 Fly	18
19	50 Back	20
21	50 Breast	22
23	100 Free	24
25	200 Back	26
27	100 Breast	28
29	500 Free	30

Positive check-in is required for the 500 Free by 9:00AM. Swimmers must provide their own timers and counters for the 500. The 500 will be swum fast to slow

OFFICIALS: Help from visiting officials is always welcome. Visiting officials are asked to indicate their availability with the team's entry forms.

TIMERS: Teams entering 10 or more swimmers will be assigned lanes. Lane assignments will be in the meet program. Please respond to a call for timers.

SPECIAL NEEDS: Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

DECK ACCESS: Only USA Swimming registered athletes, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

LIABILITY: USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC RULES: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

The University of Texas at Austin

**Lee and Joe Jamail
Texas Swimming Center**

2005 SPONSOR HOTELS

Drury Inn & Suites

Nicole Cummings, National Sales Coordinator
6711 I-H 35
Austin, TX 78752
(800) 436-1175
nicole.cummings@druryinn.com

Hampton Inn Austin South

4141 Governor's Row
Austin, TX 78744
Connie Ramos
(512) 442-4040 ext. 2128
cramos@valenciagroup.com

Drury Inn Highland Mall

919 E. Koenig Lane
Austin, TX 78752
(800) 436-1175
nicole.cummings@druryinn.com

Radisson Hotel & Suites

111 Caesar Chavez
Austin TX 78701
Taylor Young
(512) 473-1512
www.radissonaustin.com

Embassy Suites

Kate Reid
5901 N. IH 35
Austin, TX 78723
(512) 454-8004 ext. 7025
www.embassysuitesaustinnorth.com

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures

**National Age Group Times -- Top 16 Based
Short Course Yards
BB Times**

Girls 10 & U

36.19	50 Y Free
1:22.09	100 Y Free
2:58.29	200 Y Free
7:39.49	500 Y Free
43.49	50 Y Back
1:33.99	100 Y Back
47.79	50 Y Breast
1:46.69	100 Y Breast
42.99	50 Y Fly
1:42.09	100 Y Fly
1:34.39	100 Y IM
3:19.39	200 Y IM

Boys 10 & U

35.59
1:19.99
2:50.89
7:35.19
43.89
1:32.49
48.19
1:44.79
41.99
1:40.59
1:31.39
3:18.09

Girls 15-16

30.49
1:06.19
2:22.39
6:17.39
12:55.49
21:38.89
1:13.29
2:37.99
1:22.69
2:58.39
1:12.39
2:38.79
2:40.69
5:40.29

50 Y Free
100 Y Free
200 Y Free
500 Y Free
1000 Y Free
1650 Free
100 Y Back
200 Y Back
100 Y Breast
200 Y Breast
100 Y Fly
200 Y Fly
200 Y IM
400 Y IM

Boys 15-16

27.49
59.99
2:10.89
5:52.29
12:08.19
20:21.89
1:06.39
2:23.69
1:14.99
2:42.59
1:05.59
2:25.59
2:26.99
5:13.19

Girls 11-12

32.19	50 Y Free
1:08.29	100 Y Free
2:31.79	200 Y Free
6:40.09	500 Y Free
13:57.39	1000 Y Free
23:30.19	1650 Free
37.09	50 Y Back
1:21.89	100 Y Back
2:50.19	200 Y Back
41.09	50 Y Breast
1:29.29	100 Y Breast
3:12.49	200 Y Breast
35.39	50 Y Fly
1:20.59	100 Y Fly
2:52.99	200 Y Fly
1:20.29	100 Y IM
2:51.79	200 Y IM
6:06.19	400 Y IM

Boys 11-12

30.99
1:08.09
2:27.99
6:35.09
13:52.99
23:23.89
36.79
1:19.09
2:46.59
41:09
1:28.39
3:07.39
35.49
1:19.29
2:51.49
1:18.29
2:49.69
5:59.59

Girls 17-18

30.49
1:05.79
2:21.49
6:14.99
12:53.09
21:27.19
1:12.59
2:35.89
1:22.69
2:58.59
1:11.49
2:36.19
2:39.19
5:38.29

50 Y Free
100 Y Free
200 Y Free
500 Y Free
1000 Y Free
1650 Free
100 Y Back
200 Y Back
100 Y Breast
200 Y Breast
100 Y Fly
200 Y Fly
200 Y IM
400 Y IM

Boys 17-18

26.89
58.89
2:08.19
5:44.19
11:59.19
19:59.39
1:04.99
2:19.89
1:13.19
2:39.89
1:04.09
2:20.39
2:23.59
5:06.69

Girls 13-14

30.99	50 Y Free
1:07.39	100 Y Free
2:25.39	200 Y Free
6:22.39	500 Y Free
13:08.29	1000 Y Free
21:53.19	1650 Free
1:14.39	100 Y Back
2:39.59	200 Y Back
1:24.49	100 Y Breast
3:01.99	200 Y Breast
1:13.79	100 Y Fly
2:40.99	200 Y Fly
2:43.89	200 Y IM
5:46.19	400 Y IM

Boys 13-14

28.79
1:02.89
2:16.29
2:16029
6:07.69
12:39.99
21:06.99
1:10.29
2:31.09
1:18.39
2:49.39
1:08.69
2:32.59
2:33.69