

CHAPTER 4: The Marriage Relationship as a Behavioral System

Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
Table 4a. Overall Marital Role Patterns						
Overall Performance						
<i>Number of family tasks performed (includes childcare)</i>	(H,W) TOTFMT (2-3)			interval	Av per day regardless of whether it was done together or apart	2 3
<i>Number of household tasks performed (excludes childcare)</i>	(H,W) TOTHHT (1-4)			interval	Av per day regardless of whether it was done together or apart	1 2 3 4
<i>Weighted contribution to family tasks (includes childcare)</i>	(H,W) CONFMT (1-3)			interval	(number of tasks done without spouse + 1/2 (number of tasks done w/sps)	1 2 3
<i>Weighted contribution to household tasks (excludes childcare)</i>	(H,W) CONHHT (1-4)			interval	(number of tasks done without spouse + 1/2 (number of tasks done w/sps)	1 2 3 4
<i>Amount of time doing household tasks (excludes childcare)</i>	(H,W) TIMHHT (4)			interval	amount of time spent doing hht (regardless of whether it was with spouse or not)	4
<i>Average affect rating while doing tasks (excludes childcare)</i>	(H,W) FLHHT (4)			interval	feelings regardless of whether it was done with or without spouse	4
<i>Number of childcare tasks performed</i>	(H,W) CHDCRT (2-3)			interval	number of childcare tasks regardless of whether it was done with or without spouse	2 3
<i>Weighted contribution to childcare tasks</i>	(H,W) CHDCRC (2-3)			interval	(number of tasks done without spouse) + 1/2 (number of tasks done w/sps)	2 3

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Division of labor</i>						
<i>Proportion of female sex-typed tasks done by wife</i>	PFEMBEH (1-4)			interval	(her report of what she did alone + average of their reports of what they did together) / (her report of what she did alone + his report of what he did alone + average of their reports of what they did together)	1 2 3 4
<i>Proportion of male sex-typed tasks done by husband</i>	PMASBEH (1-4)			interval	(his report of what he did alone + average of their reports of what they did together) / (his report of what he did alone + her report of what she did alone + average of their reports of what they did together)	1 2 3 4
<i>Proportion of undifferentiated tasks done by wife</i>	PUNDBEH (1-4)			interval	(her report of what she did alone + average of their reports of what they did together) / (her report of what she did alone + his report of what he did alone + average of their reports of what they did together)	1 2 3 4
<i>Proportion of childcare tasks done by wife</i>	PCHDBEH (1-3)			interval	(her report of what she did alone + average of their reports of what they did together) / (her report of what she did alone + his report of what he did alone + average of their reports of what they did together)	1 2 3
<i>Extent to which performance of household work is sex-typed</i>	SXTPBEH (1-4)			interval	Average sex typing of all household tasks	1 2 3 4
<i>Social Context of Household Task Performance</i>						
<i>Number of family tasks performed without spouse (includes childcare)</i>	(H,W) FAMALN (1-3)			interval		1 2 3
<i>Number of family tasks performed with spouse (includes childcare)</i>	(H,W) FAMSPS (1-3)			interval		1 2 3
<i>Household tasks performed without spouse (excludes childcare)</i>						
Number of tasks	(H,W) TTNSHT (1-4)			interval		1 2 3 4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
Amount of time spent	(H,W) TMNSHT (4)			interval		4
Average affect	(H,W) FLNSHT (4)	1 7	feeling good feeling bad	interval		4
<i>Household tasks performed with spouse (excludes childcare)</i>						
Number of tasks	(H,W) TTSPHT (1-4)			interval		1 2 3 4
Amount of time spent	(H,W) TMSPTH (4)					4
Average affect	(H,W) FLSPHT (4)	1 7	feeling good feeling bad			4

Table 4b. Performance of Sex-Typed Household Tasks

<i>Female sex-typed</i>						
<i>Performed without spouse</i>						
Number of tasks	(H,W) FEMALN (1-4)			interval		1 2 3 4
Amount of time	(H,W) FMTMAL (4)			interval		4
Average affect rating	(H,W) FMFLAL (4)	1 7	feeling good feeling bad	interval		4
<i>Performed with spouse</i>						
Number of tasks	(H,W) FEMSPS (1-4)			interval		1 2 3 4
Amount of time	(H,W) FMTMSP (4)			interval		4
Average affect rating	(H,W) FMFLSP (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Male sex-typed</i>						
<i>Performed without spouse</i>						
Number of tasks	(H,W) MASALN (1-4)			interval		1 2 3 4
Amount of time	(H,W) MSTMAL (4)			interval		4
Average affect rating	(H,W) MSFLAL (4)	1 7	feeling good feeling bad	interval		4
<i>Performed with spouse</i>						
Number of tasks	(H,W) MASSPS (1-4)			interval		1 2 3 4
Amount of time	(H,W) MSTMSP (4)			interval		4
Average affect rating	(H,W) MSFLSP (4)	1 7	feeling good feeling bad	interval		4
<i>Undifferentiated</i>						
<i>Performed without spouse</i>						
Number of tasks	(H,W) UNDALN (1-4)			interval		1 2 3 4
Amount of time	(H,W) UNTMAL (4)			interval		4
Average affect rating	(H,W) UNFLAL (4)	1 7	feeling good feeling bad	interval		4
<i>Performed with spouse</i>						
Number of tasks	(H,W) UNDSPS (1-4)			interval		1 2 3 4
Amount of time	(H,W) UNTMSP (4)			interval		4
Average affect rating	(H,W) UNFLSP (4)	1 7	feeling good feeling bad	interval		4

Table 4c. Performance of Household Tasks by Type of Task

<i>Everyday tasks</i>						
<i>Without spouse</i>						
Number of tasks	(H,W) EVDALN (1-4)			interval		1 2 3 4
Amount of time	(H,W) EVTMAL (4)			interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
Average affect rating	(H,W) EVFLAL (4)	1 7	feeling good feeling bad	interval		4
<i>With spouse</i>						
Number of tasks	(H,W) EVDSPS (1-4)			interval		1 2 3 4
Amount of time	(H,W) EVTMS (4)			interval		4
Average affect rating	(H,W) EVFLSP (4)	1 7	feeling good feeling bad	interval		4
Periodic tasks						
<i>Without spouse</i>						
Number of tasks	(H,W) PERALN (1-4)			interval		1 2 3 4
Amount of time	(H,W) PRTMAL (4)			interval		4
Average affect rating	(H,W) PRFLAL (4)	1 7	feeling good feeling bad	interval		4
<i>With spouse</i>						
Number of tasks	(H,W) PERSPS (1-4)			interval		1 2 3 4
Amount of time	(H,W) PRTMSP (4)			interval		4
Average affect rating	(H,W) PRFLSP (4)	1 7	feeling good feeling bad	interval		4
Financial tasks						
<i>Without spouse</i>						
Number of tasks	(H,W) FINALN (1-4)			interval		1 2 3 4
Amount of time	(H,W) FNTMAL (4)			interval		4
Average affect rating	(H,W) FNFLAL (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>With spouse</i>						
Number of tasks	(H,W) FINSPTS (1-4)			interval		1 2 3 4
Amount of time	(H,W) FNTMSP (4)			interval		4
Average affect rating	(H,W) FNFLSP (4)	1 7	feeling good feeling bad	interval		4
<i>Child care</i>						
<i>Without spouse</i>						
Number of tasks	(H,W) CHDALN (1-3)			interval		1 2 3
<i>With spouse</i>						
Number of tasks	(H,W) CHDSPS (1-3)			interval		1 2 3

Table 4d. General Patterns

<i>Number of leisure activities</i>	(H,W) TOTLSR (1-4)			interval		1 2 3 4
<i>Amount of time spent in leisure</i>	(H,W) AVLEIS (1-4)			interval	Average time in leisure per day	1 2 3 4
<i>Average affect rating of leisure time (Phase 4 only)</i>	(H,W) LSRFEL (4)	1 5 9	Very dissatisfied Neither satisfied or dissatisfied Very satisfied	interval		1 2 3 4

Table 4e. Marital Companionship

<i>Amount of time spent in conversation per day</i>	(H,W) CPCVAV (1-3)	0	no conversation	interval		1 2 3
<i>Amount of time spent in leisure with spouse alone</i>	(H,W) AVLSCP (1-4)	0	no time in leisure	interval		1 2 3 4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
Table 4f. Type of Leisure						
<i>Sporting events and activities</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPSPT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSST (4)			interval		4
Average affect rating	(H,W) FLNSST (4)	1 7	feeling good feeling bad			4
<i>Done with spouse</i>						
Number of times	(H,W) SPSSPT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPST (4)			interval		4
Average affect rating	(H,W) FLSPST (4)	1 7	feeling good feeling bad	interval		4
<i>Games & amusement</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPGAM (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSGM (4)			interval		4
Average affect rating	(H,W) FLNSGM (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSGAM (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPGM (4)			interval		4
Average affect rating	(H,W) FLSPGM (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Club and racquet sports</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPCLB (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSCB (4)			interval		4
Average affect rating	(H,W) FLNSCB (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSCLB (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPCB (4)			interval		4
Average affect rating	(H,W) FLSPCB (4)	1 7	feeling good feeling bad	interval		4
<i>Outdoor recreation</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPOT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSOT (4)			interval		4
Average affect rating	(H,W) FLNSOT (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSOUT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPOT (4)			interval		4
Average affect rating	(H,W) FLSPOT (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Physical fitness</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPFIT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSFT (4)			interval		4
Average affect rating	(H,W) FLNSFT (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSFIT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPT (4)			interval		4
Average affect rating	(H,W) FLSPFT (4)	1 7	feeling good feeling bad	interval		4
<i>Group gatherings</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPGAT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSGT (4)			interval		4
Average affect rating	(H,W) FLNSGT (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSGAT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPGT (4)			interval		4
Average affect rating	(H,W) FLNSGT (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Personal interest/hobbies</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPHOB (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSHB (4)			interval		4
Average affect rating	(H,W) FLNSHB (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSHOB (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPHB (4)			interval		4
Average affect rating	(H,W) FLSPHB (4)	1 7	feeling good feeling bad	interval		4
<i>Intellectual stimulation</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPINT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSIT (4)			interval		4
Average affect rating	(H,W) FLNSIT (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSINT (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPIT (4)			interval		4
Average affect rating	(H,W) FLSPIT (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Outdoor festivities</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPFST (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSFS (4)			interval		4
Average affect rating	(H,W) FLNSFS (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSFST (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSFST (4)			interval		4
Average affect rating	(H,W) FLSPFS (4)	1 7	feeling good feeling bad	interval		4
<i>Shopping</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPSHP (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSSP (4)			interval		4
Average affect rating	(H,W) FLNSSP (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSSHP (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPSP (4)			interval		4
Average affect rating	(H,W) FLSPSP (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Socializing</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPSOC (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSSC (4)			interval		4
Average affect rating	(H,W) FLNSSC (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSSOC (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPSC (4)			interval		4
Average affect rating	(H,W) FLSPSC (4)	1 7	feeling good feeling bad	interval		4
<i>Musical entertainment</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPMUS (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSMS (4)			interval		4
Average affect rating	(H,W) FLNSMS (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSMUS (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPMS (4)			interval		4
Average affect rating	(H,W) FLSPMS (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Partying</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPPAR (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSPT (4)			interval		4
Average affect rating	(H,W) FLNSPT (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSPAR (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPT (4)			interval		4
Average affect rating	(H,W) FLSPT (4)	1 7	feeling good feeling bad	interval		4
<i>Leisure exercise</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPEX (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSEX (4)			interval		4
Average affect rating	(H,W) FLNSEX (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSEX (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPEX (4)			interval		4
Average affect rating	(H,W) FLSPEX (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Television</i>						
<i>Done without spouse</i>						
Number of times	(H,W) NSPTV (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSTV (4)			interval		4
Average affect rating	(H,W) FLNSTV (4)	1 7	feeling good feeling bad	interval		4
<i>Done with spouse</i>						
Number of times	(H,W) SPSTV (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMSPTV (4)			interval		4
Average affect rating	(H,W) FLSPTV (4)	1 7	feeling good feeling bad	interval		4

Table 4g. Social Context of Leisure

<i>No third parties</i>						
<i>Leisure without spouse</i>						
Number of activities	(H,W) LSRALN (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSN3 (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLNSN3 (4)	1 7	feeling good feeling bad	interval		4
<i>Leisure with spouse</i>						
Number of activities	(H,W) SPSTOG (1-4)			interval	Average H/W report: ph1 (r = .78), ph2 (r = .84) ph3 (r = .82)	1 2 3 4
Amount of time	(H,W) TMSPN3 (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLSPN3 (4)	1 7	feeling good feeling bad	interval		4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>With kin</i>						
<i>Leisure without spouse</i>						
Number of activities	(H,W) KINNSP (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSKN (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLNSKN (4)	1 7	feeling good feeling bad	interval		4
<i>Leisure with spouse</i>						
Number of activities	(H,W) SPSKIN (1-4)			interval	Average H/W report: ph1 (r = .90), ph2 (r = .89) ph3 (r = .90)	1 2 3 4
Amount of time	(H,W) TMSPKN (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLSPKN (4)	1 7	feeling good feeling bad	interval		4
<i>With friends</i>						
<i>Leisure without spouse</i>						
Number of activities	(H,W) FRDNSP (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSFD (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLNSFD (4)	1 7	feeling good feeling bad	interval		4
<i>Leisure with spouse</i>						
Number of activities	(H,W) SPSFRD (1-4)			interval	Average H/W report: ph1 (r = .93), ph2 (r = .92) ph3 (r = .82)	1 2 3 4
Amount of time	(H,W) TMSPFD (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLSPFD (4)	1 7	feeling good feeling bad	interval		4

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<i>With children</i>						
<i>Leisure without spouse</i>						
Number of activities	(H,W) KIDNSP (1-4)			interval		1 2 3 4
Amount of time	(H,W) TMNSKD (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLNSKD (4)	1 7	feeling good feeling bad	interval		4
<i>Leisure with spouse</i>						
Number of activities	(H,W) SPSKID (1-4)			interval	Average H/W report: p ph2 (r = .88) ph3 (r = .39)	1 2 3 4
Amount of time	(H,W) TMSPKD (1-4)			interval		1 2 3 4
Average affect rating	(H,W) FLSPKD (4)	1 7	feeling good feeling bad	interval		4

Table 4h. Conversations Involving the Social Network

<i>Number of conversations with kin</i>	(H,W) KNCVNM (1-3)			interval	average per day	1 2 3
<i>Time spent in conversation with kin</i>	(H,W) KNCVTM (1-3)			interval	average per day	1 2 3
<i>Number of conversations with friends</i>	(H,W) FRCVNM (1-3)			interval	average per day	1 2 3
<i>Time spent in conversation with friends</i>	(H,W) FRCVTM (1-3)			interval	average per day	1 2 3

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Table 4i. Socioemotional Behaviors: Telephone Diary									
<i>Frequency of affectional epression</i>	(H,W) POSBH (1-4)	0	no affectional expression			1	2	3	4
<i>Frequency of negativity</i>	(H,W) NEGBH (1-4)	0	no negative expression	interval		1	2	3	4
<i>Frequency of conflict (arguments, disagreements, or differences)</i>	(H,W) DAYCON (1-3)	0	no conflicts	interval		1	2	3	
<i>Amount of sexual interest</i>	(H,W) SEXBH (1-4)	0	no sexual expression	interval		1	2	3	4
Conversations									
<i>Total number of conversations</i>	(H,W) TTCVNM (1-3)	0	no conversation	interval	average per day	1	2	3	
<i>Total time in conversations</i>	(H,W) TTCVTM (1-3)	0	no conversation	interval	average per day	1	2	3	
<i>Number of conversations with spouse alone</i>	(H,W) SPCVNM (1-3)			interval	average per day	1	2	3	
<i>Total time in conversations with spouse alone</i>	(H,W) SPCVTM (1-3)			interval	average per day	1	2	3	
<i>Report of strength</i>	(H,W) STRENG (1-4)			interval		1	2	3	4
<i>Ratio of positive to negative</i>	(H,W) TONE (1-4)			interval		1	2	3	4

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Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
<i>Satisfaction with communication domain</i>	(H,W) COMM (1-4)	1	Very dissatisfied	interval		
		5	Neither satisfied or dissatisfied			
		9	Very satisfied			

Table 4j. Communication Patterns: Self-Report Data

<i>Conflict</i>	(H,W) CONNEG (1-4)	1	low conflict / neg	interval		
		9	high conflict / neg			
<i>Maintenance</i>	(H,W) MAIN (1-4)	1	low maintenance	interval		1 2 3 4
		9	high maintenance			
<i>Communication patterns dealing with problems</i>						
<i>Mutual avoidance/openness</i>	(H,W) (2-3) MUTAV (4)	1	low avoid	interval		4
		9	high avoid			
<i>Mutual negative communication</i>	(H,W) MUTNCM (4)	1	low neg comm	interval		4
		9	high neg comm			
<i>Respondent demand/partner withdraw</i>	(H,W) (2-3) SFDEM (4)	1	low demand	interval		4
		9	high demand			
<i>Partner demand/respondent withdraw</i>	(H,W) (2-3) FWTH (4)	1	low sps demand	interval		4
		9	high sps demand			
<i>Total demand/withdraw</i>	(H,W) (4-6) TTLDM (4)	1	low total dem/withdraw	interval		4
		9	high total dem/withdraw			
<i>Roles in demand/withdraw</i>	(H,W) (4-6) RLDEM (4)	-8	sps does more demanding in	interval		4
		8	relation to resp. resp. does more demanding in relation to sps			

CHAPTER 4: The Marriage Relationship as a Behavioral System

Description	Variable Name	Value	Value Label	Type of Variable	Explanation	Phases
Table 4k. Eating and Sleeping						
<i>Meals</i>						
<i>Average amount of time spent eating per day</i>	(H,W) AVEAT (4)			interval		4
With spouse	(H,W) EATSPS (4)			interval		4
Without spouse	(H,W) EATNSP (4)			interval		4
With kids	(H,W) EATKID (4)			interval		4
Without kids	(H,W) EATNKS (4)			interval		4
<i>Average affect rating for meals</i>	(H,W) FLEAT (4)	1 7	feeling good feeling bad	interval		4
With spouse	(H,W) FLEASP (4)			interval		4
Without spouse	(H,W) FLEANS (4)			interval		4
With kids	(H,W) FLEAKD (4)			interval		4
Without kids	(H,W) FLEANK (4)			interval		4
<i>Sleeping</i>						
<i>Average number of minutes sleeping</i>	(H,W) SLEEP (4)			interval		4