

MITCHELL SUDOLSKY, L.C.S.W.

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PROFESSIONAL EXPERIENCE

JEWISH FAMILY SERVICE, Austin, Texas

Director

1999-present

Supervised all clinical and administrative functions at mental health and social service agency providing varied social work services.

- Provided clinical supervision to social work staff
- Provided psychotherapy services to varied clientele
- Provided professional consultation to teachers, clergy, administrators, other professionals
- Managed budget of \$490,000
- Developed and managed public education programs
- Served on interagency management team

SCOTT & WHITE MEMORIAL HOSPITAL, Temple, Texas

Employee Assistance Program Manager

1998-1999

Provided clinical and administrative services to regional employee assistance program for a large regional teaching hospital with more than 6,000 employees and numerous rural clinics.

- Managed contracts to provide EAP services for other companies in the region.
- Developed relationships with various county agencies to which referrals were made
- Provided training to employee health nurses, hospital social workers, and department supervisors.
- Dealt with difficult employees in conflict management
- Provided brief psychotherapy and crisis intervention services to employees.

**SOUTHERN COLORADO FAMILY MEDICINE, St. Mary-Corwin Hospital
Pueblo, CO**

1991-1998

Behavioral Science Coordinator

Worked as Senior Clinical Instructor, Department of Family Medicine, School of Medicine, University of Colorado Health Sciences Center, including training of 24 resident physicians in a three year program, accepting 8 new resident physicians per year

- Designed and implemented behavioral science curriculum as part of a postgraduate training program for physicians specializing in family medicine. Attended on medicine rounds, nursing home rounds, and provided clinic precepting.
- Provided clinical social work services to clinic outpatients
- Provided clinical supervision to hospital social workers.
- Served on Institutional Ethics Committee, Patient Rights Committee, and Institutional Review Board
- Consultant, St. Mary-Corwin Home Health Service

TRINIDAD STATE JUNIOR COLLEGE, Trinidad, CO

1989-1991

Director of Counseling and Advising/Instructor in Psychology and Sociology

Supervised provision of counseling services to students in a medium sized junior college environment

- Designed and implemented a training program for associates degree mental health workers

- Taught psychology and sociology courses
- Provided mental health services to students and faculty
- Trained faculty in academic advising techniques
- Supervised two masters-degree level counselors
- Provided training on mental health topics to the Colorado Law Enforcement Training Academy including mental illness, domestic violence, stress management
- Provided training on mental health topics to the School of Nursing

SPANISH PEAKS MENTAL HEALTH CENTER, Trinidad, CO **1982-1989**
Rural Counties Program Director

Managed community mental health centers in Trinidad and Walsenburg, CO

- Supervised all clinical and support staff
- Served on agency administrative council and quality assurance team
- Provided psychotherapy services to adults, children, families, and couples
- Provided consultation services to local agencies
- Supervised Comprehensive Alcohol Treatment program and emergency services team.
- Provided continuing education for the public on various mental health topics including child abuse, parenting, suicide prevention, and others
- Managed an annual budget of more than \$250,000.
- Social work consultant, Trinidad State Nursing Home
- Social work consultant, Mount San Rafael Hospital

CHILD AND FAMILY SERVICE, Austin, Texas **1981-1982**
Family Therapist

Provided psychotherapy services to varied client population

- Consulted with community groups and led public education workshops

SANGRE DE CRISTO COMMUNITY MENTAL HEALTH SERVICES, Raton, N.M. 1978-1981
Clinical Social Worker

Provided psychotherapy services to varied client population

- Provided on-call emergency services
- Taught educational workshops to community groups
- Provided consultation to schools, police, and emergency medical service professionals.

GENEVA GROUP HOME FOR YOUTH **1978**
Austin-Travis County MHMR, Austin, Texas
Clinical Director

Supervised residential treatment program for adolescents

- Supervised all clinical services
- Provided individual, group, and family therapy services

DEVEAUX SCHOOL, Niagara Falls, N.Y. **1973-1976**
Director of Residential Activities

Provided psychotherapy services at residential treatment center for adolescents

RELATED EXPERIENCE

Psychiatric Social Worker, Pueblo Psychiatric Professional Corporation, 1989-1991, Trinidad, CO. Part-time private psychotherapy practice
Instructor in Undergraduate Psychology Courses, New Mexico State University (1983-84), Cornell University (1972)
Field Instructor for Graduate Social Work Students, Colorado State University (1985-88), New Mexico Highlands University (1984), University of Texas at Austin (1981).
Instructor, Colorado Law Enforcement Training Academy, Trinidad State Junior College, Trinidad, CO (1983-1991).

Adjunct Professor, University of Southern Colorado, Graduate program in social work, (1994-1995).
Community Organizer, Colfax County Community Action Committee, Raton, N.M. 1994-1995
Program Evaluator, Teen Pregnancy Prevention Program, Service Organization for Youth, Raton, N.M. 1995-1999
Clinical Supervisor, Service Organization for Youth, Raton, N.M. (1996-1997)
Adjunct Clinical Faculty, Department of Psychiatry, Austin Medical Education Programs, Seton Healthcare Network, 2001-2008
Grants reviewer, Substance Abuse and Mental Health Services Administration, 2004, 2006-2010
Lecturer, Graduate School of Social Work, University of Texas at Austin, 2001- present.
Taught courses “Foundations of Social Justice,” “Clinical Assessment and Differential Diagnosis,” “Ethics and Social Work Practice.”

EDUCATION

Master of Science in Social Work (M.S.S.W.), University of Texas at Austin, 1978
Bachelor of Arts (B.A.) in Psychology, Cornell University, Ithaca, N.Y. 1973

PROFESSIONAL CERTIFICATIONS

Licensed Clinical Social Worker, Texas State Board of Social Work Examiners, License #33245
Certified Instructor, State of Colorado Board on Peace Officer Standards and Training, June 1983
Colorado State Board for Community Colleges and Occupational Education, Vocational Credential

COMMUNITY OFFICES HELD

Board of Directors, Advocates Against Domestic Violence, Trinidad, CO, 1984-85
Child Protection Team, Department of Social Services, Trinidad, CO, 1985-1991
Advisory Board, Southeast Colorado Area Health Education Council, Pueblo, CO 1984-1987
Instructor, Colorado AIDS Educational Training Center, Pueblo, CO, 1990-1992
Pueblo Bioethics Forum, Pueblo, CO 1997-1998
Federal Emergency Management Agency (FEMA) Board, Austin, Texas 1999-present
Austin State Hospital Ethics Committee, 2001-present
Community Council, Community Action Network, Austin, Texas January 2005-January 2008
Downtown Austin Community Court Advisory Committee, Feb. 2006-Aug. 2007

PUBLICATIONS AND PRESENTATIONS

“Ethical Problems at the Intersection of Religion and Social Work,” presented at the annual conference of the Texas chapter of the National Association of Social Workers, 2003
“The Role of Faith-Based Organizations in Providing Effective Social Services,” testimony before the House of Representatives Subcommittee on Criminal Justice, Drug Policy and Human Resources, San Antonio, Texas, July 2, 2003
“Religion and the Ethical Practice of Social Work,” presented at the annual conference of the Texas chapter of the National Association of Social Workers (panel discussion), 2002
“Clinician-Clergy Collaboration”, presented at the annual conference of the Association of Jewish Family and Children’s Agencies, 2002
“Sex, Drugs, Money and Death: Bioethics in the Public Eye”, presented at the annual conference of the Texas chapter of the National Association of Social Workers, 2000
“From Abstinence Only to Comprehensive Teen Pregnancy Prevention,” presented at the annual conference of the New Mexico Teen Pregnancy Coalition, 1998
“Teen Pregnancy Prevention in a Rural Town,” presented at the annual conference of the National Organization for Adolescent Pregnancy, Parenting, and Prevention, 1997

"Needs Assessment: Families in Need of Services Project," presented to Colfax County Community Action Committee, Raton, N.M. 1994
"The Role of a Community College in a Declining Rural Community Mental Health System," presented at the annual convention of the National Association for Rural Mental Health, 1990
"Residential Treatment for Adolescents," presented to The Behavioral Health Agency of Central Arizona, 1979
"Violence and Vandalism in Texas Public Schools," presented to the Texas Classroom Teachers Association, Austin, Texas 1977
Sudolsky, M. and Nathan, R. Conditions of leadership and social climates in groups, The Cornell Journal of Social Relations, Fall, 1971