

**THE UNIVERSITY OF TEXAS AT AUSTIN
SCHOOL OF SOCIAL WORK**

Course Number:	SW 390N7	Instructor's Name:	Cynthia Franklin, Ph.D., LMSW-ACP, LMFT
Unique Number:		Office Number:	SSW 3.130
Semester:	Fall 2003	Office Phone:	471-0533 (UT) Mobile: 413-1946 CFranklin@mail.utexas.edu
Meeting Time/Place:	Wed, 11:30-2:30 2.130	Office Hours:	Wednesday 10:30-11:30 or by appointment

THEORIES OF DIRECT PRACTICE IN SOCIAL WORK

I. Standardized Course Description

This course covers some of the major theories used in direct practice social work. Philosophical, theoretical and empirical underpinnings of different practice theories will be investigated. Emphasis is placed on understanding and critically analyzing the philosophical assumptions and scientific basis of various theories. Students will become familiar with research methodologies such as process/outcome paradigms, experimental designs, and meta-analysis, which have been used both to develop and investigate the effectiveness of direct practice theories. Since social work has relied on other social science disciplines for much of its theoretical base, major theories will be covered from these disciplines. Both psychological and sociological theories are included, but the course focuses on psychological theories used in clinical and direct practice fields. There has been a proliferation of direct practice theories. Currently there are more than 500 identifiable theories for clinical practice, 20 or more cognitive therapies, and numerous other variations on the themes of systems, social construction, humanistic/existential, eclectic, etc. It is impossible to cover all theories in one course. A selection of theories from different models or perspectives have been chosen based on the experience of the professor and their importance to social work practice. In the selection of theories, consideration was also given to current trends in today's clinical practice fields. It is understood that students will study in-depth these select theories but in the process of their study will master the broader philosophical, epistemological, and research-based methods that undergird all practice theories.

II. Course Objectives

1. Develop knowledge of the major philosophical and research paradigms for critically analyzing direct practice theories.
2. Understand the basics of theory construction including how the context, person and process of theory development contribute to theories.
3. Be able to critically evaluate the scientific merit and the professional utility of different theories including a thorough analysis of studies on their efficacy and effectiveness.
4. Critically analyze key constructs, concepts, guiding principles and the experimental and/or hermeneutic basis for practice theories.
5. Understand and appreciate the heuristic value of different theories and how heuristics contribute to practice science.
6. Explore the basic philosophical, moral and ethical premises inherent in different theories and relate those to the issues of social justice and the values of the social work profession.

III. Teaching Methods

This is a doctoral seminar. Students are expected to attend class on a regular basis and be prepared to engage in a dialogue with the professor and student colleagues. Being prepared means that a student made a serious attempt at

completing readings and can participate in discussions and critical analysis of practice theories. Respect and professional behavior toward other students and the professor is expected.

IV Safety Policy

As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should also notify instructors regarding any safety concerns.

V. Required Texts

Lambert M.J. (2004). *Bergin & Garfield's handbook of psychotherapy and behavior change, fifth edition*. New York, John Wiley & Sons.

Prochaska J. O. & Norcross, J.C. (2003). *Systems of psychotherapy: A transtheoretical analysis*. Pacific Grove, CA: Brooks/Cole

Richardson, F. (1999). *Re-envisioning psychology: Moral dimensions of practice*. San Francisco: Jossey-Bass.

Wampold, B.E. (2001). *The great psychotherapy debate: Models, methods and findings*. Mahwah, NJ; Lawrence Erlbaum Associates

VI Course Requirements

There are three assignments.

1. Annotated Bibliography to Be Used in Teaching (25% of your grade). Each student is to develop a comprehensive annotated bibliography of one of the practice theories studied in class. Areas to be covered in the bibliography include philosophy and theoretical developments, major debate articles, outcome studies, process research, and meta-analysis. It is assumed that the student will master the literature in this area. This requires a systematic search of literature in journals across disciplines and a search of major publications in the area of study. Students should copy the bibliographies and make them available to other class members. **Due at the time of your presentation.**
2. Paper on Practice Model (50% of your grade). Each student is to develop a 20 to 25 page paper on a practice model covered in the class. The following outline is suggested for the development of the paper. **Due at the end of the class.**
 - I. History and context for the development of the theory, including relevant background information on the major contributors to the theory's development.
 - II. Experimental and philosophical basis for the theory.
 - a) Describe the theory and its main tenets concerning the way humans function and how humans change.
 - b) Identify key constructs and guiding metaphors.
 - c) Identify major assumptions and the philosophical basis of the theory.
 - d) Critically analyze the values inherent in the major assumptions and theoretical constructs.
 - e) Report on and critically analyze the experimental and/or hermeneutic research support for the theoretical constructs. What is the basis for making these claims?
 - II. Practice procedures and techniques used in the theory.

- a) Operationalize and critically analyze assessment and measurement and intervention methods stemming from the theory.
 - b) Operationalize and critically analyze behavior change procedures, including the process used in facilitating change.
 - III. Research and empirical support for the model.
 - a) Review efficacy studies on the theory and its methods. Be specific and critically analyze the studies.
 - b) Review research supporting clinical effectiveness of the model. What research is available to support the effectiveness of the model? With what specific populations is the model most effective? When should the model be applied to be most effective? Be specific. Review and summarize studies of research effectiveness, including relevant meta-analyses conducted on the theory and its methods.
 - IV. Heuristic value of the theory.
 - a) How influential has the theory been in the grand scheme of social science theory?
 - b) How has the theory contributed to research, debate, discussion, and new developments in the field?
 - V. Summary and discussion
 - a) Include an analysis of key points and findings.
 - b) Discuss future directions for the development of the theory.
- 3) Facilitate Class Presentation and Discussion on Practice Model (25% of your grade). Each student is responsible for making a presentation and facilitating a class dialogue with students and professor on their practice model. **Check the syllabus for the day of your presentation.**

Course Grades

The final course grade will be calculated as follows:

Annotated Teaching Bibliography	25%
Theory Paper	50%
Presentation	25%

Grading scale:

90–100 = A
80–89 = B
70–79 = C
60–69 = D
Below 60 = F

VI. Class Policies

No late assignments will be accepted, except in extreme emergencies and then only with permission of the instructor. All late assignments will be assessed point penalties at a rate of 5 points a day. If you are in an emergency situation, contact your instructor and receive a new due date. Academic dishonesty will be dealt with in accordance with the policies of the University.

VII. Course Schedule

Aug. 27 Read the syllabus and class introduction

Sept. 3 Methods for Analysis of Direct Practice Theories: Major Philosophical Paradigms and On-going Debates

Required

Lambert Chapter 3 & 17

Wampold Chapter 1

Austin, D. (2001) Guest editors forward: Flexner Revisited. *Research on Social Work Practice, 11*, 147-151.

Austin, D. M. & Roberts, A.R. (2002). Clinical social work research in the 21st century: Future, present and past. In A. A. R. Roberts & G.J. Greene (Eds.). *Social workers desk reference* (p.p. 822-828). New York: Oxford University Press.

Flexner, A. (1915, 2001). Is social work a profession. *Research on Social Work Practice, 11*, 152-165.

Franklin, C. (1995). Expanding the vision of the social constructionist debates: Creating relevance for practitioners. *Families in Society, 76* (7), 395-407.

Franklin, C., & Jordan, C. (1995). Qualitative assessment: A methodological review. *Families in Society, 76* (5), 281-295.

Franklin, C. (2001). Coming to terms with the business of direct practice social work. *Research on Social Work Practice, 11*, 235-244.

Franklin, C. (2002). Developing effective practice competencies in managed behavioral health care. In A. A. R. Roberts & G.J. Greene (Eds.). *Social workers desk reference* (p.p. 3-9). New York: Oxford University Press.

Gambrill, E. (1999a). Evidence-based clinical practice: An alternative to authority-based practice. *Families in Society, 80*, 341-350.

Gambrill, E. (1999b). Evidenced-based clinical practice, evidenced-based medicine and the Cochrane collaboration. *Journal of Behavior Therapy and Experimental psychiatry, 30*, 1-14, 153-154.

Gomory, T. (2001). A fallibistic response to Thyer's theory of theory-free empirical research in social work practice. *Journal of Social Work Education, 37*, 26-50.

Gomory, T. (2001). Critical rationalism (Gomory's blurry theory) or positivism (Thyer's theoretical myopia): Which is the prescription for social work research. *Journal of Social Work Education, 37*, 67-78.

Howard, M.O. & Jenson, J.M. (1999a). Clinical practice guidelines. Should social work develop them? *Research on Social Work Practice, 9*, 283-301.

Howard, M & Jensen, J. (1999b). Barriers to development, utilization and evaluation of social work practice guidelines: Toward an Action Plan for Social Work. *Research on Social Work Practice, 9*, 347-364.

Kirk, S.A. (1999). Good intentions are not enough. Practice guidelines for social work. *Research on Social Work Practice, 9*, 302-310

Loving, C. C. (1997). From the summit of truth to its slippery slopes: Science education's journey through positivist-postmodern territory. *American Educational Research Journal, 34* (3), 421-452.

- Maher, A.R. (2000). Philosophy of science and the foundations of psychotherapy. *American Psychologist*, 55, 1117-1125.
Richardson-The book
- Rosen, A. & Proctor, E.K. (2002). Standards for evidenced-based social work practice. . In A. A. R. Roberts & G.J. Greene (Eds.). *Social workers desk reference* (p.p. 743-747). *New York: Oxford University Press.*
- Sowers, K. M. & Ellis, R.A. (2001). Steering currents for the future of social work. *Research on Social Work Practice*, 11, 235-244.
- Thyer, B.A. (2001). What is the role of theory in research on social work practice? *Journal of Social Work Education*, 37, 9-25
- Thyer, B.A. (2001). Research on social work practice does not benefit from blurry theory: A response to Tomi Gomory. *Journal of Social Work Education*, 37, 51-66.

Recommended

- Kiesler, C.A. (2000). The next wave of change for psychology and mental health services in the mental health care revolution. *American psychologist*, 55, 481-487.
- Martin, J. & Sugaman, J. (2000). Between the modern and the postmodern: The possibility of self and progressive understanding in psychology. *American Psychologist*, 55, 397-406.
- Robins, R.W., Gosling, S.D. & Craik, K.H. (1999). An empirical analysis of trends in psychology. *American Psychologist*, 54, 117-128.
- Taylor, E. (2000). Psychotherapeutics and the problematic origins of clinical psychology in America. *American Psychologist*, 55, 1029-1033.
- White, D., & Wang, A. (1995). Universalism, humanism, and postmodernism. *American Psychologist*, 50 (5), 392-393.

Sept. 10 Methods for Analysis of Direct Practice Theories: Experimental Designs

Required

Lambert Ch. Chapter 2

Wampold Chapter 2

- Behrens, J.T. (Principles and procedures of exploratory data analysis. *Psychological Methods*, 2, 131-160.
- Benbenishty, R. (1996). Integrating research and practice: Time for a new agenda. *Research on Social Work Practice*, 6 (1), 77-82.
- Blampied, N.M. (1999). A legacy neglected: Restating the case for single case research in cognitive-behavior therapy. *Behaviour Change*, 16, 89-104.
- Chambless, D.L., et.al. (1996). An up-date on empirically validated therapies. *The Clinical Psychologist*, 49,2, 5-18.
- Curtis, G. C. (1996). The scientific evaluation of new claims. *Research on Social Work Practice*, 6 (1), 117-121.
- Franklin, C., Biever, J. L., Moore, K., Clemons, D., & Scamardo, M. (2001). The effectiveness of solution-focused therapy with children in a school setting. *Research on Social Work Practice*, 11, 411-434.
- Gerdes, K. E., Edmonds, R. M., Haslam, D. R., & McCartney, T. L. (1996). A statewide survey of licensed clinical social workers' use of practice evaluation procedures. *Research on Social Work Practice*, 6 (1), 27-39.
- Jacobson, N. S., Follette, W. C., & Revenstorf, D. (1984). Psychotherapy outcome research: Methods for reporting variability and evaluation clinical significance. *Behavior Therapy*, 15, 336-352.
- Jacobson, N. S., Follette, W. C., & Revenstorf, D. (1986). Toward a standard definition of clinically significant change. *Behavior Therapy*, 17, 308-311.
- Jacobson, N. S., & Revenstorf, D. (1988). Statistics for assessing the clinical significance of psychotherapy techniques: Issues, problems, and new developments. *Behavioral Assessment*, 10, 133-145.
- Kazi, M. A. F. (1996). The centre for evaluation studies at the University of Huddersfield: A profile. *Research on Social Work Practice*, 6 (1), 104-116.
- Krueger, J. (2001). Null hypothesis significance testing: On the survival of a flawed method. *American Psychologist*, 56, 16-26.
- Lundervold, D.A & Bellwood, M.F. (2000). The best kept secret in counseling: Single-case (large N=1) experimental design. In M.R. Jalngo, G.J. Gerlach, & W. yan (Eds.). *Annual editions: Research methods*(p.p. 79-90) Guilford, CT: McGraw Hill/Dushkin.
- Morgan, D.L. & Morgan, R.K. (2001). Single-participant research design: Bringing science to managed care. *American Psychologist*, 56, 119-127.
- Seligman, M. E. P. (1995). The effectiveness of psychotherapy: The consumer's report study. *American Psychologist*, 50 (12), 965-974.

- Smith, L.D., Best, L.A., Cylke, V.A. & Stubbs, A. (2000). Psychology without p. values. *American Psychologist*, 55, 260-263.
- Strupp, H.H. & Anderson, T. (1997). On the limitations of therapy manuals. *Clinical Psychology: Science and Practice*, 4, 76-82.
- Wilkinson, L. & the task force on statistical inference. (1999). Statistical methods in psychology journals: Guidelines and explanations. *American Psychologists*, 54, 594-604.

Sept. 17 Methods for Analysis of Direct Practice Theories: Meta-Analysis

Required

Lambert Ch. Chapter 5

Wampold Chapter 3 & 4

- Bangert-Drowns, R. L. (1992). Review of developments in meta-analytic method. In A. E. Kazdin (Ed.) *Methodological issues and strategies in clinical research* (pp. 439-467). Washington, DC: APA.
- Franklin, C., Grant, D., Corcoran, J., O'Dell-Miller, P., & Bultman, L. (1997). The effectiveness of prevention programs for adolescent pregnancy: A meta-analysis. *Journal of Marriage and the Family*, 59, 551-567.
- Gorey, K. M. (1996). Effectiveness of social work intervention research: Internal versus external evaluations. *Social Work Research*, 20, 119-128.
- Gorey, K. M., Thyer, B. A., & Pawluck, D. E. (1998). Differential effectiveness of prevalent social work practice models: A meta-analysis. *Social Work*, 43 (3), 269-278.
- Scruggs, T.E. & Mastropieri, M.A. (1998). Summarizing single subject research: Issues and applications. *Behavior Modification*, 22 3, 221-242.
- Wampler, K., & Serovich, J. M. (1996). Meta-analysis in family therapy research. In D. H. Sprenkle & S. M. Moon (Eds.) *Research methods in family therapy* (pp. 286-303). New York: Guilford..

September 24

Methods for Analysis of Direct Practice Theories: Process/Outcome Approaches

Required

Lambert Chapters 4, 6, 7, & 8

Wampold 5-9

- Hill, C. E. (1992). Research on therapists techniques in brief individual therapy: Implications for practitioners. *The Counseling Psychologist*, 20 (4), 689-711.
- Martin, J. (1989). A rationale and proposal for cognitive-mediational research on counseling and psychotherapy. *The Counseling Psychologist*, 17 (1), 11-135.
- Martin, J., Cummings, A. L., & Hallberg, E. T. (1992). Therapists' intentional use of metaphor: Memorability, clinical impact, and possible epistemic/motivational functions. *Journal of Consulting and Clinical Psychology*, 60 (1), 143-145.
- Martin, J., Martin, W., & Slemmon, A. G. (1989). Cognitive-mediational models of action-act sequences in counseling. *Journal of Counseling Psychology*, 36 (1), 8-16.
- Stiles, W. B., & Shapiro, D. A. (1995). Verbal exchange structure of brief therapy: Psychodynamic, interpersonal and cognitive behavioral psychotherapy. *Journal of Consulting and Clinical Psychology*, 63, 15-27.

Oct. 1 Critical Analysis of Practice Theories. Cognitive-Behavioral Theories: Beck, Ellis, and Others

Required

Lambert, Chapters 9, 10 & 12

- Beck, A. T. (1991). Cognitive therapy: A 30-year retrospective. *American Psychologist*, 46 (4), 368-375.
- Beck, A. T. (1993). Cognitive therapy: Past, present, and future. *Journal of Consulting and Clinical Psychology*, 61 (2), 194-198.
- Barlow, D.H., Gorman, J.M., Shear, M.K. & Woods, S.W. (2000). Cognitive-behavioral therapy, imipramine, or their combination for panic disorder: A randomized controlled trial. *Journal of the American Medical Association*, 283, 2529-2536.
- Barlow, D.H. (2000). Unraveling the mysteries of anxiety and its disorders from the perspective of emotion theory. *American Psychologist*, 55, 1245-1263.
- Chamberlain, P. & Reid, J.B. (1998). Comparison of two community alternatives to incarceration for chronic juvenile offenders. *Journal of Consulting and Clinical Psychology*, 66, 624-633.

- DeRubeis, R.J., Gelfand, L.A., Tang, T.Z., & Simons, A.D. (1999). Medications versus cognitive-behavior therapy for severely depressed outpatients: Mega-analysis of four randomized comparisons. *American Journal of Psychiatry*, 15, 1007-1013.
- DeGrandpre, R.J. (2000). A science of meaning: Can behaviorism bring meaning to psychological science. *American Psychologist*, 55, 721-739.
- Durlak, J. A., Fuhrman, T., & Lampman, C. (1991). Effectiveness of cognitive-behavior therapy for maladapted children: A meta-analysis. *Psychological Bulletin*, 110 (2), 204-214.
- Ellis, A. (1993). Reflections on rational-emotive therapy. *Journal of Consulting and Clinical Psychology*, 61 (2), 199-201.
- Elkin, I., Gibbons, R.D. Shea, M.T., Shaw, B.F. (1996). Science is not a trial (but it can sometimes be a tribulation). *Journal of consulting and clinical psychology*, 64, 92-103.
- Elkin, I. Et. al. (1989). National Institute of mental health treatment of depression and collaborative research: General effectiveness of treatments. *Archives of General Psychiatry*, 46, 971-982.
- Gambrill, E. (1994). What's in a name? Task centered, empirical and behavioral practice. *Social Service Review*, 68 (4), 578-599.
- Gaffan, E. A., Tsaousis, I., & Kemp-Wheeler, S. M. (1995). Researcher allegiance and meta-analysis: The case of cognitive therapy for depression. *Journal of Consulting and Clinical Psychology*, 63 (6), 966-980.
- Goldstein, M. J., & Miklowitz, D. J. (1995). The effectiveness of psychoeducational family therapy in the treatment of schizophrenic disorders. *Journal of Marital & Family Therapy*, 21 (4), 361-376.
- Gould, R. A., Otto, M. W., & Pollack, M. H. (1995). Meta-analysis of treatment outcome for panic disorder. *Clinical Psychology Review*, 15 (8), 819-844.
- Haaga, D. A. F., & Davison, G. C. (1993). An appraisal of rational-emotive therapy. *Journal of Consulting and Clinical Psychology*, 61 (2), 215-220.
- Hollon, S. D., Shelton, R. C., & Davis, D. D. (1993). Cognitive therapy for depression: Conceptual issues and clinical efficacy. *Journal of Consulting and Clinical Psychology*, 61 (2), 270-275.
- Jacobson, N. S., Dobson, K. S., Truax, P. A., Addis, M. E., Koerner, K., Gollan, J. K., Gortner, E., & Prince, S. E. (1996). A component analysis of cognitive-behavioral treatment for depression. *Journal of Consulting and Clinical Psychology*, 64 (2), 295-304.
- Kendall, P. C. (1993). Cognitive-behavioral therapies with youth: Guiding theory, current status, and emerging developments. *Journal of Consulting and Clinical Psychology*, 61 (2), 235-247.
- Lee, C. W., Taylor, G. & Dunn, J. (1999). Factor structure of the schema questionnaire in a large clinical sample. *Cognitive Therapy and Research*, 23, 441-451.
- Linehan, M.M. (1999). Schmidt, H.I., Dimeff, L.A., Craft, J.C., Kanter, J. & Comtois, K.A. (1999). Dialectical behavior therapy for patients with borderline personality disorder and drug dependence. *American Journal on Addictions*, 8, 279-292.
- Linehan, M.M., Cochran, B.N. & Khehrer (2001). Dialectical behavior therapy for borderline personality disorder. In D. H. Barlow (2001). *Handbook of psychological disorders*, 3rd edition (470-522).
- Mahoney, M. J. (1993). Introduction to special section: Theoretical developments in the cognitive psychotherapies. *Journal of Consulting and Clinical Psychology*, 61 (2), 187-193.
- Nurius, P. S. (1993). Human memory: A basis for understanding the elusive self-concept. *Social Service Review*, 67 (2), 261-278.
- Prochaska & Norcross Ch. 8, 9 & 10
- Reid, W. J. (1994). The empirical practice movement. *Social Service Review*, 68 (2), 165-184.
- Reinecke, M.A., Ryan, N.E. & Dubois, D.L. (1998). Cognitive-behavior therapy of depression and depressive symptoms during adolescence. A review and meta-analysis. *Journal of the American Academy of Child and Adolescent Psychiatry*, 37, 26-34.
- Robins, C. J., & Hayes, A. M. (1993). An appraisal of cognitive therapy. *Journal of Consulting and Clinical Psychology*, 61 (2), 205-214.
- Wilson, G. T., & Fairburn, C. G. (1998). Treatment of eating disorders. In P.E. Nathan, & J.M. Gorman (Eds.), *Treatments that work* (pp 501-530). New York: Oxford University Press.

Oct. 8 Critical Analysis of Practice Theories. Cognitive-Behavioral Theories: Cognitive Constructivism: Mahoney, Meichenbaum, Neimeyer and Others

Required

- Berlin, S. B. (1996). Constructivism and the environment: A cognitive-integrative perspective for social work practice. *Families in Society*, 77 (6), 326-335.
- Bohart, A. C. (1995). Configurationism: Constructivism from an experiential perspective. *Journal of Constructivist Psychology*, 8, 317-326.
- Botella, L., & Gallifa, J. (1995). A constructivist approach to the development of personal epistemic assumptions and worldviews. *Journal of Constructivist Psychology*, 8, 1-18.
- Brower, A. M. (1996). Group development as constructed social reality revisited: The constructivism of small groups. *Families in Society*, 77 (6), 336-344.
- Chiara, G., & Nuzzo, M. L. (1996). Psychological constructivisms: A metatheory theoretical differentiation. *Journal of Constructivist Psychology*, 9, 163-184.
- Crespi, T. (1995). Constructivist developmental theory and therapy: Implications for counseling adolescents. *Adolescence*, 30, 735-739.
- Cummings, A. L., Martin, J., Hallberg, E., & Slemon, A. (1992). Memory for therapeutic events, session effectiveness, and working alliance in short-term counseling. *Journal of Counseling Psychology*, 39 (3), 306-312.
- Efran, J. S. (1994). Mystery, abstraction, and narrative psychotherapy. *Journal of Constructivist Psychology*, 7, 219-227.
- Franklin, C., & Jordan, C. (1996). Does constructivist practice offer anything new to social work practice? Yes. In B.A. Thyer (Ed.), *Controversial issues in social work practice*. Boston: Allyn and Bacon.
- Franklin, C., & Nurius, P. S. (1996). Constructivist therapy: New directions in social work practice. *Families in Society*, 77 (6), 323-325.
- Gonçalves, Ó. F. (1994). From epistemological truth to existential meaning in cognitive narrative psychotherapy. *Journal of Constructivist Psychology*, 7, 107-118.
- Granvold, D. K. (1996). Constructivist psychotherapy. *Families in Society*, 77 (6), 345-359.
- Hayes, R. H., & Oppenheim, R. (1997). Constructivism: Reality is what you make it. In *The Constructivist Paradigm*, 27-39.
- Held, B. S. (1995). The real meaning of constructivism. *Journal of Constructivist Psychology*, 8, 305-315.
- Hermans, H. J., Kempen, J. G., & Loon, R. (1992). The dialogical self: Beyond individualism and rationalism. *American Psychologist*, Jan. 23-32.
- Hong, Y., Morris, M.W., Chi-Yue, C. & Bebet-Martinez, V. (2000). Multicultural minds: A dynamic constructivist approach to culture and cognition. *American Psychologist*, 55, 709-720.
- Mahoney, M. J. (1988). Constructive metatheory: I. Basic features and historical foundations. *International Journal of Personal Construct Psychology*, 1, 1-35.
- Mahoney, M. J. (1988). Constructive metatheory: II. Implications for psychotherapy. *International Journal of Personal Construct Psychology*, 1, 299-315.
- Mahrer, A. R. (1995). A solution to an illusory problem: Clients construct their worlds versus there really is a reality. *Journal of Constructivist Psychology*, 8, 327-337.
- Martin, J., & Sugarman, J. (1996). Bridging social constructionism and cognitive constructivism: A psychology and human possibility and constraint. *The Journal of Mind and Behavior*, 17, 291-320.
- Mascolo, M. F. (1994). Toward a social constructivist psychology: The case of self-evaluative emotional development. *Journal of Constructivist Psychology*, 7, 87-106.
- Meichenbaum, D. (1993). Changing conceptions of cognitive behavior modification: Retrospect and prospect. *Journal of Consulting and Clinical Psychology*, 61 (2), 202-204
- Mishara, A. L. (1995). Narrative and psychotherapy: The phenomenology of healing. *American Journal of Psychotherapy*, 49 (2), 180-195.
- Muran, J. C., & Segal, Z. V. (1992). The development of an idiographic measure of self-schemas: An illustration of the construction and use of self-scenarios. *Psychotherapy*, 29 (4), 524-535.
- Neimeyer, R. A. (1993). An appraisal of constructivist psychotherapies. *Journal of Consulting and Clinical Psychology*, 61 (2), 221-234.
- Neimeyer, R. A. (1994). The role of client-generated narratives in psychotherapy. *Journal of Constructivist Psychology*, 7, 229-242.
- Neimeyer, R. A. (1995). Limits and lessons of constructivism: Some critical reflections. *Journal of Constructivist Psychology*, 8, 339-361.
- Neimeyer, R. A., & Stewart, A. E. (1996). Trauma, healing, and the narrative employment of loss. *Families in Society*, 77 (6), 360-375.
- Pfenninger, D. T., & Klion, R. E. (1994). Fitting the world to constructs: The role of activity in meaning making. *Journal of Constructivist Psychology*, 7, 151-161.
- Polkinghorne, D. E. (1995). Piaget's and Derrida's contributions to a constructivist psychotherapy. *Journal of Constructivist Psychology*, 8, 269-282.
- Russell, R. L. (1991). Narrative in views of humanity, science, and action: Lessons for cognitive therapy. *Journal of Cognitive Psychotherapy*, 5 (4), 241-303.

- Taylor, L. (1992). Relationship between affect and memory: Motivation-based selective generation. *Journal of Personality and Social Psychology*, 62 (5), 876-882.
- Uhlemann, M. R., Lee, D. Y., & Martin, J. (1994). Client cognitive responses as a function of quality of counselor verbal responses. *Journal of Counseling and Development*, 73, 198-203.
- Vogel, D. (1994). Narrative perspectives in theory and therapy. *Journal of Constructivist Psychology*, 7, 243-261.

Recommended

Franklin & Nurius Text

Oct. 15 Library Day for prep on Final Papers!

Oct. 22 Library Day for prep on Final Papers!

Oct. 29 Critical Analysis of Practice Theories. Family Systems Theories: Ecosystems, Strategic and Structural Models

Required

Lambert Text, Chapter 13

- Avis, J. M., & Sprenkle, D. H. (1990). Outcome research on family therapy training: A substantive and methodological review. *Journal of Marital and Family Therapy*, 16 (3), 241-264.
- Becvar, D. S., & Becvar, R. J. (1996). Strategic approaches and the Milan influence. In D. S. Becvar & R. J. Becvar *Family therapy: A systemic integration* (pp. 221-248). Needham Heights, MA: Allyn & Bacon.
- Becvar, D. S., & Becvar, R. J. (1996). The structural approach. In D. S. Becvar & R. J. Becvar *Family therapy: A systemic integration* (pp. 187-206). Needham Heights, MA: Allyn & Bacon.
- Burchard, J.D., Bruns, E.J. & Burchard, S.N. (2002). The wraparound approach. In B.J. Burns & K. Hoagwood (Eds.). (p.p. 69-90). New York: Oxford University Press.
- Bronfenbrenner, U., & Ceci, S. J. (1994). Nature-nurture reconceptualized in developmental perspective: A bioecological model. *Psychological Review*, 101 (4), 568-586.
- Chamberlain, P., & Rosicky, J. G. (1995). The effectiveness of family therapy in the treatment of adolescents with conduct disorders and delinquency. *Journal of Marital and Family Therapy*, 21 (4), 441-459.
- Combrinck-Graham, L. (1991). On technique with children in family therapy: How calculated should it be? *Journal of Marital and Family Therapy*, 17 (4), 373-377.
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Nov. 26 Critical Analysis of Practice Theories. Eclectic, Integrative and Common Factor Perspectives Required

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Dec. 3 Class Wrap-up and Evaluation

PRACTICE GUIDELINES AVAILABLE ON-LINE

www.psychguides.com

The American Academy of Child and Adolescent Psychiatry Practice Guidelines. Available on line with subscription to the journal "Journal of Child and Adolescent Psychiatry" www.AACAP.org

The Journal of Clinical Psychiatry Practice Guidelines: Available on-line with subscription to the journal. www.psychiatrist.com

The American Psychological Association publishes Practice Guidelines and Guidelines for interpreting the Plethora of Guidelines that exist. www.apa.org

