

**THE UNIVERSITY OF TEXAS AT AUSTIN
SCHOOL OF SOCIAL WORK**

Course Number:	360K	Instructor's name:	Darlene Grant, Ph.D. Associate Professor
Unique Number:	TBA	Office Number:	SSW 3.130L
Semester:	Spring 2002	Office Phone/e-mail:	471-0532 d.grant@mail.utexas.edu
Meeting Location:	Campbell Elementary School 2613 Rogers; Pease Elementary 1106 Rio Grande	Teaching Assistants	Courtney Bolin, court22-mail.utexas.edu, Scott Hammel, sdhammel@yahoo.com, Lisa Fahrenthold, lisa_f@mail.utexas.edu, and Bree Coffman, bacoffman@hotmail.com
Meeting Time/Place:	T/Th, at Elementary Schools, 8:00 a.m. – 9:00 a.m.	Office Hours:	TBA and By Appointment

**WORKING WITH CHILDREN FROM AT-RISK
ENVIRONMENTS IN ELEMENTARY SCHOOLS**

I. Standardized Course Description

This course is an elective course for anyone planning on working with children and their families as a social worker, psychologist, teacher, health practitioner, child care worker, coach, mentor, other helping professional, or parent. The course provides an opportunity to work first-hand with students in a neighborhood elementary school that has been designated as a priority school by the local school district because of the number of at-risk students it serves. The course will provide a basic overview of environmental factors that create risk for children, as well as those factors that create opportunity, at the individual, family, school, neighborhood, community, and societal levels. The relationships between these factors and school performance will also be discussed, with a special focus on early learning and reading and the impact of mentoring on the life trajectories of children.

UT students will be paired on a one-to-one basis with a first or second grade child and will work with that child twice each week for a 60-minute period. The focus of individual sessions will be on developing and strengthening the child's self-esteem and self-confidence, helping the child develop a positive, trusting relationship with an adult role model, and increasing the child's interest in problem-solving and learning, with a particular emphasis on language and reading skills. In addition to the tutoring/mentoring and in-classroom sessions with Campbell and Pease Elementary School students, an organized class period will be held periodically on Tuesday or Thursday mornings in place of the mentoring/tutoring sessions. U.T. athletes will be asked to prepare and if time permits present an age appropriate 10-15 minute learning module on a topic of interest such as fishing, their sport, or their profession to the entire group of first or second graders and peer mentors.

II. Standardized Course Objectives

By the end of the semester, students will be able to:

1. Identify environmental factors which place children at risk for learning, including individual, family, school, neighborhood, community, and societal factors;
2. Demonstrate an understanding of the relationships between ethnicity, gender, and children from at-risk environments;
3. Identify and compare approaches to learning that are effective with children from at-risk environments, including strengths and gaps, and the effectiveness of such programs with children from culturally diverse backgrounds;
4. Demonstrate an understanding of value dilemmas that may arise when working in a school setting with children from at-risk environments;
5. Demonstrate communication skills that are effective in working with children from at-risk environments, including ways of building self esteem and self-confidence.
6. Demonstrate methods of problem-solving and teaching children from at-risk environments.

III. Teaching Methods

The course will be primarily experiential. Material also will be presented through short presentations by the instructor, class discussion, worksheets, readings, audiovisual materials, guest speakers, and small group problem-solving discussions, teacher feedback and other activities.

IV. Required and Recommended Texts and Materials

Required Readings

Articles that compile a course reading packet will be distributed in class throughout the semester. Readings will include the following:

Cunningham, P. and Allington, R. (1994). Classrooms that work: They can all read and write. New York: Harper/Collins.

Garbarino, J. (1992). Children and families in the social environment. New York: Aldine de Gruyter, Chapter 2.

McWhirter, J., McWhirter, A., McWhirter, B., and McWhirter, E. (1993). At risk youth: A comprehensive response. Pacific Grove, CA:

Brooks/Cole, pp. 80-94.

V. Course Requirements

Course grades will be based on a total of 100 points earned for the sum following activities:

Completion of volunteer experience at Campbell Elementary tutoring/mentoring a first or second grade student. **Attendance and is the critical factor for satisfactory completion of this course. Attendance is worth 50 points toward your final grade.**

Completion of two essay paper assignments (typed 3 to 5 pages) relating to the volunteer experience, in which students are asked to integrate course content with experiences; essays will be due at mid-semester and the end of the semester. Begin each essay by describing your mentee and what you and the child have been able to accomplish. Go beyond simple reporting. Evaluate your experience; make observations about the child's development and your behavior during typical interaction; reflect on what did or did not go well and give possible reasons; raise questions and issues you are wondering about; identify some interests of the child and consider ways you might build on those in future sessions; describe changes you are seeing in the child over time; express your feelings about the experience you are having with your child; tie mentoring experiences to class readings and discussions. Discuss what you've learned about risk and resilience factors that have an impact on your mentee's learning process, and any recommendations you have for helping her/him achieve.

Essays will be due Tues., March 5, and Thurs., April 25.

Together, the two Essays are worth 25 points toward final grade

OUTLINE FOR FINAL ESSAY PAPER:

1. Your name and mentee's name
2. Describe your mentee and how he/she responded to your attempts to establish a relationship with him/her.
3. What did your mentee respond to the most?
4. What did your mentee respond to the least?
5. What is an exercise that you think your mentee would like to participate in that we didn't do this semester?
6. What did you enjoy most about this class?
7. What about this class did you enjoy the least?
8. What do you think could be changed about this class that would make it better for future athletes?
9. Would you recommend this class to other athletes? Why or why not?
10. What did you learn about kids coming from high-risk environments?
11. What did you learn about mentoring?

3. Observations conducted by the Teaching Assistant overseeing the course of each student working with his/her child and the Completion of Daily Worksheets with your Mentee. Feedback from observations will be shared with you throughout the semester. **25 points toward final grade**

4. Participation in class activities, including regular attendance, coming to class on time, coming to class prepared (readings and assignments completed, ready to engage with the child), and participating actively and thoughtfully in class discussions and experiential exercises. It is important that you come to every mentoring session at the elementary school, be prompt, and mentor/tutor for a full 60 minutes Tuesdays and Thursdays.

Because children from at-risk environments need relationships with individuals they can trust, one letter grade will be deducted from your final grade for each of two or more unexcused absences you have during the semester. Because this course includes student athletes, official player excuse forms will be the only acceptable excuse for missing class due to away games. Each athlete is responsible for letting their Teaching Assitant and mentee know when they will be absent and asking another athlete in the class to pick up and mentor that first grader during the absence.

Summary of grading system:

Typed Essay Papers #1 & #2	25 points
Observations of tutoring/mentoring	25 points
<u>Attendance and class participation</u>	<u>50 points</u>
TOTAL POINTS	100 points

Grades will be assigned as follows:

90-100 points = A; 80-89 points = B; 70-79 points = C; 60-69 points = D; below 60 points = F. Students taking the course credit/no credit must earn at least 60 points to receive a passing grade.

A = Mentoring/tutoring performance, essays and presentation are excellent for an undergraduate student. Student demonstrates insight and innovation in all areas graded.

B = Mentoring/tutoring performance, essays and presentation are good for an undergraduate student. All work is well-organized, conscientious, accurate, and thoughtful.

C = Mentoring/tutoring performance, essays and presentation are average for an undergraduate student. All aspects of assignment are met.

D = Mentoring/tutoring performance, essay and presentation are barely adequate. Some aspects of assignment are not met, work seems hastily completed, and materials submitted are not free of grammar and spelling errors.

F = Mentoring/tutoring performance, essay and presentation are inadequate for an undergraduate student. Many aspects of assignment are not met, work seems hastily completed, materials submitted lack skill in organization and writing, and content does not meet the criteria given for the assignment.

VI. Class Policies

1. **Deadlines:** Except under extremely unusual circumstances (e.g., documented death of a family member, documented serious illness), assignments must be turned in on the due dates. Assignments may be rewritten for a higher grade after the final paper has been submitted and extra credit will not be given. Three points per calendar day will be deducted for any assignment handed in late. Points deducted for drafts of papers submitted late will be deducted from your final paper grade. If an assignment has not been handed in for grading within ten days after the due date, a grade of 0 will automatically be assigned for that assignment.

2. **Scholastic Dishonesty:** Any assignments that show evidence that they have not been completed directly by the student will not be accepted and will result

in automatic failure in the course for the student. This constitutes academic misconduct and also makes the student subject to possible expulsion from the University.

3. Attendance: Students are expected to attend class regularly. If you are going to be gone for an athletic or other excused UT event, you must notify the site coordinator in writing at least 24 hours prior to missing class. If you are suddenly ill and unable to attend your mentoring session and/or the class, you must call Campbell or Pease Elementary by 7:15 a.m. You also must bring the TA an official note from a physician or the Student Center. There will be **NO opportunities to make up time missed** mentoring/tutoring/working with your elementary school student if you have unexcused absences or tardies.

4. Responsibility for Grading: If UT students are having problems with the course, they are expected to assume the responsibility for notifying the instructor prior to the end of the course. Dr. Grant will be responsible for final grades on all papers and for assigning the final grade for the course. Grades are final once they have been submitted to the Registrar's Office at the end of the semester and will not be changed unless the instructor has made an error in calculating the total points earned in the course. Note that it is your responsibility to pay attention to the syllabus and course requirements and monitor your own attendance and how many points you may have lost because of absences.

5. Feedback about the Course: The course is a team effort between instructor, teaching assistants, and U.T. athletes:
feedback is welcome. Students will have an opportunity to provide feedback to the instructor midway through the semester as well as during the formal UT course evaluation conducted at the end of the semester.

6. Respect and Confidentiality: Students will be expected to respect the opinions and feelings of other students and guest speakers, even though they may differ from their own. Because some of the class material is of a sensitive nature and may be difficult for some students because of their own personal life experiences, discussion will be encouraged to allow students a chance to process their feelings as well as class content. Students are also expected to keep personal experiences and feelings shared in class confidential, as well as information shared by or about the children participating in the mentoring program.

CAMPBELL ELEMENTARY SCHOOL 360K -- DO'S AND DON'TS

DO

- Conduct yourself in a professional manner
- Dress appropriately to the agency mission (no caps in bldg., no open toed shoes, no short-shorts)
- Adhere to all agency policies (no running in halls, keep mentee in your sight at all times, sign in and out)
- Be on time to any agency volunteer commitments agreed to by you and your instructor/TA, including any appointments or scheduled activities in which you might be engaged; give ample notice in the rare event that you cannot meet your volunteer commitment
- Become familiar with all agency rules, regulations, procedures, etc. that pertain to volunteers
- Be sure that you are covered by agency policies and your own insurance if you are asked to transport clients; you may be liable if problems occur
- Express your own personal developmental needs to your instructor/TA
- Learn your limits as a “volunteer” working in this elementary school setting
- Make sure you use the resources available to you including your TA, the elementary school staff)
- Use appropriate channels to discuss any problems experienced within the elementary school and/or this 360K class (or concerns about your volunteer experience)
- Treat clients with dignity and respect and abide by confidentiality rules and the National Association of Social Workers Code of Ethics
- Document time spent in the agency and activities in which you participate in an honest fashion (don't sign attendance sheet for an absent friend the child is the one who suffers)

DON'T

- Forget you are a volunteer in the context of this class
- Be afraid to make or admit mistakes as a volunteer; it's a learning experience
- Violate any agency rules or regulations
- Use telephone or other agency equipment for personal reasons
- Make promises/commitments you can't keep (especially with clients)
- Buy gifts or get overly involved with clients on a personal basis, become involved with clients outside of your volunteer experience, or become involved with your mentee in ways that your instructor/TA does not know about
- Be afraid to ask your instructor/TA about anything that pertains to your volunteer assignment

SW 360K

Campbell and Pease Elementary Class Participation Form

Please complete the form below. **Part I of the form will be used by the instructor only.** Part II will be used by Campbell Elementary School and the instructor and teaching assistance in matching you with a Campbell student.

Name _____

Other courses taken this semester (class and meeting times):

Other commitments this semester (days and times, e.g., work, sports practices)

Background information:

Previous courses completed related to this course:

Previous volunteer or work experience related to this course:

Reasons why you are taking this course as opposed to other courses:

Personal experiences/issues it might be helpful for me to know that will help set you up for success in taking this course:

Have you ever been arrested/convicted of a crime (e.g. felony, drug-related, sexual abuse-related)? If yes, explain briefly. (Note that although this information will be kept confidential, it will help in ensuring that you are placed in an appropriate setting and to protect you, the School of Social Work, and the University; some agencies, for example, will not allow persons to volunteer who have been convicted of drug-related crimes.)

The information described above is correct. I understand it will be used only in relation to this course.

_____ Signature _____ Date

**PART II
MATCH FORM**

Athlete's Name _____

Nickname/name you prefer to be called _____

Address _____ Telephone _____

E-mail Address

Year _____ Major _____ UT GPA _____

Special interests, hobbies, experiences you have that will help us in matching you with a Campbell/Pease student:

Other languages spoken besides English, if any (Campbell/Pease has an English as Second Language/ESL first grade classroom):

Type of child you prefer if you have a preference (e.g., gender; ethnicity; interests; personality, e.g., active learner/quiet child):

Other factors you want us to consider in the match process/helping set you up for success at Campbell/Pease and in the course:

SAMPLE of Typical Daily In-Class MENTOR/MENTEE ASSIGNMENTS

The major assignment for the semester will be the development and completion of two essays summarizing your mentoring interaction. Your essay will need to address key issues, characteristics, and quality of interaction issues between you and your 1st grade mentee. Each Tues. and Thurs. mentors will be provided a series of developmentally relevant questions to pose to their mentee. Completed forms will be collected and compiled by the Graduate Teaching Assistant and returned to each mentor before the end of the semester, with directions on how to compile the total group of worksheets into a packet to present to each child/child's teacher.

Directions:

Sitting at a table that provides some privacy between you and your first grader, please have your first grader answer/respond to the following questions.

Mentor's Name _____

First Grader's Name _____ Child's Teacher's Name

1. How old are you? _____ 2. When is your birthday? _____
3. Please count as high as you can count starting with one. Here the Mentor should document how high the first grader can count without error.
4. Please say your ABC's. Here the Mentor should document how well the student does and/or any difficulty the student has including how many times she/he has to start over before getting it right or how much help is offered to complete the task successfully.
5. What do you like most about school? What don't you like about school?
6. What do you want to be when you grow up?
7. When you have homework, who helps you with your homework at home?

SW360K Campbell Elementary School
WORKING WITH CHILDREN FROM AT-RISK ENVIRONMENTS

Today, mentors are asked to talk to their mentees about their fears and worries to get some insight into how their fears and worries might be contributing to problems they experience in school and peer relationships and might compromise healthy growth and development.

Mentor's Name: _____ First Grader's Name:

First, read this to your Mentee: Mentors talk about all kinds of things with you. Today We're going to talk about fears and worries, and maybe we can talk about ways to deal with your fears and worries.

1. All children get scared sometimes about different things. What kinds of things make you feel scared?

2. What do you do when you are scared?

3. Who do you talk to when you are scared? If no one, maybe we can think of someone for you to talk to when you're scared.

4. Maybe we can come up with a plan for the next time you are scared. It's always good to have a plan.

5. All children worry about stuff. Tell me what you worry about.

6. Do you worry about things when you're in school?

7. Who do you talk to when you are worried? If no one, maybe we can think of someone for you to talk to about stuff you worry about.

8. Maybe we can come up with a plan for the next time you are worried. It's always good to have a plan.

A Letter to My Teach About my UT Athlete Mentor

Dear _____:

My U.T. mentor is _____. He _____ for the U.T. _____ team. He is _____ feet and _____ inches tall. His hair is _____ and his eyes are _____.

My mentor likes to _____. He likes to _____ and _____ to. His favorite color is _____, and his favorite food is _____. He likes to eat _____ for breakfast and _____ for lunch. His favorite game is _____ and his favorite t.v. show is _____. I told him my favorite food is _____ and my favorite t.v. show is _____. He is studying _____ in school at U.T. He says he wants to be a _____ after he graduates. I told him that I want to be a _____ when I grow up, and he _____. I like to _____ with my U.T. mentor. He is _____ to talk to and _____ to play with. We took a picture with our mentor today. His teacher Dr. Grant is a _____ lady. She said we will get the pictures back in a couple of weeks. She likes to make sure I say good morning to her after my mentor picks me up from class.

My mentor says he is going to help me with my self-esteem, and liking school and learning about getting along with others. I think that's _____. Well that's all for now.

Love, _____ (mentee's signature)