

**THE UNIVERSITY OF TEXAS AT AUSTIN
SCHOOL OF SOCIAL WORK**

Course Number:	N391R17/ N360K	Instructor's name:	Darlene Grant, Ph.D.
Unique Number:	95360	Office Number:	SSW 3.130L
Semester:	Summer 1999	Office Phone/e-mail:	471-0532 d.grant@mail.utexas.edu
Meeting Time/Place:	1:30-4:00/TTH SSW 2.118	Office Hours:	TBA and By Appointment

WOMEN AND ADDICTION: CONTEMPORARY ISSUES

I. Course Description

This course is designed to prepare social work students for work with women with chemical dependence problems, in and outside of treatment programs and the criminal justice system, from adolescence through adulthood. Particular emphasis is paid to the issues and problems women face associated with their addiction, their incarceration, recovery and rehabilitation.

Both adult and adolescent treatment approaches and criminal justice systems are explored as well as the impact of the chemical dependence and criminal involvement on broader family and community systems. Students will examine the criminal justice involvement continuum from arrest to arraignment and sentencing, through post release and the impact of system involvement on women at various ages, socioeconomic levels, and ethnicity/race. Students will explore contemporary issues faced by incarcerated women, including drug addiction, criminal involvement, the children of these women, poverty, stigma, under-education, oppression, sexual abuse, spouse abuse, low self-esteem, inadequate interpersonal skills, inadequate independent living skills and psychological problems.

II. Standardized Course Objectives

By the end of the course, students should demonstrate:

1. Demonstrate an understanding of the incidence and etiology of chemical dependency in women and recognize the gender differences and treatment approach differences pertinent to addiction and incarceration.
2. Identify cultural issues pertinent to chemically dependent and incarcerated women, and utilize an awareness of diversity in rehabilitation and treatment application.
3. Develop an understanding of the impact of chemical dependence of women on their children, on individuals, families and society.
4. Compare and contrast models of chemical dependency treatment criminal rehabilitation and various theories, including therapeutic communities, half-way houses, relapse prevention, 12-step and other self-help models.
5. Evaluate environmental, psycho social, and physiological obstacles facing women in chemical dependency recovery and post release from criminal justice facilities and evaluate service delivery systems in relation to these obstacles.

III. Teaching Methods

The primary means of instruction are informal lectures, video presentations, field visits and guest speakers while allowing for both student presentation and discussion. Students are encouraged to ask questions and make comments during lectures. Reading assignments completed prior to class will provide the basis for discussion. In addition there will be take home assignments and in class exercises. If time permits, guest speakers may be invited to class.

IV. Required Text(s)/Course Materials

Course Packet available through Speedway at Dobie Mall and/or the LRC for copying at your leisure.

IV. Recommended Texts, and Materials for Students to Investigate if Interested

Kasl, C.D. (1992). Many Roads, One Journey: Moving Beyond the 12 Steps. New York: Harper Perennial. [430 pp., ISBN: 0-06-096518-5 pbk approx. \$14.00].

Underhill, B. L. (1996). Chemical Dependency: Women at Risk. Binghamton, NY: Haworth Press. [ISBN 1-56023-088-6 soft cover, \$14.95].

Van Den Bergh, N. (Ed.) (1991). Feminist Perspectives on Addictions. N.Y.: Springer. [224 pp., ISBN: 0-8261-7351-9 soft cover approx. \$48.95].

V. Course Requirements

Students will be evaluated based on five short written assignments and class participation:

<u>Due Date</u>	<u>Assignment</u>	<u>Points</u>
Thurs. 6/24	<u>Reaction Paper #1</u> As an agent of change you will need to know and articulate your position on relevant issues related to women with addiction related problems. Read the news article entitled "Program pays drug-addicted parents to be sterilized." For this assignment you are challenged to (1) write your uncensored immediate response to the C.R.A.C.K. program described, and (2) using the readings to date, write a critique of the role of biological, psychological, and/or social factors and beliefs about women that play roles in the development of such a treatment approach. Approach part two of this paper as if writing an editorial rebuttal for submission to the same newspaper. (3 pages maximum).	25/100
Thurs. 7/1	<u>Reaction Paper #2</u> Current policies related to perinatal drug use are mixed, yet trends suggest movement in a punitive, punish the mother direction. You are asked to attend a Drug Court session, including the 30 minute orientation and in a 3-5 page paper, cogently and succinctly discuss women's issues as they present themselves in this unique setting. You are expected to use information gleaned from the guest speakers who work with the drug court and any related articles to write this assignment. (3-5 pages).	25/100

Thurs. 7/8 **"Deep Breath on Paper" #1** It is often useful to 20/100
(No Class) have time, after a particularly thought provoking
client interaction, to clarify your thoughts before
launching into a discussion of the client & her
situation with the a supervisor or treatment team
member. You are asked to turn in one
uncensored, (15-minute timed) **free-writing**
paper, written following a guest speaker or agency
field trip. (Page length what ever you come up with
in 15-mins., minimum 1 page).

7/15 **"Deep Breath on Paper #2"** You are asked to turn 20/100
in a second **uncensored**, (15-minute timed) **free-**
writing paper, written following attendance at an
appropriate (open) Alcoholics- Narcotics- or
Overeaters Anonymous meeting (your choice).
Information on meetings will be provided by
various guest speakers. (Page length what ever you
come up with in 15-mins., minimum 1 page).

N/A **Participation** 10/100

GRADING

The assignments, class participation, and final grade will be based on the following point scale:

- 90-100% = A
- 80- 89% = B
- 70- 79% = C
- 60- 69% = D
- 59% AND BELOW = F

VI. Class Policies

Attendance is mandatory. There are no exams. The primary way to track whether readings are being read is class discussion and insertion of citations/considerations from readings in papers. The course packet is designed to afford students ample time to read through assigned readings. Article and other informational handouts during class sessions will provide collateral reading materials to digest at students leisure, unless otherwise specified.

Course Schedule (9-week Summer Session begins Wed., June 3, ends Mon., July 27)

*There will not be an assigned or required text for this course. Instead, a coursepack will be used.

Date	Description	Readings*
Thurs. 6/3	<p>TOPIC: Introduction to Course Women & Drugs: An Overview</p> <p>VIDEO: Here's to You, Sister: Women & Alcoholism</p>	<p>Rosenbaum, M., Women and drugs, (handout) http://www.ihra.org.uk/paris/proceedings/rosenbau.htm Rhodes & Johnson (1996) Social Work and Substance-Abuse Treatment: A Challenge for the Profession (handout) Landers (1990). Addiction Treatment: What Women Need (handout).</p>
Tues. 6/8	<p>TOPICS:</p> <ul style="list-style-type: none"> • The Disease Concept (Getting on the same page) • Lack of trust in caregivers, treatment settings, the "system" in general • Impact of socialization, sexism and racism and how these conditions contribute to stigmatization, powerlessness, learned helplessness, poor self esteem, shame & guilt, eating disorders, depression, under/over expressed anger and pain <p>SPEAKER: (TBA); VIDEO: The Disease Concept with Dr. Robert Booher (exerpts)</p>	<p>Davis & DiNitto (1998) Gender & Drugs: Fact Fiction, and unanswered Questions Beebe (1995). The Role of Social Workers in Substance Abuse Services (handout). Bader, (1997). Court of First Resort-Another Way to Fight the Drug War (handout).</p>

Thurs. 6/10	<p>TOPICS: Histories of physical abuse and sexual trauma including family violence, incest, battering and rape</p> <ul style="list-style-type: none"> ↳ Lack of trust in caregivers, treatment settings, the "system" in general ↳ Isolation from social and community support networks ↳ Histories of multiple losses 	<p>Haynes (1998). Program Pays drug-addicted parents to be sterilized (handout for Reaction Paper Assignment).</p> <p>Landers (1996). Addiction Treatment: What Women Need.</p>
SPEAKER/FIELD TRIP: (TBA)		
Tues. 6/15	<p>TOPICS: TBA</p> <ul style="list-style-type: none"> ↳ Lack of trust in caregivers, treatment settings, the "system" in general ↳ ↳ ↳ 	<p>FREE SPACE (just like in bingo!)</p> <p>Catch up with Previously Assigned Readings and Read Ahead!</p>
SPEAKER (TBA)		
Thurs. 6/17	<p>TOPICS: Women, addiction, and criminal justice system involvement</p> <ul style="list-style-type: none"> ↳ Lack of trust in caregivers, treatment settings, the "system" in general ↳ societal double standards ↳ the war on drugs and its impact on drug using/abusing women 	<p>NIDA (1995). NIDA Notes on Addiction and Women's Health.</p> <p>NIAAA (1990). Alcohol Alert: Alcohol and Women (handout)</p> <p>Kaldy (1995). Drug Courts (handout)</p> <p>More Facts About Drug Courts <www.drugcourt.org/fdc.htm> (handout)</p>
SPEAKERS: SHORT/DRUG COURT		
Tues. 6/22	<p>TOPICS:</p> <ul style="list-style-type: none"> ↳ Lack of trust in caregivers, treatment settings, the "system" in general ↳ Societal double standards ↳ Sexuality issues ↳ Centrality of relationships in women's lives 	<p>Miller, & C'de Baca (1995). What Every Mental Health Professional Should Know About Alcohol.</p> <p>Blume (1992). Alcohol and Other Drug Problems in Women.</p>
SPEAKER: AUSTIN FAMILY HOUSE		
Thurs. 6/24	<p>TOPIC: DUAL DIAGNOSIS</p> <ul style="list-style-type: none"> ↳ alcohol & other drug abuse/dependence with a mental health diagnosis ↳ overprescription of psychotropic medication ↳ lack of treatment resources 	<p>Van Den Bergh (1991). Having Bitten the Apple: A Feminist Perspective on Addictions.</p> <p>Van Wormer (1995). Special Groups and substance Abuse.</p> <p>Finkelstein & Piedade (1993). The Relational Model and the Treatment of Addicted Women.</p>
SPEAKER: (TBA)		
Reaction Paper #1 Due		

Tues. 6/29	<p>No Class</p>	<p>Pringle & Scott-Johnson (1993). Treating the Pregnant Crack Addicted Woman.</p> <p>Streett (1993). chemically Dependent Women and Premenstrual Syndrome.</p> <p>Mooney (1993). Special Needs of Dually Diagnosed Adolescent Females.</p>
Thurs. 7/1	<p>TOPIC: Spirituality, psychotherapy, acupuncture, etc.: traditional and alternative treatment approaches</p> <p>SPEAKER: South Congress Healing Ctr. Reaction Paper #2 Due</p>	<p>Kaufman (1994). Personality, Psychopathology, & Psychodynamics of Addicted Women.</p> <p>Nelson-Zlupko, Dore, Kauffman, & Kaltbach (1995). Women in Recovery.</p> <p>Loneck, Garrett, & Banks (1997). Engaging and Retaining Women in Outpatient Alcohol and Other Drug Treatment.</p> <p>Barber (1995). Working with Resistant Drug Abusers.</p>
Tues. 7/6	<p>TOPIC: Defining feminist practice with drug addicted women</p> <p>SPEAKER: Melva Moore (MSSW Student who took Women & Addiction Class Summer '98, and completed Drug Court field placement Spring '99)</p>	<p>Miller (1995). Gender and Power on the Streets: Street Prostitution in the Era of Crack Cocaine.</p> <p>Kuba & Hanchey (1991). Reclaiming Women's Bodies: A Feminist Perspective on Eating Disorders.</p> <p>Diamond (1991). Looking for Love in All the Wrong Places.</p> <p>Lesieur & Blume (1991). When Lady Luck Loses: Women and Compulsive Gambling.</p> <p>Working Solutions (1996). Help for Compulsive Shoppers.</p> <p>Kofoed (1993). Outpatient vs. Inpatient Treatment for the Chronically Mentally Ill with Substance Use Disorders.</p>

Thurs. 7/8	<p align="center">“Deep Breath” Paper #1 Due</p> <p align="center">NO CLASS</p> <p align="center">(1ST SUMMER SESSION EXAM DAY)</p>	<p>Nelson-Zlupko, Kauffman, & Dore (1995). Gender Differences in Drug Addiction and Treatment: Implications for Social Work Intervention with Substance-Abusing Women.</p> <p>Longshore, Hsieh, & Anglin (1993). Ethnic and Gender Differences in Drug Users’ Perceived Need for Treatment.</p> <p>DeJong, Van Den Brink, & Jansen (1993). Sex Role Stereotypes and Clinical Judgment</p>
Tues. 7/13	<p>TOPIC: Cultural and ethnic diversity in addressing chemical dependence in women</p> <p>SPEAKER/FIELD-TRIP (TBA)</p>	<p>Ferguson & Kaplan (1994). Women and Drug Policy</p> <p>Finn (1994). Addressing the Needs of Cultural Minorities in Drug Treatment.</p> <p>Freeman (1990). Social Competence as a Framework for Addressing Ethnicity and Teenage Alcohol Problems.</p>
Thurs. 7/15	<p>TOPIC: Pregnant and Parenting Women & Addiction</p> <ul style="list-style-type: none"> ↳ Inadequate prenatal care ↳ Fear of prosecution/loss of child ↳ Effects of alcohol/drugs on mother & developing fetus ↳ Prior losses including miscarriages, loss of custody of children, releasing children for adoption ↳ Inconsistent or poor role modeling for parenting ↳ Isolation from social and community support networks ↳ Pregnancy & parenting as barriers to treatment <p>VIDEO: Unborn Addicts</p> <p align="center">"Deep Breath" Paper #2 Due</p>	<p>Hungerford, Hymbaugh, & Floyd (1994). Alcohol Abuse During Pregnancy.</p> <p>Grabar (1990). Pregnancy Police</p> <p>Corse, McHugh, & Gordon (1995). Enhancing Provider Effectiveness in Treating Pregnant Women with Addictions.</p> <p>Andrews & Patterson (1995). Searching for Solutions to Alcohol and Other Drug Abuse during Pregnancy.</p> <p>Paltrow (1990). When Becoming Pregnant is a Crime.</p> <p>Priddy (1990) A Social Worker’s Agony: Working with Children Affected by Crack/Cocaine.</p>
Tues. 7/22	<p align="center">No Class Scheduled</p>	<p>Mattson (1992). A Relapse Prevention Workbook for Women.</p> <p>Singer, Bussey, Song, & Lunghofer (1995). The Psychosocial Issues of Women Serving Time in Jail.</p>

VIII. Bibliography

PERINATAL SUBSTANCE ABUSE

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