

**THE UNIVERSITY OF TEXAS AT AUSTIN
SCHOOL OF SOCIAL WORK**

Course Number:	N393U10/ N360K	Instructor's name:	Darlene Grant, Ph.D., LMSW-ACP
Unique Number:	95720	Office Number:	SSW 3.130L
Semester:	Summer 2001	Office Phone/e-mail:	471-0532 d.grant@mail.utexas.edu
Meeting Time/Place:	1:30-4:00/TTH SSW 2.132	Office Hours:	TBA and By Appointment

WOMEN AND ADDICTION: CONTEMPORARY ISSUES

I. Course Description

This course is designed to prepare social work students for work with women with chemical dependence problems, in and outside of treatment programs and the criminal justice system, from adolescence through adulthood. Particular emphasis is paid to the issues and problems women face associated with their addiction, their incarceration, recovery and rehabilitation.

Both adult and adolescent treatment approaches and criminal justice systems are explored as well as the impact of the chemical dependence and criminal involvement on broader family and community systems. Students will examine the criminal justice involvement continuum from arrest to arraignment and sentencing, through post release and the impact of system involvement on women at various ages, socioeconomic levels, and ethnicity/race. Students will explore contemporary issues faced by incarcerated women, including drug addiction, criminal involvement, the children of these women, poverty, stigma, under-education, oppression, sexual abuse, spouse abuse, low self-esteem, inadequate interpersonal skills, inadequate independent living skills and psychological problems.

II. Standardized Course Objectives

By the end of the course, students should demonstrate:

1. Demonstrate an understanding of the incidence and etiology of chemical dependency in women and recognize the gender differences and treatment approach differences pertinent to addiction and incarceration.
2. Identify cultural issues pertinent to chemically dependent and incarcerated women, and utilize an awareness of diversity in rehabilitation and treatment application.
3. Develop an understanding of the impact of chemical dependence of women on their children, on individuals, families and society.
4. Compare and contrast models of chemical dependency treatment criminal rehabilitation and various theories, including therapeutic communities, half-way houses, relapse prevention, 12-step and other self-help models.
5. Evaluate environmental, psycho social, and physiological obstacles facing women in chemical dependency recovery and post release from criminal justice facilities and evaluate service delivery systems in relation to these obstacles.

III. **Teaching Methods**

The primary means of instruction are informal lectures, video presentations, field visits (if class size permits) and guest speakers while allowing for both student presentation and discussion. Students are encouraged to ask questions and make comments during lectures. Reading assignments completed prior to class will provide the basis for discussion. In addition there will be take home assignments and in class exercises.

IV. **Required Text(s)/Course Materials**

Cohen, M. (2000). Counseling addicted women: A practical guide. Thousand Oaks, CA: SAGE.

IV. **Recommended Texts, and Materials for Students to Investigate if Interested**

Kasl, C.D. (1992). Many roads, one journey: Moving beyond the 12 steps. New York: Harper Perennial. [430 pp., ISBN: 0-06-096518-5 pbk approx. \$14.00].

Underhill, B. L. (1996). Chemical dependency: Women at risk. Binghamton, NY: Haworth Press. [ISBN 1-56023-088-6 soft cover, \$14.95].

Van Den Bergh, N. (Ed.) (1991). Feminist perspectives on addictions. N.Y.: Springer. [224 pp., ISBN: 0-8261-7351-9 soft cover approx. \$48.95].

V. **University Policies**

Schedule for beginning and ending class

The general UT policy is that for every scheduled hour of class, the course should be taught for 50 minutes, thus:

1 hour course = 50 minutes of teaching time (dismiss 10 minutes early)

1 1/2 hour course = 75 minutes of teaching time (dismissed 15 minutes early)

3 hour course = 150 minutes of teaching time (negotiable breaks and dismissal time--one 15 min. break and dismissed 15 minutes early is typical)

Services for Students with Disabilities

The University of Texas at Austin provides, upon request, appropriate academic accommodations for qualified students with disabilities. For more information, contact the Office of the Dean of Students at 471-6259 or 471-4641 TTY.

VI. **Course Requirements**

Students will be evaluated based on four short written assignments and class participation:

<u>Due Date</u>	<u>Assignment</u>	<u>Points</u>
Thurs. 6/21	<u>Reaction Paper #1</u> As an agent of change you will need to know and articulate your position on relevant issues related to women with addiction related problems. Read the news article entitled "Program pays drug-addicted parents to be sterilized." For this assignment you are challenged to (1) write your uncensored immediate response to the C.R.A.C.K. program described, and (2) using the readings to date, write a critique of the C.R.A.C.K program as if writing an editorial rebuttal for submission to the same newspaper. (1 to 2 pages for each part).	25/100

Thurs. 7/3 **Reaction Paper #2** Current policies related to drug 25/100
thru Tues. use and addiction are mixed, yet trends suggest
7/24 movement in a punitive, punish the addict direction.
Your are asked to attend a Drug Court session,
including the 30 minute orientation and in a 3 page
paper, cogently and succinctly discuss women's
issues as they present themselves in this unique
setting. You are expected to use information gleaned
from the guest speakers who work with the drug
court and any related articles to write this
assignment. (3 pages max).

Tues. 7/17 **"Deep Breath on Paper" #1** It is often useful to have 20/100
(No Class) time, after a particularly thought provoking client
interaction, to clarify your thoughts before launching
into a discussion of the client & her situation with
the a supervisor or treatment team member. You are
asked to turn in one **uncensored**, (15-minute timed)
free-writing paper, written following a guest
speaker or agency field trip. (Page length what ever
you come up with in 15-mins., minimum 1 page).

Thurs. 7/19 **"Deep Breath on Paper #2"** You are asked to turn in 20/100
thru Tues. **a second uncensored**, (15-minute timed) **free-**
7/31 **writing** paper, written following required attendance
at an appropriate (open) Alcoholics- Narcotics-
Cocaine- or Overeaters Anonymous meeting (your
choice, but must be a self-help program you've never
attended for yourself/loved one before). Information
on meetings will be provided by various guest
speakers. (Page length what ever you come up with
in 15-mins., minimum 1 page).

N/A **Participation/Attendance** 10/100

GRADING

The assignments, class participation, and final grade will be based on the following point scale:

- 90-100% = A
- 80- 89% = B
- 70- 79% = C
- 60- 69% = D
- 59% AND BELOW = F

VII. Class Policies

Attendance is mandatory. There are no exams. The primary way to track whether readings are being read is class discussion and insertion of citations/considerations from readings in papers. The "practical guide" used for this course is designed to afford students ample time to read through assigned readings. Article and other informational handouts during class sessions will provide collateral reading materials to digest at students leisure, unless otherwise specified. **An extensive bibliography for this course will be/is available in the LRC and on-line at a web address to be provided by your instructor or Teaching Assistant.**

VIII. Course Schedule (9-week Summer Session begins Wed., June 6, ends Tues., July 31)

Date	Description	Readings*
Thurs. 6/7	<p>TEXT TOPIC: SOCIALIZATION OF WOMEN</p> <p>Introduction to Course Women & Drugs: An Overview</p> <p>VIDEO: Here's to You, Sister: Women & Alcoholism (25 mins.)</p> <p>VIDEO: Walking Through the Fear (25 Mins.)</p>	<p>Cohen(2000)/Text Chapter 1 Rosenbaum, M., Women and drugs, <http://www.ihra.org.uk/paris/proceedings/rosenbau.htm> Rhodes & Johnson (1996) Social Work and Substance-Abue Treatment (handout) Landers (1990). Addiction Treatment: What Women Need (handout). Gordis (1990) Alcohol and Women (handout)</p>
Tues. 6/12	<p>TEXT TOPIC: SUBSTANCE ABUSING WOMEN IN RELATIONSHIPS</p> <ul style="list-style-type: none"> „The Disease Concept (Getting on the same page) „Lack of trust in caregivers, treatment settings, the "system" in general „Impact of socialization, sexism and racism and how these conditions contribute to stigmatization, powerlessness, learned helplessness, poor self esteem, shame & guilt, eating disorders, depression, under/over expressed anger and pain <p>VIDEO: The Disease Concept with Dr. Robert Booher (exerpts)</p>	<p>Cohen (2000)/Text Chapter 2 Davis & DiNitto (1998) Gender & Drugs: Fact Fiction, and unanswered Questions Beebe (1995). The Role of Social Worker in Substance Abuse Services (handout). Bader, (1997).Court of First Resort-Another Way to Fight the Drug War (handout). Robbins (1995) Women & substance abuse/gender differences in prevalence</p>
Thurs. 6/14	<p>TEXT TOPIC: TYPES OF DRUG ABUSE & COUNSELING STRATEGIES</p> <p>Histories of physical abuse and sexual trauma including family violence, incest, battering and rape</p> <ul style="list-style-type: none"> „Lack of trust in caregivers, treatment settings, the "system" in general „Isolation from social and community support networks „Histories of multiple losses <p>VIDEO: The Junkie Next Door: Women and Heroin</p>	<p>Cohen (2000)/Text Chapter 3 Haynes (1998). Program Pays drug-addicted parents to be sterilized (handout for Reaction Paper #1 Assignment). Landers (1996). Addiction Treatment: What Women Need.</p>

Tues. 6/19	<p>TEXT TOPIC: GUIDELINES FOR COUNSELING WOMEN</p> <ul style="list-style-type: none"> ↳Lack of trust in caregivers, treatment settings, the "system" in general <p>SPEAKER: Melva Moore, MSSW, Alumni</p> <p>VIDEO: The Door to Recovery: Community Drug Abuse Treatment</p> <p>Reaction Paper #1 Due</p>	Cohen (2000)/Text Chapters 4 &5 Miller, & C' de Baca (1995). What Every Mental Health Professional Should Know About Alcohol.
Thurs. 6/21	<p>TEXT TOPIC: Pregnancy & Parenting Issues & Policy Development & criminal justice system involvement and the Ethics of Intervention with this population of clients (<i>ask @ CEU's for this particular topic</i>)</p> <p>Pregnant and Parenting Women & Addiction</p> <ul style="list-style-type: none"> ↳ Inadequate prenatal care ↳ Fear of prosecution/loss of child ↳ Effects of alcohol/drugs on mother & developing fetus ↳ Prior losses including miscarriages, loss of custody of children, releasing children for adoption ↳ Inconsistent or poor role modeling for parenting ↳ Isolation from social and community support networks ↳ Pregnancy & parenting as barriers to treatment ↳ Lack of trust in caregivers, treatment settings, the "system" in general ↳ societal double standards ↳ the war on drugs and its impact on drug using/abusing women <p>VIDEO: Unborn Addicts (50 mins.)</p>	Cohen (2000)/Text Chapter 6 Ferguson & Kaplan (1994). Women and Drug Policy NIDA (1995). NIDA Notes on Addiction and Women's Health. NIAAA (1990). Alcohol Alert: Alcohol and Women (handout) Kaldy (1995). Drug Courts (handout) More Facts About Drug Courts < www.drugcourt.org/fdc.htm > (handout) Hungerford, Hymbaugh, & Floyd (1994). Alcohol Abuse During Pregnancy. Grabar (1990). Pregnancy Police Corse, McHugh, & Gordon (1995). Enhancing Provider Effectiveness in Treating Pregnant Women with Addictions. Andrews & Patterson (1995). Searching or Solutions to Alcohol and Other Drug Abuse during Pregnancy. Paltrow (1990). When Becoming Pregnant is a Crime. Priddy (1990) A Social Worker's Agony: Working with Children Affected by Crack/Cocaine.
Tues. 6/26	<p>TEXT TOPIC: Pregnancy & Parenting Issues & Policy Development & criminal justice system involvement, cont'd</p> <ul style="list-style-type: none"> ↳Lack of trust in caregivers, treatment settings, the "system" in general ↳ Societal double standards ↳ Sexuality issues ↳ Centrality of relationships in women's lives <p>VIDEO: Women in Prison (GSBB) or Voices from Inside (60 mins.)</p>	Cohen (2000)/Text Chapter 6 cont'd Blume (1992). Alcohol and Other Drug Problems in Women. Pringle & Scott-Johnson (1993). Treating the Pregnant Crack Addicted Woman. Streett (1993). chemically Dependent Women and Premenstrual Syndrome. Singer, Bussey, Song, & Lunghofer (1995). The Psychosocial Issues of Women Serving Time in Jail.

Thurs. 6/28	<p>TEXT TOPIC: HIV, AIDS & Women</p> <ul style="list-style-type: none"> • alcohol & other drug abuse/dependence with a HIV/AIDS diagnosis • interactions of medications and drugs of abuse • lack of treatment resources 	<p>Cohen (2000)/Text Chapter 7</p> <p>Van Den Bergh (1991). <i>Having Bitten the Apple: A Feminist Perspective on Addictions.</i></p> <p>Van Wormer (1995). <i>Special Groups and substance Abuse.</i></p> <p>Finkelstein & Piedade (1993). <i>The Relational Model and the Treatment of Addicted Women.</i></p>
Tues. 7/3	<p>TEXT TOPIC: DUAL DIAGNOSIS</p> <ul style="list-style-type: none"> • alcohol & other drug abuse/dependence with a mental health diagnosis • overprescription of psychotropic medication • lack of treatment resources <p>VIDEO: Dual Diagnosis (27 mins.)</p> <p>Reaction Paper #2 Due 7/3 thru 7/24</p>	<p>Cohen (2000)/Text Chapter 8</p> <p>Mooney (1993). <i>Special Needs of Dually Diagnosed Adolescent Females.</i></p>
Thurs. 7/5	<p>TEXT TOPIC: YOUNG WOMEN, PREVENTION, INTERVENTION, AND TREATMENT; SPIRITUALITY AND RECOVERY FROM ADDICTION</p> <p>Spirituality, psychotherapy, acupuncture, etc.: traditional and alternative treatment approaches</p>	<p>Cohen (2000)/Text Chapter 9</p> <p>Kaufman (1994). <i>Personality, Psychopathology, & Psychodynamics of Addicted Women.</i></p> <p>Nelson-Zlupko, Dore, Kauffman, & Kaltenbach (1995). <i>Women in Recovery.</i></p> <p>Loneck, Garrett, & Banks (1997). <i>Engaging and Retaining Women in Outpatient Alcohol and Other Drug Treatment.</i></p> <p>Barber (1995). <i>Working with Resistant Drug Abusers.</i></p>
Tues. 7/10	<p>TEXT TOPIC: WOMEN OF COLOR & WOMEN WITH DISABILITIES & MULTICULTURAL COUNSELING</p> <p>Defining feminist practice with drug addicted women</p> <p>VIDEO: Color Me Clean: Black Women in Recovery</p>	<p>Miller (1995). <i>Gender and Power on the Streets: Street Prostitution in the Era of Crack Cocaine.</i></p> <p>Kuba & Hanchey (1991). <i>Reclaiming Women's Bodies: A Feminist Perspective on Eating Disorders.</i></p> <p>Diamond (1991). <i>Looking for Love in All the Wrong Places.</i></p> <p>Lesieur & Blume (1991). <i>When Lady Luck Loses: Women and Compulsive Gambling.</i></p> <p>Working Solutions (1996). <i>Help for Compulsive Shoppers.</i></p> <p>Kofoed (1993). <i>Outpatient vs. Inpatient Treatment for the Chronically Mentally Ill with Substance Use Disorders.</i></p> <p>Longshore, Hsieh, & Anglin (1993). <i>Ethnic and Gender Differences in Drug Users' Perceived Need for Treatment.</i></p>

Thurs. 7/12	NO CLASS (Dead Day) (1ST SUMMER SESSION EXAM DAY)	Nelson-Zlupko, Kauffman, & Dore (1995). Gender Differences in Drug Addiction and Treatment: Implications for Social Work Intervention with Substance-Abusing Women. DeJong, Van Den Brink, & Jansen (1993). Sex Role Stereotypes and Clinical Judgment
Tues. 7/17	TOPIC: LESBIAN & BISEXUAL WOMEN OUTREACH AND TX ISSUES Deep Breath Paper #1 Due	Cohen (2000)/Text Chapter 10 Finn (1994). Addressing the Needs of Cultural Minorities in Drug Treatment. Freeman (1990). Social Competence as a Framework for Addressing Ethnicity and Teenage Alcohol Problems.
Thurs. 7/19	TEXT TOPIC: ELDERLY WOMEN AND ADDICTION Deep Breath Paper #2 Due 7/19 9thru 7/31	Cohen (2000)/Text Chapter 14
Tues. 7/24	TEXT TOPIC: EATING DISORDERS VIDEO: Anorexia & Bulimia (30 mins.)	TBA
Thurs. 7/26	WRAP UP	Mattson (1992). A Relapse Prevention Workbook for Women.
Tues. 7/31	Official Last Day of Class-- NO FORMAL CLASS	