# The V.I.P.S

| **Values – What is important for you to get from your work?** | **Interests – What are things you like or enjoy?** | **Personality - How do you characterize yourself?** | **Skills – What activities do you (or could you) do well?** |
|---|---|---|---|
| Adventure<br>Autonomy<br>Challenge<br>Collaboration<br>Companionship<br>Continual Learning<br>Creative Expression<br>Expertise<br>Fast-Pace<br>Financial Reward<br>Flexibility<br>Helping Individuals<br>Helping Society<br>Independence<br>Knowledge<br>Leisure Time<br>Prestige<br>Recognition<br>Relaxed Environment<br>Security<br>Stability<br>Variety | Animals<br>Architecture<br>Art<br>Books/Reading<br>Children<br>Cultures<br>Current Events<br>Data<br>Design<br>Engineering<br>Environment<br>Government<br>Health/Medicine<br>Helping Others<br>High Tech/Computers<br>History<br>Languages<br>Law<br>Life Sciences<br>Mathematics<br>Music<br>Numbers<br>Outdoors/Travel<br>Physical Science<br>Politics<br>Psychology<br>School<br>Speech<br>Spirituality<br>Sports<br>Writing | Adaptable<br>Adventurous<br>Authoritative<br>Committed<br>Compassionate<br>Conceptual<br>Cooperative<br>Creative<br>Curious<br>Decisive<br>Dependable<br>Empathic<br>Enthusiastic<br>Expressive<br>Independent<br>Logical<br>Organized<br>Original<br>Patient<br>Persuasive<br>Playful<br>Practical<br>Private<br>Quick<br>Sensitive<br>Spontaneous<br>Talkative<br>Theoretical<br>Thorough<br>Traditional | **Communications & Persuasion**<br>Asking questions<br>Listening<br>Negotiating<br>Public speaking<br>Selling ability<br>Teaching<br>Training<br>Writing<br>**Design & Planning**<br>Developing new ideas<br>Planning<br>Visual thinking<br>**Human Services**<br>Counseling<br>Involvement in public activities<br>Sensitivity to other's needs<br>Interpersonal skills<br>**Information Management**<br>Attention to detail<br>Math skills<br>Organizing information<br>Record keeping<br>**Organization & Management**<br>Ability to delegate<br>Decision-making<br>Interpreting policy<br>Leadership<br>Problem solving<br>Managing priorities<br>**Research & Investigation**<br>Analyzing<br>Critical thinking<br>Data analysis<br>Observing<br>Researching |