

The Study Cycle

www.utexas.edu/student/utlc



Preview



- Use syllabus to identify relevant text/notes to preview
- Take 10-15 minutes to look over chapter headings, keywords, diagrams, summary
- Formulate questions you want to answer



Read / Take Notes

- Leave space for missing information and reading notes
- Listen or read actively: find answers to your questions
- Synthesize lecture and reading material



Review

- 1) Identify**
 - Identify gaps or misunderstandings
- 2) Clarify**
 - Fill-in gaps using resources such as text, TA, instructor, fellow students, tutor, etc.
- 3) Summarize**
 - Identify main ideas and put them in your own words



Organize

Create outlines, charts/tables, concept maps, flowcharts, diagrams to illustrate relationships (i.e., similarities, differences, thematic comparison, hierarchy, chronology, cause/effect, part/whole, etc.)



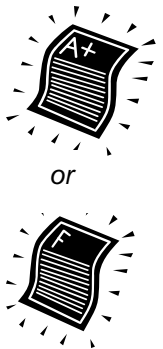
Prepare for Success

- Think realistically and manage time with a study schedule
- Study when and where you're most alert
- Analyze returned tests



Test

- Arrive early to reduce anxiety
- Do your job: think as clearly as possible, based on what you currently know
- For multiple choice, cover answers and generate your own response



Self-Test

(Keep levels of learning in mind: see Bloom's Taxonomy)

- 1) Rehearse**
 - Do practice problems
 - Boost memory with repetition, mnemonic devices, etc.
- 2) Elaborate**
 - Explain ideas aloud (to self or other)
 - Write and answer practice test questions
- 3) Apply**
 - Challenge yourself to apply the knowledge to problem-solving, or real-world situations



Seek out resources you need along the way ...

UT Learning Center

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