

Traits that Help Students Succeed at UT

Please read the following statements and rate yourself from 1 to 4:

(1) Never (2) Sometimes (3) Often (4) Always

Rate yourself at the beginning of the semester, mid-semester, and then again at the end of the semester.

I...	Beginning	Middle	End
Am willing to seek help	1 2 3 4	1 2 3 4	1 2 3 4
Talk to advisors, TAs, faculty	1 2 3 4	1 2 3 4	1 2 3 4
Ask questions in class and of others	1 2 3 4	1 2 3 4	1 2 3 4
Know about campus resources and services	1 2 3 4	1 2 3 4	1 2 3 4
Seek tutoring or skills assistance as needed	1 2 3 4	1 2 3 4	1 2 3 4
Have good time management skills	1 2 3 4	1 2 3 4	1 2 3 4
Know a variety of study methods	1 2 3 4	1 2 3 4	1 2 3 4
Break big tasks into small parts and plan effectively	1 2 3 4	1 2 3 4	1 2 3 4
Am proactive rather than reactive (am ready for challenge)	1 2 3 4	1 2 3 4	1 2 3 4
Set regular, sufficient time aside for study	1 2 3 4	1 2 3 4	1 2 3 4
Am able to say "no" (friends, outings, too many social events) when necessary	1 2 3 4	1 2 3 4	1 2 3 4
Am assertive	1 2 3 4	1 2 3 4	1 2 3 4
Am able to talk to other people and become part of the community	1 2 3 4	1 2 3 4	1 2 3 4
Am motivated to succeed	1 2 3 4	1 2 3 4	1 2 3 4
Am likely to attend class even when I don't feel like it	1 2 3 4	1 2 3 4	1 2 3 4
Know how to maneuver through large courses	1 2 3 4	1 2 3 4	1 2 3 4
Am willing to broaden my cultural perspective	1 2 3 4	1 2 3 4	1 2 3 4

Based on your answers above, in which areas would you most like to grow?

What will you do next?